




# what **color** are your *shades*?

When you put on your sunglasses not only are you blocking some rays, you are actually coloring your view of the world. Gray sunglasses darken everything. Gold sunglasses brighten everything up. Pink sunglasses, well, you get it.

Not only do you have a view of the world through your *eyes* (and whatever lenses may be in front of them), you also have a view of the world through your *mind* and through your *heart*. Known as a **worldview**, this framework simply shapes how you see yourself and other people based on what you believe to be true about the world.

It's a fact: *you have a worldview*. You may not fit into a tidy category, but you believe *something* about the world. For example, how do you think the universe came into existence? Through a random natural event or through the intentional design of an intelligent creator? Your answer to that question is a hint into your worldview...and that's just the tip of the iceberg.



Just as you can buy a new pair of sunglasses, you do have control over your worldview. But you can't make any decisions about it until you first determine what *it* is. Ask yourself these three big questions, and you'll get a better idea of what your worldview is:

- 1 Where did we come from and why are we here?
- 2 What is wrong with the world?
- 3 How can we fix it?

Different worldviews have vastly different answers to these questions, and people have debated their answers for thousands of years. But you are the only one that can answer these questions for yourself, and knowing what you believe will go a long way toward helping you establish a vision and a plan for your life and for your future.

There are lots of sunglasses out there, but what color are *your* shades?

## the evolution of a worldview

When young, a boy thinks that a girl has “cooties,” so he wants nothing to do with her. When his view of her changes as a teenager, he wants only to be next to her. As an adult, his understanding of her is far more complex, so while his devotion to her has grown deeper, she may still seem like a complete mystery to him! Talk about a shift in worldview!

