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CHAPTER 1

CHURCHGI LUCHINGBA AMAGI KHONGJAT

Adum oinamak achumbagi thawai, mahakna lakpa matamda mahakna nakhoibu achumba pumnamakta chingbigani; mahak masha mathantadagi nganglo, adubu mahakna taba khuding adu haigani amasung thoklagadabasing adu mahakna nakhoida khanghanbigani.

John 16:13

Tamilibasingna khangjin gadaba

- Ishorna wa ngangbiba adu church gi luchingbasingna tagadabani
- Angang louthokpa gi thabak asida ishorgi misingna karamna thengnagadage haibadu yenggadabani
- Punsibu kanbagi ministry asi leadersingna sandokkadabani

Maruoiba point khara

1. Churchgi luchingba amana mioiba amagidamak ishorna khanbiba wakhal adu khanggadabani.
2. Ishorna eikhoigi thammoida mioiba jatibu kangadabani haina insinbiri.
3. Angang yeithaba asina mi 42 million gi punsi chahi amada loisilli.
4. Ishorna eikhoida wa ngangbibagi hourakpham di mahakki wahei (Bible), thawai ashengba aduga marup mapangsing ni.
5. Ishorna nangonda wa ngangbiba adu taraga madugi paokhum pigadabani.

Scripture References

John 16:13, Psalm 40, Matthew 5:13, Matthew 5:14, 2 Timothy 3:16–17, John 16:13, 2 Samuel 12:1–15, Acts 5:33–40, Acts 9:10–19, Genesis 28:10–22, Genesis 37:6–11, Daniel 7, Matthew 1:18–21, Genesis 41, Daniel 2, Matthew 27:19

Eikhona maphama amadagi mapham amada chatpa asibu khongjat haina koui, adugumna eikhoigi punsi asisu khongjat amani haina louba yai: punsi khongjat. Mi khuding gi punsi khongjat asi hek mironba hourakpadagi sidriba phaobani. Eikhoigi punsi khongjat asi loibada mi amagi wari adu loisilli, masi mi khudinggi tongan tongalli. Adugumna church gi luchingba amagi khongjat asi yamna top toppa ama oigadabani haibadi ishorna mi amagidamakta khalliba wakhal asibu khangba aduga ishorgi thammoi mi khudingda share touba ngamba oigadabani.

Churchgi luchingba amana mi amagi khongjat asi yamna mayek sengna khangdaba yade haibadi eikhoi houjik karamba lambida chatli, kadaida chtkani amadi karamna chatлага panthungpham yougani. Luchingba ama haibasi ishobu masak khangba aduga mi amgi punsigi mamal khangba ama oibaga loinana mahak punsibu piba (life giver) ama oigadabani.

Karigumba eikhoina thawai asengbagi khonjel taba ngamatlabadi aduga punsi amagi maruoiba asibu eikhoina khangba ngamatlabadi kanagumba amada masigi maruoiba phaongdokpa ngamgani. Mi amagi punsi khongjat asi ishorga leinariba mari aduna leppa yai haibadi eikhoigi khongjat asi wakhal amadi thammoidagi hourakpani aduga yamna thuna khong amadi khutna madu thabak oina pangthokrakpani. Aduna ihana hanbada eikhoina tougadaba thabak adudi ishorgi khonjel adu yamna mayek sengna tagadabani aduga mahakki waheigi matung inna chatpa ngamnaba hotnagadabani.

Mi khudinggi tongan tonganba wari amamam lei, amagi wariga amagi wariga manmade. Mi amagi punsida imung manunggi wari lei, leikaigi wari tonganba lei, amadi mahakki punsida thengnakhiba awa nungaigi wari lei. Marak marakta mahakki wari adu yamna awabagi oiba yai, masina mi kayabu pukning thougatpa yai aduga mahakki wari adu yamna haraobagi oiba yai, aduga masinasu mi kayagi punsibu thougatpa yai. Khwaidagi henna maru oiribadi eikhoigi punsi wari asina tungda lakkatouriba kanagumba amagi punsida yamna chaona saphu (effect) pirakkadaba asini.

PHONGDOKPA NGAMHOUDRABA WARI

Prithibi asida chahi amada angang yeithabagi masing asi chaorakna 42 millions oiba yai. Madudi second amada mi ahumgi changni. Eikhoina sor honba khudingda angang ahumgi punsidi sor honba ngamdana siribani. Asigumba angang 42 millions gi waridi taipangpanda amuk hanna kana amattana iraroi. Masigi masing asi leppa leitana mikup khuding hengatlakli. Matamgi matung inna mising hengatlakpagi matunginna angang yeithabagi chang asisu nongma nongmagi adum hengatlakli.

Asumna mapham khudingda angagsinggi mathakta chatharakliba phattaba thabak asigi mayokta leinabagidamak ishorbu khangkhraba misingna yamna chaona thoudang lougadabani. Masi mapham khudingda thokpa thoudokni. Mi amagi punsibu karisu value leitana louraga hatningba matamda hekta hattokpa asi ishorgi mayokta leiba yamna chaoba papni. Angang yeithaba asi missing hen-gatpa thingnaba upai ama oina sijinnari adubu masina mamagi punsidasu yamna khudong thiningai oi haibasi ningsinggadabani.

United States amadi Canada da pamdaba mirollakpa thingnaba amadi mioibagi punsibu kannaba hotnaba aduga maruoina nahasingda paodak pinabagidamak mapham 2,500 henna lei. Adubu lam ani asida angang yeithabagi chang asi prithibigi oina yengba matamda chada ahum khaktani. Aduga lemhouriba 97% gi maphamsingdadi councelling centre amadi asigumba ministry asi 600 khaktamak lei. Aduna masigi matangda eikhoina wakhal touduna maruoina ishor khangkhraba eikhoina angang yeithabagi mayokta leiduna mibu gyan tahanba amadi ishorgi achumba sandokpa tabani.

MATOU KARAMNA ISHORNA EIKHOIDA WA NGANGBIBAGE?

1. Bible na eikhoida wa ngangbi. Ihan hanna eikhoina khanggadabadi ishorgi wahei asi eikhoigidamak ishorna pibirambani. Ishorna mahak masamak Bible gi mapanna phongdokpirammi. Bible asi achumba warini aduga maruoina thoudang luoribasi ishorni. Matam amada ishorna mahak masabu waheina phondokpirammi. Mahakna Mosesda wa nganglammi aduga Mosesna ishorgi wahei adu ithoklammi. Atoppa mioi kayabusu ishorna sijinnaduna bible asi irammi. Bible asi eikhoigi thabak khudingda amadi matam khudingda adum

darkar lei. *Sastrakhudingishorgisordagi oibani, adugatambinabagidamak, waraknabagidamak, chumthoknabagidamak, amasung dharmachenbagi marida takpinabagidamak kannabani.* Masi aphaba thabak khuding pangthoknaba ishorgi mi adu mapung phana thourang tounabani, 2 Tim.3:17-17. Ishorna eikhoida wa ngangbiba matamda madu eikhoina tagadabani amasung indba yade. Ishorgi thourang adudi mahakki apamba adu bible na phongdokpa asini (Acts 20:27). Eikhoi mioibagi khangdaba yadaba amadi tougadaba thabaksing yamma mayek sengna Bible da iraga lei, matou asum touna Bible na eikhoida wa ngangbi.

2. Thawai asengbana eikhoida wa ngangbi. Ishorna thawai asengbabu sijinnaduna eikhoida matam matamg oina wanngangbi. Masi mi amaga mi amaga manmade, haibadi mi kharadana mahakki wakhalda, aduga kharadana mahakki thoudokta oiba yai. Pakhonchatpasinggi lairikta mapham anida thawai asengbana wa ngangbiba eikhoinanuba phangi. Ahanbada Acts 8:29 - maduda thawai aduna Philipta haikhi, naksillu aduga sagol gari asigi manakta changsillu. Anisuba asina ishorgi thabakkidamak Acts 13:2-3 - makhoina ibungobu khurumlingeida amasung chara helllingeida thawai asengbana haikhi, eina makhoibu koukhraba thabak adugidamak Barnabas amasung Saul bu eigidamak khaidok u. Houjikki matamda eikhoida thawai aengbana asumna wa nganglaktaba yai adubu eikhoigi thammoida phaorakpa adu mahakki waheiga changdamnaduna eikhoina achumba adu khangba ngammi. Thawai asengbaga mahakki waheiga matam pumbada punna chatminnei. Matam amada bible iba loidringeida ishorna chumba adu khanganaba thawai asengbaga khudol pibirammi.

Thawai asengbana tougadaba thabaksing adu Gospel Johnda (John 14;15;16) ibrammi madudi thawai asengbana lakpa madamda

- Khuding adu takpigani
- Jesuna haikhibasing adu ningsinghanbigani
- Jesubu phongdokkani
- Achumba aduda chingbigani
- Lakkataba adusu takpigani

Jesuna siraba, phumlabo aduga hinggatlabo matungda mahakki seboksingna thawai asengba phangkhi aduga Jesuna hairamba thabak khudingmak

pangthokhi. Eikhoisu ishorgi seba mapung phana touba ngamnabagidamak thawai asengbagi panggal mathou tai.

3. Ishorgi misingna eikhoida wa ngangbi. Masi biblesasu yamna mayek sengna uba phangi madudi ishorna mahakki mi sijinnaduna mahakki pao adu khanghalli (2 Samuel 12:1-15; Acts 5:33-40; Acts 9:10-19). Eikhoigi ishor sidi houjiksu mahakki misingda wa ngangbiri. Eikhoina masi darkar leiba matamda keidoungeidasu phangdana tokte, prathanga loinana ishorda nijaba matamda ishorna eikhoida paokhum pibi.

ISHORNA NANGONDA MATOU KARAMNA WA NGANGBIRI ?

Eikhoina hanggadaba wahang adudi, ishorna eingonda wa ngangbigadra haina natte adubu karamna eingonda ishorna wa ngangbiri haiba wahang asini. Ishorna eikhoida wa ngangbiba maram kharadi mahakki waheina, jesu christagi mapanna, thawai asengbagi mapanna, aduga atoppa misingna. Ishorna eikhoida angang yeithabagi matangda amadi mioibagi mamal naidraba punsigi matangda wa ngangbiri. Masigi matangda nangna kari khanbage amadi ishorna nangonda kari touhanningbage haibadu munna khanadabani.

Nahakna churchgi luchingba ama oina tougadaba thabak yamna leiri madudi thawai asengbagi mapanna ishorgi seba touduna manglagadaba angang kaybu kanba ngamba yai. Ishorgi wapao asi mipum khudingda youhanba pammi, madugi saruk ama oina ishorna nangonda wa ngangbiribasi taraga mioiba amagi mamal naidraba punsigi maramda wakhal toubiyu. Aduna nahakna leiba maphamda ishona nahakpu sijinnagani.

- Prayer toubiyu. Eikhoigi thajabadi prathanagi mapanna ishorna angak angakpa thabak toui haibasini. Thammoi sengna nijaba asina ishorna eikhoigi haijaba paokhumbinabagi maram amani (2 Chro. 7:14). Ishorgi thabak suriba misinggidamak prayer toubiduna lensi aduga punsibu kanba ngamnaba hotnariba makhoibu pukning thougatpiduna makhoigidamak haijabigadabani.
- Ishorgi thabakta saruk yabiyu. Maruoina angang yeithabagi mayokta thabak touriba misinggi damak haijabaga loinana angamba thakta eikhoina mateng

tougadabani. Ishorgi mitam louduna semkhraba mioiba asibu manghanliba makhoida eikhoina achumba adu takpibaga loinana masina sokhallibasing haibadi imung-manungda, nupada, nupida, angangsingda aduga wakhalda amadi hakchangda – khudingmak asi takpigadabani.

CONCLUSION

Ishorna ngasi nangonda wa ngangbiri – ishorna matam pumbada eikhoida wa ngangbiduna lei, adubu marak marakta eikhoina ishorgi khonjel tarabasu mahakki yathang inde. Ishorna eikhoina touba thabak uraga mahakki thammoida pende. Prithibigi mapham khudingda chathariba angang yeithabagi thabaksing asi uraga eikhoisu ishorgi macha ama oina nungaite. Ngasi nahakna ishorgi khonjel tarabadi aisgumba mioibagi punsibu karisu leitana khalliba asigi mayokta leiduna mi khudingda achumba adu takthokkadabani. Asigumba aphaba thabak touba matamda pukning sontharoidabani, ishorna matam khudingda eikhoibu pangbigani. Nahakna nanggi lamdam adubu ahongba ama purakpa ngamgani.

Ishorna nangonda wa ngangbiri, matou karamna nangna paokhum pigani?

Maruoiba wahang khara

1. Karamba lambida ishorna mahakki misingda wa ngangbibage?
2. Karamba misingda khwaidagi henna prithibida ot neibibage?
3. Chahi amada chaorakna kayamuk angang louthokpagi thabak asi chathabage?
4. Ishorna nahakki naphamda mioibagi matangda kari hairibage?

CHAPTER 2

PUNSI AMAGI ASENGBA MAMAL AMASUNG MARUOIBA

Maram aduna ishorna mibu mahakmakki maongda sembikhi, ishorgi maongda mahakna mi sembirammi. Mahakna makhoibu nupa amasung nupi ama oina sembirammi.

Gen. 1:27

Tamilibasingna khanggadaba

- Punsi ama asi karino?
- Punsi amasi kayamuk yamna maru oibano?
- Punsigi mamal aduga poklaba matunggi punsigi matangda khanggadabani
- Punsibu thouoidabagi phangba awabasing adu kganggadabani
- Punsigi maruoibadu eikhoina takthokkadabani

Maruoiba point khara:

- Mi haibasi khutsem mayamgi manungda tonganba amani maramdi nupa amasung nupi asi ishorgi mitam louduna semkhibani.
- Mi khudingmakki value asi chap mannei, mironba hourakpadagi shiba phaoba maramdi mi khuding ishorgi mitamda semkhibani.
- Mi amagi asengba mamal khangdabana mi masing khangdana sikhre, hainingai leitana amang ata thok hankhre.
- Mi amagi punsi asi ishorna khanbagumna mamal leina lougadabani aduga masi mi khudingda mayek sengna khanghangadabani.

Scripture References

Genesis 1:26–27, Genesis 2:7, Psalm 100:3, Psalm 139:13–16a, Jeremiah 1:4–5, Genesis 1:27, Genesis 1:31a, Exodus 20:13, Proverbs 6:17, Psalm 139:13–14, Psalm 139:15–16, Jeremiah 1:5, Genesis 1:27, John 10:10, Proverbs 24:11, Matthew 25:40, Proverbs 31:8–9, Psalm 68:5, Jeremiah 9:24, James 2:14–17, 2 Corinthians 5:18–19, Genesis 9:5–6

Point anidi mi khudingda chumduna lei, - ahanbada mi khuding ishorgi mitam louduna sembibani aduga anisubada Christiana sibikhiba asi mi pumnamakkini. Point anisina maram oiraga mioiba asi mamal yamba ishorgi khutsem amani.

R. Robert Creech

Ishorgi waheina eikhoida mayek sengna takpi madudi mi haibasi mahakki mitam louduna samba tonganba khutsem amani. Taibangpanda leiriba mi khudingmak ishorgi mami yaokhrabani, masina khanghanli madudi mi khudingbu matou karamna loinagadage haibadu. Ishorgi mamida semkhraba mibu manghanba mi amagi dandi asi yamna chaoi, - mi amagi ee tahanba kanagumba adugi ee adu mina tahan gani, maramdi ishorna mibu mahakki maongda sembikhibani (Gen 9:6). Masida eikhoina khanggadaba adudi matam khudingda mi amagi punsi asi hainingai leitana mamal yammi, aduga masi mi khudinggi chap mannei. Masida mi adu mitamlakpadagi shiba phaoba karisu khetnaba leite maramdi mi khuding ishorgi mitam louduna sembikhrabani.

Adudagi Jehovah ishorna leibakki upholna mi semлага mahakki manatonda hingbagi sor kamsinbirammi. Aduga mi adu ahingba oikhi (Gen 2:7). Mioiba amagi hingba asi ishorna pibikhibani, mi masamakta ahingba sor ishorna kamsinbirammi, aduga atoppa khutsem ateida asumna touramde. Hebrew wahei “neshamah” asi Job 33:4 dasu uba phangi, ishorgi thawaina eibu sembire, ingam ngamba ibungogi nungsasorna eingonda hingba pibire. Mi haibasi atoppa jibasingdagi tongalli maramdi ishorna eikhoida khanthaba ngambagi lousing adu pinabi.

Ishorgi mitam louduna sembire haibagi arthadi mi asi wakhal khanba ngammi, apha phatta khangi, thammoida phaoi aduga masi ishorgi gunsinggi manungchanbani haibadi ishorgi maong matou adu eikhoinasu loubani. Aduga nungsiba, thajaba yaba, achumba, khangba kanba, thoujalheiba, ngakpiheiba, pinacheiba khudingmak asina ishorgi maongda eikhoise sembibane haibadu takle.

Mioiba eikhoise atangba khutsemni haibasi bibleda mayek sengna iraga lei, ingam ngamba ishorna eikhoise top topna sembibani. Masi Christian khaki wanatte adubi mi khudinggi maphamda achumbani. Mi amamam asi tongan tonganba pandamga loinana ishorna sembibani (Ps 100:3; 139:13-16a), aduga mi khudinggi maphamda mirollakpadagi houna ishorgi tonganba pandam lei (Jer 1:4-5).

MI KHUDING CHAP MANNANA MAMAL YAMMI

Masi khangbada yamna maru oi madudi mioibagi mamal asi mirollakpadagi houraga shiba phaoba hainingai leitana yammi. Houjik mapham kayada chatnariba asonbasingbu neihatpiba, atonbasingbu yengthiriba, amadi kana leijadraba misingbu hanthana kkhanbiriba asi misinggi mayokta touba thabak natte adubu eikhoibu sembiba mapu ibungoda toubani. Maral leijadaba mi amagi punsi louba asgi matangda ishorna hai, - nangna mi hatloidabani (Ex 20:13).

Ishorgi maphamda mi amagi maruoiba asi chap mannei, nupa natraga nupi, chahi, kuchu, dharma, mapham, lon, jati, hei singba karisu khaide. Mi khuding ishorgi mitam sembani aduna mibu ikai khumnagadabani, ngakpi senbigadabani aduga yokhatpigadabani,- hanthana yengba, usittaba, thouidaba, hundokpa amadi hattokpa asi yade.

Nupaga nupiga ishorna sembiba matamda magi magi thoudang tongan tongalli, animak panggal kanba mannade, anigi wakhallon tongalli, maong matou khetnei adubu animak ishorgi mitamda samba oibana ishorgi maphamda mamal yamma yammi . nupibu hanthana khanbiba aduga usittana toubiba asi ishorgi khutsembu usittabani, nupibu natte. Mapham kayada nupasinggi wakhalda nupising asi khara hanthana khanba lei, thabak subada nupana henna panggal kalli amadi nupana henna thabak toui haiduna nupasingbu henna luna khanba asi aranbani. Nupaga nupiga chapmannana ikai khumnagadabani.

KARIGIDAMAK MIOIBA ASI YAMNA MAMAL YAMLIBANO?

- Mi amagi punsisi mamal yammi maramdi ishorna mahakki mitamda sembikhribani. Bibleda yamna mayek sengna iraga lei, ishorna mibu mahakmakki maongda sembikhi, ishorgi maongda mahakna mi sembirammi. Mahakna makhoibu nipa amasung nupi oina sembirammi (Gen 1:27). Mi amagi punsida ishorgi gunsing uthokkadabani, atoppa khutsem amattana phongdokpa ngamde.
- Mi amagi punsisi mamal yammi maramdi ishorna mi samba matamda yamma phare haina hairammi. Aduga ishorna sembikhraba khudingmakpu mahakna yenglammii, aduga yengu madu yamma pharammi (Gen 1:31). Mi yaona ishorna sembikhraba khutsem asi loina phajarammi.

- Mi amagi punsisi mamal yammi maramdi ishorna mi hatpasi yade. Taruksuba ishorgi yathangda iraga lei, nakhoina mi hatloidabani (Ex 20:13). Aduna mioiba amagi punsi hekta hatningi haina hattokpa yade.
- Mi amagi punsisi mamal yammi maramdi mipum khudingmak pandam amaga sembibani. Eina nahakpu angangkhaoda semdringeidagi eina nahakpu khangkhi; aduga nahak poktringeidagi eina nahakpu tonganna khandokhre (Jer 1:5).
- Mi amagi punsisi mamal yammi maramdi ishorna mipum khudingmak sembibani. Maramdi nahakna eigi nunggi kayatsing sembire; eigi imagi puknungdagi nahakna eibu sabire. Eina nahakpu thagatjagani maramdi nahakna eibu akiba amasung angakpa maoingda sembire, nahakki thabaksing asi angakpani, eigi ithammoina yamna ninghtina khangjei. Mitamdriba eigi sak ong nahakki mitna ure; nahakki lairikta loina ikhre, eigi kayat amatta leitringeida – eibu sembirakpagi kayatsing. (Ps 139:13-16).

MIOIBAGI MAMAL AMASUNG POKTRIBA ANGANG

Maramdi mi khuding ishorgi mitam louduna sembanina, Christagi matung inba misingna mi amgi punsi yamna munna masak khanggadabani. Prithibigi mapham kayada mi amagi maruoibasi karisu leitana lounarakpadagi ngasidi chahi amada mi million 42 angang yeithabada hattokle. Masi hek tabada nungainba pao amadi natte. Mapasingna angang ama louthoknabagidamak peisa pigani. Mama mapa anina hakchanggi organ pambadagi angang pokkani aduga hattokkani. Poktriba nupimachasingbu makhoina hattokkani maramdi makhoina makhoigi angnag adu nupa oihanningi. Yumpandriba misingna makhoina hakchnggi apamba haibadi sex tourubadagi mirollakpa matamda society asibu kibana angang adu louthokkani. Imung manungda sen thumgi phibam phattabana angang asi poktringeida mang han gani. Maram kayadagi poktriba angang masing thingmdana numit khuding hattok i. Asengbagidi mama mapa asina angang poktuna makhoibu yokhatpigadabani amadi semgatpigadani. Madugi onna teinabada houjikti makhoina angang amasi karisu leitana hattokpa eikhoina thengnei. Ishorgi mitam louduna mirollakhraba angang amabu hekta hattokpa asidi ishorgi mayokta touba khwaidagi chaoba pap aduni haina lougadabani. Ishorgi maphamda poktriba angang asi mapung marei pharaba mi amadagi karisu chang hanthade.

KARIGIDAMAK EIKHOINA ANGANG YEITHABAGI MAYOKTA LEIGADOURIBANO?

Prithibigi mapham kayada poktriba angangsing asibu karisu leitana khanbadagi ngasidi mioi kayagi punsi taibang phaodringeida loisinkhre. Ishorbu khangkhraba eikhoina masi lalli haina khangbaga loinana mi khudingda mi amagi punsi asi mamal yammi haibadu mayek sengna phongdokkadabani.

- Ngakpi senbinaba leitraba misingbu eikhoina ngakpi senbigadabani. Mahakki asengba maphamda leiriba ishorna, mapa leijadrabasinggi mapa oibi, lukhrabisinggidamak leppi (Ps 68:6). Ishorna magi thoujal amadi achumba adu taibangpalsida utpiri, mahakki mitamda semkhraba eikhoisu mahakka mannana misinggi maphamda tougadabani.

Lon thoktabasinggidamak nahakki nachin kathok u, mang taklagadaba makhoi pumnamakki maramgidamaksu. Nahakki nachin kathok u chumna wayenlu. Lairaba amasung anangbagi maramdawakatlu (Prov. 31:8-).

- Ishorgi waheina hai thabak yaodaba thajaba adudi asibani. Ishordi ingam ngambani, punsi amasi soibadagi oirakpa natte, angang khudingmak asi mamal yamna yammi, khudingmaksi ishorgi waheina eikhoida takpi, masi achumbani. Thajabaga loinana eikhoina masi thabakta onthoksi.

Eigi ichin inaosa, kanagimba ni amana eigi thajaba lei hairaga mahakki thabak yaodrabadi kari kannaribage? Thajaba aduna mahakpu kanbiba ngambra? Kanagumba ichin inao amagi natraga ichan iche amagi phi natraga nongmagi chanaba leitrabadi, nakhoigi naraktagi amana makhoida ingthana catcharo amasung lumjaro aduga thanjaro hairaga mahakna makhoigi hakchanggikannaba adu pidrabadi kari tongjaribage? Matou adugumna thajabasu thabak yaodrabasdi mathanta sijabani (James 2:14-17).

- Ishorna magi taisinnabagi thabak adu eikhoida sinnare. Ishorgi nungsiba aduna eikhoida mahakki wa ngangnaba insinbire.

Pot pumnamak asi eikhoibu Christa Jisugi mapanna masamakka taisinnabiba amasung eikhoida taisinnabibagi thougal touba adu pibiba ishorni; madudi misinggi pappu makhoigi mayokta masing thibidaduna ishorna christada taibangpan gi misingbu masamakka taisinnabire aduga taisinnabagi wa adu mahakna eikhoida sinnabire (2Cor 518-19).

- Eikhoina mi amabu kanba ngamlabadi, mibu kannanaba eikhoida thoudang adusu lei. Mi amabu eikhoina kanba asi ishorna pammi, poktriba angangsingbu cheksinna sennabigadabani.

Mi khudinggi machin manaogi maphamda magi thawaigi laman adu eina khumbigani. Mi amagi ee tahanba kanagumba adugi ee adu mina tahan gani (Gen 9:5-6).

CONCLUSION

Eikhoina ayuk khuding hougatlakpa matamda, karamba thabak tousige haina wakhal khalli. Eikhoigi apamba adu eikhoigi thabakna natraga wangangna phongdok i, ahanba thengnaba mi adudagi houna. Ishorda ahanba haijabada karamna phongdokpage ? ikaikhumnabaga loinana, nollukpaga loinana ?

Mi khudingmak asi ishorgi maphamda mamal yamna yammi aduna eikhoina migi maphamda touba thabak khudingmak nungsibaga loinana, nollkpaga loinana, ikaikhumnabaga loinana tougadabani.

Maruoiba wahang khara

1. Karina mioibabu atoppa jibasingdagi tonganhanbage?
2. Ishorgi waheina karamna mioibasi mamal yammi haina haibage?
3. Ishorgi waheina masi karamna support toubage?
4. Mioibagi punsibu temsingnabagi oirakpa yaba awabasing adu karino?
5. Numit khudinggi eikhoina karamba phirep lougadage?

CHAPTER 3

BIBLE GI OIBA WAKHALLON

Mahakti pumnamaktagi hanna lei amasung mahakki mapanna pumnamak punna ninghtina lei –

Col 1:17

Tamilibasingna khanggadaba

- Mayamgi wakhallon asi karino khanggadabani
- Maruoiba mayamna khanliba wakhalsing adu khangjin gadabani
- Bible gi oiba achumba adu taibang gi oiba aranba aduga khetnaba khanggadabani.

Maruoiba point khara:

- Mi khudinggi magi magi oiba wakhallon lei, madumakna prithibi asida artha thokna hingba ngamlibani.
- Mi amagi wakkhallon aduna mahapu warep louba ngamhalli.
- Christian singgi oiba wakhalon adudi mi amagi punsi asi mamal yammi, poktriba angangsingsu mamal yamna yammi.

Scripture References

Colossians 1:17, Proverbs 14:12, Exodus 2:1–10, Genesis 2:7, Psalm 127:3–5, Job 10:8–12, Jeremiah 1:5, Matthew 1:18

Eikhoi khudingmakki wakhallon amamam lei maduna eikhoina uriba, tariba, khalliba amadi hingliba adubu control touribani. Nahakki wakhallon asi amuba glass amaga changdamnaba yai haibadi nahakna pot amada yengba matamda nahakki glass adugi makhaponna pot adugi machu tagani. Maram aduna mi khudinggi wakhallon aduna mi amana amadagi tonganhallibani.

Nahakki wakhallon adu khara makheidi nahakki hourakpham, family, chatnabi, thajaba aduga society adugi makha polli. Nahakki maphamda mama mapa leijadraba

mising asigi maramda kari khanbage? Nahakki imungda ahal oirabasingbu karamna loinagadage? Khudingmakki paokhum asi nahakki wakhallon adugi makha polli. Angangsing asi papka loinana poklakpra nattraga taibanggi papna angangsingbu pappi oihanbra? Nahakki wakhallon adugi makha ponna paokhum tongan tongan gani. Adubu thajakhraba eikhoigidamakti eikhoigi lense/glass adu ishorgi wahei khaktani. Eikhoigi paokhumdi ishorgi waheigi makha polli.

BIBLE GI OIBA WAKHALLON HAIBASI KARINO?

Karigumba pot amagi maramda eikhoina warep louba matamda madu ishagi apamba nattana madu ishorgi waheina kari hairibage haiduna Bible gi makha ponba adubu biblical worldview kou. Thajakhraba khudingna eikhoigi punsi ishorda pisinduna prathanaga loinana thawai asengbagi mapanna achumba warep adu louba ngamgani.

Thajaba oirabasu thajadaba oirabasu wahang ahumdi mi khudinggi wakhallonda lei:

- Eikhoise kadaidagi lakpano aduga karigi eikhoi mapham asida leiribano?
- Prithibi asida kari lanba leirabano nattraga kari problem leirabage?
- Karamna eikhoina madu temsin gadage?

Bible oiba wakhallon aduna ahum asigi achumba pi-

- Eikhoi asi ishorgi khutsemni, ishorga aphaba mari thamduna prithibi asi eikhoina pan gadabani (Gen 1:27-28; 2:15).
- Ishorgi mayaokta eikhoina pap toukhre aduna prithibi apumba ishorgi cheirak phangba tare (Gen 3).
- Ishor masamakna taibangpanba asigi pap pubinaba mioiba oina sayonduna lakлага papkidamak usin oina sibikki, aduna Jisubu thajaba khudingna sargada lomba naidana mahakka leiminnagani (luke 19:10; Isaiah 65:17-25).

Bible gi wakhallon asina eikhoi khudingbu chumbada chingsilli. Eikhoi na darkar oiba khangdaba yadaba khuding ishorgi waheida loina phongdokpire. Bible gi wakhallon asidi prthibigi mapham khudingda chap mannei madudi Jisuna lambi aduni, achumba aduni, amasung hingba aduni. Mahakki mapanna nattanadi mi kana amattanasu ishorgi leibak youba ngamde (John 14:6).

KARIGIDAMAK BIBLE GI WAKHALLON ASI DARKAR OIRIBANO?

Bible gi oiba whanthok asi yamma maru oi maramdi masina mioiba amadi prithibi asibu ishorna karamna yengbage haibadu khangba ngammi. Eikhoina achumba asibu ishorna uba adudagi tonganna urabadi – haibadi atoppa machugi glass dagi yengba oirabadi – tasengba pot adugi mayek sengba adu khangba ngamloi. Mioibagi wakhaldha achumba manba aranba lambi ama lei, adubu maduna eikhoibu asibada chinggani (Prov 14:12). Eikhoina houjik hingliba mapham asi ishor phaobasu makhada thamba maphamni. Mamangeidagi houna maral leitaba mibu hattokpa, angam angamba tounaba aduga imung manungdasu houjiki phattabana landarakle. Mayamna govt asibu thajadre mramdi corruption asina pik thankhre, association amabusu hekta thajadre maramdi madugi luchingbasing adu loina minamba oire. Magi magi wakhallon gi matunginna makhoigi aningba toure aduna achumba asi leisinlakte, achumba wakhallon ama puraknabagidamak bible gi oiba wakhallon asi matam khudingda maru oi.

POKTRIBA ANGANG AMABU BIBLE NA KARI HAINA HAIBAGE?

Eikhogi punsi khongthang khudingda Christian gi oiba wakhallon adu sijinnagadabani. Bible gi matunginna angang yeithaba asida eikhoina apply tourabadi eikhogi eakhalda ahongba khar soidana lakkani. Poktriba angang gi matangda maruoiba point mari yengba yai:

- Poktriba angang asi mi ama natte, aduna angang yeithaba aside karisu kaiba leite.
- Poktriba angang ama asi mironbadagi houna mi amagi saktamda khara makheidi laklabani adubu karigumba maram kharadagi angang yeithaba asi yai.
- Poktriba angang ama asi hek mironba hourakpadagi mapung phaba mi ama oirabani, ishorgi mitam louduna mirollakhrabani aduna angang yeithaba asi sukya yade.
- Mirolliba angang asi mi ama oirabasu natraga karisu oidrabasu karisu kaide, mirolliba nupi adugi apambani, magi aningba adugi matunginna toubada kaide.

Bible gi oiba wakhallon adudi ahumsuba asini, mi amagi punsi asi asengbani aduga mamal yamma yammi. Bileda poktriba angang ama asi mi amani aduga ishordagi phangba khudol aduni (Gen 2:7; Ps.127:3-5). Maram aduna eikhoina hek mirollakpa

mikup-tagi angang asi mi amani haina wari sannaba yare (Job 10:8-12). Ishorna mi hatpa yade, poktriba angasngsu yaona (Exo 20:13; Deut 19:10).

Angangsingbu hatpa asi ishorgi maphamda tukkachaba pot amani aduga mahakki asaoba adubu eikhoina kaihoubani (Jer 7:30-34). Hatliba makhoibu kanbinaba ishorna eikhoibu koubi (Prov 24:1).

Lairik The Moral Question of Abortion asida Stephen na poklaba angangga poktriba angang ga khetnaba point mari phongdokli. Adubu masina mioiba amagi punsibu hanthana loubadi natte-

- Size – mahousana poktriba angangna poklaba angangdagi henna pik e, adubu maduna magun anattraga mamal thanthabadi natte.
- Level of Development – poklaba angangna poktriba angnagdagi henna thuna chao e, masinasu angang amagum mathou toua ngamde haiduna mibu hatpadi yade.
- Environment – poktriba angangsing asi mamagi puknungda lei, aduna misingna makhoisi uba ngamde aduna makhoibu hatpada akaiba leite. Makhoi mapung phaba mi haibadu oidri.
- Degree of dependence – poktriba angangsing asina mamagi mateng khaktana hingbani adu poklaba amadi chaoraba angangsingna magi magi thabak touraga hingi.

Poktriba angangsing asigi group asibu lotлага leiba group hairaga khangnei. Makhoibu matam khudingda otpi neibi haibadi puknungdagi angang louthoktuna makhoibu hatpiribani. Masibu touriba mama mapasing amadi physicians khudingmak ishorgi mayokta achouba pap tourabani, soidana ishorgi asaoba makhoigi mathakta lei.

POKLABA MISINGDA BIBLE GI OIBA WAKHALLON ADU KARINO?

Ishorgi waheina eikhoida wakhal khannabagi matam pi:

- Nupa amasung nupi – ishorgi maphamda nupa nupi animak khetnade maramdi ishorna animak sembibani. Imungda, churchta, amadi mapham khudingda anigi magun amasung mamal chap mannei.

- Luhongba amasung imung – punsida nupa ama aduga nupi amaga luhongduna leiminnagadabani. Luhongbabu ikaikhumnagadabani, masigi wangmada phattaba mari amatta thamloidabani.
- Luhongdriba mising – makhoibu hanthana louba yade.
- Mama mapa leitraba amadi mahakki partner leitraba – makhoigi awabada mateng panggadabani loinana makhoibu hanthana yengba yade.
- Lairaba amadi upai leijadraba – societyda misingna hanthana khallabasu mi khuding ishorgi mitam louduna semkhrabani aduna khudingbu ikai khumnagadabani, chap mannana lougadabani.
- Peisa amadi lanthum – eikhoina thammoi sengna ishorgidamak leijaba adu pithokkadabani.
- Anakpada amadi arappada Leiminnariba – tongan ba jati oirabasu, tonganba maphamda leirabasu, hakchanggi yengbada khetnaba kaya leirabasu khudingmak ishorgi khutsem ngaktani aduna loinamak chap mannei.

CONCLUSION

Bible gi matunginna achumba adu eikhoina tougadabani aranba adudi misingna tourabasu eikhoina touba yade. Magi magi wakhallon tonganlaabasu thajakhraba khudingna bible gi matung inna thawai asengbagi mappanna aphaba adu tougadabani.

Maruoiba wahangsing

1. Biblegi oiba wakhallon haibasi karino?
2. Nahakki wakhal adu bible gi matung inna chumlibra?
3. Punsigi matangda amadi christiansinggi matangda eikhoina khan gadaba wakhalsing adu karino?
4. Mayamgi achouba wakhallon ahum adu karino?
5. Bible gi oiba wakhallon asina karamna nupibu amadi angangsingbu kanbada mateng pigadage?

CHAPTER 4

HINGBA PIBA AMA OIRAKPA

Huranba aduna hurannaba, hatnanaba amasung manghannaba nattana lakte; eidi makhoina hingba phangnaba amasung hingba adu marang kaina phangnaba lakle

John 10:10

Tamilibasing na khanggadaba

- Matou karamna eikhoina punsi piba mising oigadage?
- Mibu kanbibagi thabakta kari kari darkar oibage?

Maruoiba point khara:

- Hingba piba ngamba ama oiraknaba lambidi Jisu Christa adubu thajaba adukhaktani.
- Kanbiba phangkhraba misingna christagi maong matou adu atoppada phongdok i, kannanaba wakhal, wangang, taba, uba amadi thabakka loinana.

Scripture References

John 10:10, James 3:9–10, John 8:29, 1 Corinthians 2:16, Romans 12:2, John 15:4, 1 Thessalonians 5:17, James 1:19, John 8:47, Matthew 18:9, 1 Timothy 6:11, Proverbs 18:21, Colossians 4:5–6, Proverbs 4:20–27.

Punsi amagi asengba saktam khangnabagidamak ahanbada eikhoi semhiba mapu adugi manai oiba tare. Hingba piba ngamba mi ama oige haiba tarabadi icham chamna mibu hatpa aduga angang yeithabagi mayokta leiba adukhak natte. Matam khudingda eikhoigi thabak adu misinggi maphamda kanaba, pukning thougatpa amadi ishorgi matik mangalgidamak oigadabani.

Karigumba matamda nahaki punsida ishordagi lapthoktuna thabak touba yaokhrabara? Nahakki thabak adu thajadabasingga chap mannana touduna ishorgi matik mangal oidaba yaokhrabra? Adubu ishorgi mangda amuk eikhoina haidokchaba matamda madu ngakpigani aduga eikhoigi punsida harao nungaina amuk leiba phanggani.

HINGBA PIBA HAIBASI KARI HAIRIBANO?

Khwaidagi achumba hingba pibagi khudam ama haiba taragadi Jisu christana hingkhiba punsi mahing adubuni. Jisuna mahakki waheina phongdoklammi, eina nakhoida hingba pinanaba lakle, aduga hingba adu marang kaina phanganabani (John 10:10). Khwaidagi chaoba itihasta eikhoina uba phangba adudi ishorna mahakki macha nipa Jisu Christa adu taibangpanda tharaktuna eikhoigi papkidamak sibikhiba asini. Ishorg thabak asi eikhoina yengba matamda kayagi matik chaobano haibadu khangi. Asigumba machat asini mi khudinggi maphamda utkadaba – nupi natraga nupa, angang natraga ahal, pokhraba natraga poktriba, nungsiba natraga nungsidaba, khudingmakta matam khudingda eikhoina christagi matou tamgadabani. Eikhoina khanba, ngangba, taba, uba amadi touba thabakna kaya yamna misinggi dmak khanbage haibadu utli.

Marak marakta angangsing asi soinaibaga loinana pok i, chatpa ngamdaba, wakhal mapung phadaba, migi mimannadaba mayam asibu karamna eikhoina loinagadage? Mioibagi marakta khetnaba mayam ama leibana misingna phajana yengsinbidaba yai adubu ishornadi mi khudingbu chap mannana yengi, khudingbu chap mannana nungsi. Eikhoina masi tourabadi hingba piba ngamba ama oirabani.

Hingba piba ama haibasi eikhoigi punsi mahing adubuni, numit khudinggi eikhoina touriba thabak aduni. Matou karamna mibu christagi nungsiba utpa ngamgadage eikhoina imung manungbu yengthiraga leiragadi? Eikhoigi waheina mibu

shokhallabadi matoukaramna mibu kanba ngamgani? Waheina aphaba nganglaga thabakna phattana tourabadi maduna karamna mibu kan gani?

Lei asina eikhoina ipa ishorbu thagatli; masina ishorgimaongda semkhraba mibu eikhoina sirap toui. Chin amattatagi thagatpa amasung sirap touba thorak i. eigi ichin inaosa, hairibasing asi asumna oiroidabani (James 3:9-10).

Nahakna mioibagi punsibu ishorna khanbagum khanbra? Mi khudingbu phajana loinaduna eikhoina ishorgi nungsiba amasug thoujal adu phongdokkadabani, saobaga loinana mibu ikaiba piba adu tokkadabani. Thawai asengbagi matengga loinana hingba piba punsi ama oinanaba hotnasi.

MIBU KANBIBA PAMBAGI THAMMOI

Prabhu Jisuna crosssta sibiduna eikhoigidamak awaba khangbiraga eikhoina ipa ishorgi thoujal phangjaba adugumna eikhoinasu migi maphamda aphaba thabak touba ishorna pammi. Eikhoi isa itomta hangjagadabani madudi- eikhoigi thammoi, wangang sangang amadi thabakna Jisu christabu phongdoklibra haina? Mibu thougatpiba thammoi ama oiribra?

Ishorgi thammoi adu eikhoina khangbaga loinana eikhoigi thammoisu adugumna oigadabani. Eikhoina tasengna ishorbu penhanba pamlabadi, thajabasingna mahakka matam lenminnaba darkar oi, mahakki khonjel adu tagadabani, in gadabani aduga mahakpu nungsigadabani. Masi eikhoigi punsida numit khudinggi tougadaba thabakni. Ayuk khuding eikhoina hougatlakpada ishorda haijaba yai madudi, - ishor nahakna eigidamak ngasi kari thourangbiribage? Nahakki aningbadu thungba ngamhanbiyu ! asumna eikhoigi thabakna mahakpu penhanba ngamlabadi ishorna eikhoiobu sembibagi mahei yallabani. Aduna nahakna kari touraga ishorna pen gadage haibadu thidok u?

Ishorna mahakpu kayagimatik eikhoina khurumgadabano haibadu takpi. Deuteronomy 6:5 – nahakna ishor Jehovah bu nathammoi apumba, nathawai apumba yaona amasung napanggal pumnamakka yaona nungsigadabani. Ishorgi apamba aside eikhoigi hakchang kayat pumnamakna ishorbu nunngsiba asini. Masi eina chatpa matamda, tumba matamda amadi hougatpa matamda amadi matam khuding khuding kaoba yade. Eikhoigi leijaba khajiktang ishorda pisinba adu mahakna pamde.

Christagidamak eikhoigi hakchang phaoba mangjadabani, masigidamak mahakna sembirakpani.

MIBU KANBIBA PAMBAGI WAKHAL

Aphaba thammoi adudagi aphaba wakhal asi lakpani. Eikhona tasengna mibu seba touge haina kahallabadi christa mannaba hotnagadabani. Nangonda thina ngangba misingbu nahakna nungsiba ngambra? Kanagumba misak ama kanbiba phangnabagidamak nahakna kari hotnaba leikhrabage? Nahakna mibu wayendringei mamangda mahakki achumba amadi aranba adu phajana thidoklbra? Eikhoina toudringei mamangda thabak khudingmakki phajana wakhal khallabadi madu mibu kanbiba pambagi wakhalni.

Ishorgi aningba khangba amadi mahakki aningba touba aduna mahakpu penhalli. Numit khudinggi ishorga loinana matam lenminnaba asina, mahakki wahei paba, mahakki maphamda haijaba nijaba asina mahakki apamba mayek sengna khangba ngammi. Eikhoina mapham khudingda ishorbu thagatpa yai, - lambida, marketta, carda, yumda aduga imungda marup mapangsingga loinana. Ishorga matam henna loinaribamakhei eikhoigi wakhal asisu mahakkumna oirakkani. Eikhoigi wakhal asida amotpa leiroi adubu phattaba miga pullabadi eikhoigi wakhalsu amotpa oigani. Phattana khanba wakhalna mibu kanbiba ngamloi.

MIBU KANBIBA PAMBAGI WANGANG

Misingna eikhoibu yamna laina khangba ngamba asi eikhoigi wangangdagini. Phajaba wangang asi thammoidagi hourak i. Karamna eikhoina khanbage haibadu eikhoigi waheina phongdokpani. Ishorgi waheina eikhoida takpi madudi eikhoigi lei asi yamna power lei masina mibu siba natraga hingba oihalli (Pro 18:21). Eikhoina kanagumba amada wa ngangba khuding mi amabu thougatpa natraga mahakki thammoi soknaba oihalli. Thabakna mayam mamangda phongdokpa khak nattaduna eikhoigi waheina misinggi maphamda Jisubu sandoktuna, phajaba waheina mibu kanba ngamgani. Colosians 4:5-6 da eikhoina uba phangi madudi misinggi maphamda eikhoina touba khudingda yamna hei singna tougadabani, eikhoina ngangba khudingda thoujalga loinana ngang sakkadabani.

Eikhoigi punsida khudam asi yengba yai,- eina ayukta hougatlakpa matamda kari kari wahei sijinnaduna ishorda prathana toubage nattraga eigi nupida haibage? Ishorbu thagatpaga loinana prathana toubra? Nupibu phajei haiduna eina mabu thagatpra? Natttraga eigi pendaba adu matam leiba khibikta ishorda complain touraga leibra? Lallaba matamda eigi nupibu phajaba waheina themjinbiribra nattraga athiba waheina mahakpu cheiribra? Amabu oirabasu eigi wahei asina mibu kanbiba nattraga mibu hatpa ngambagi panggal lei.

John 10:10 da Jisuna hai, - huranba aduna hurannaba amasung hatnanaba amasung manghannaba nattana lakte; eidi makhoina hingba phangnaba amasung makhoina hingba adu marang kaina phangnaba lakle.

Ahanbagi sentence asida hingbabu manghanba ngamba wahei yaori. Eina eigi wahei asi migi thammoi soknaba ngangba matamda eihak satanbu support tourabani, mibu manghallabani. Anisuba sentence asida thajabasinggi maramda hairi. Eikhoi numit khudinggi Jisugi maong lounaba hairi. Phajaba waheina mibu kanbiba asi yamna maru oi. Masi prithibi asida darkar leiba wahei aduni. John 3:17 da eikhoina uba phang i, Jisuna taibangda lakpasi kanbiba lakpani, mibu cheiba, thina ngangba lakpa natte. Eikhoinasu mahakkum oiduna mibu thina ngangba, cheiba asi tokkadabani, chummy lalli khangdana hekta mibu wayenba asisu tokkadabani.

MIBU KANBIBA PAMBAGI KHONJEL TABA

Mina wa ngangbada eikhoina taba heiba asi yamna atangba amani. Masi isana isabu control toujagadabani haibadi kanagumba misingna punsinduna wathi warem ngangba matamda eikhoina madu taroidabani amasung yaoroidababni. Aisgumba misingdagi lapthokpa asina eikhoigi punsida Jisu gi maong louba ngamgani, nasakhak nattana nangbu uriba misingnasu nangonda top toppa magun ama ugani. Matam khudingda mina eikhoibu yengduna lei haibasi kaoroidabani.

Karigumba eikhoina ishorgi khojel tabadagi henna migi khonjel tarabadi madumakna eikhoida khudongthiningai oihalli. Satan gi khonjel aduna papta tanabagi achouba machak ama oihalli. John 8:47 da uba phangi, - ishorgi oiba mi aduna ishorgi khonjel tai, nakhoina ishorgi khonjel taba ngamde maramdi nakhoi ishorgi oiba mising natte. Masi yamna kanba Jisuna phongdoklamba waheini, makhoina Jisubu ishorni haiba khangi adubu mangondagi yamna lapna lei. Makhoina dharmagi oiba thabaksing na

henna luna khalli aduga Jisubu thouoide. Eikhoina ishorga yamma toina leiriba makhei ishorgi khonjel tagani. Mibu kanba khonjel tanabagidamak matam khudingda eikhoina phataba amadi satan gi khonjel tadanaba eikhoibu semriba ipa ishorgi maphamda naksinjagadabani.

MIBU KANBIBA PAMBAGI MAONGDA UBA

Ngasigi taibang asida mibu karemaba amadi phattana uba asi yamma toina thok i. mayamgi oiba wangang sangangdagi masi chummy natraga lanli haibadi chap chana khangdana eikhoina mibu lanna ububasu lei. Phattaba wakhala ga loinana mibu lanna urabadi madu mibu kanbiba pambagi uba natte. Maruoina nupisinggi maphamda yengliba mityeng, nupisinggi phijet chekset, makhoigi hakcganggi maong matou asina nupasingna phaaba maongda ubudabasu lei. Matt. 18 :9da eikhoina uba phangi,- nahakki mitna nahakpu khudi thihallabadi, madu kothoktuna klangthokho. Mit ani yaona norokko meida langsin bagi sarukpudi, mit nammatang pallaga hingbada changbana nahakkidamak phei.

Nahakki wakhala khanbra madudi Jisuna phattaba phi thongdaba picture amadi video yenglamgadra? Mi hatpagi, khatnabagi amadi taibangpan asibu manghanbagi video Jisuna yenglamgadra? Eikhoigi wakhala phattaba asigumba mayamsing asi uraga leirabadi thajaba ama oirabasu mibu phajana yengba ngamdaba yai. Aduna phattaba khudingmak asi eikhoigi mit asina udanaba hotnagadabani. Phattaba picture eikhoina uba matamda eikhoigi wakhala phattabana pik thalli aduna eikhoigi ipa ishorga leinabamari adu lapnahalli.

Eikhoina phattaba picture natraga video yengba matamda imung manung gi maridasu akaiba lak i. eina tasengna thammoidagi yengningna yengba oirabasu natraga yengningdana yengkhiba yaorabasu maduna eikhoigi wakhala adum mami taraga leihou i. mami aduna eikhoigi punsida phattaba lambida pukhiba yai. Aduna Jisuna Matt. 5:27-29 da yamma mayek sengna takpirammi.

Aphaba mityeng asi imunggi misingdasu darkar lei, maruoina mapasingna machanupisingda yengba mityeng adu cheksin gadabani. Machasingna mapagi

wakhallon adu khangba ngammi. Mapaoibasingnasu masi ishorga yamna naknaba mari thamduna phajaba mityeng yengba ngamnaba hotnagadabani.

Mi khudingna prathanaga loinana Jisugum yengduna, khutsem khuding asi phanabagidamak ishorna sembibani haiba kaoroidabani.

MIBU KANBIBA PAMBAGI THABAK

Eilkhoigi thabak asina mibu kanbiba ngamgani haibasi kaoroidabani. Ishorna eikhoigidamak toubikhiba thabak adu mibu kanbibagi thabakni. Masigi thabak asi misingga maphamdasu eikhoina touba ngamnaba hotnagadabani, matam aduda ishorgi aphaba wapao asi mi khudingda thunghanba ngamgani. Eikhoina matam khudingda Jisugidamak wari sabada mahak asi matik chai. Mahakpu khurumnaba eikhoi asi sembibani, Jisugi matou tamba asina eikhoigidamak mibu kanba ngambagi thabakni. Numit khudinggi eikhoigi punsida christada pisinbaga loinana hingba tarabadi masa matomta aphaba lambi lakkani. Eikhoina achumba adu khanba matamda ishorna soidana mahakki mising eikhoibu mateng pangnaba soidana thabirakkani.

Maruoiba wahangsing

1. Punsi piba ama oinabagidamak amatta ngairaba lambi adu karino?
2. Karamna nahak mibu kanbinaba khanba wakhal khan gadage?
3. Ishorgi khonjel tabagi mahitta migi khonjel yamna tarabadi kari oirakkani?
4. Christagi mit eikhoidasu leiba haiba asi karino?

CHAPTER 5

ISHORGA APHABA MARI THAMBA

Athoiba panggal adu eikhoidagi oidanaba, adubu ishordagi oinanaba lan asi eikhoida leitan gi phusingda liduna lei,

2 Cor. 4:7

Tamilibasingna khanggadaba

- Ishorga aphaba mari thamnaba darkar oibasing adu kari karino?
- Daniel gi punsi warina karamna eikhoida thouna happipage?

Maruoiba point khara:

- Ishorga aphaba mari thamba asina ministry toubadda mahei yanba oihalli.
- Ishorna eikhoigi thammoibu thourang touhan gadabani.
- Ishorgi waheidgi matung inna ministry khudingmak tougadabani.
- Ishorbu eikhoina khurumgadabani, masina ishorga aphaba mari thamba ngammi.
- Ishorna mahakka wari sananaba eikhoi khudingmak prathanada thouna phaba oihanningi.

Scripture References: Prepare Your Heart

- Ephesians 5:25–26, 1 John 1:9, Psalm 139:23, Deuteronomy 6:5, Philippians 2:6–8, Psalm 66:17–18, Matthew 6:14–15, Ephesians 4:11–13, 2 Corinthians 9:12, Luke 16:9, Philippians 1:21–26, 1 Corinthians 6:20, 1 Samuel 15:22–23, John 14:21

Scripture References: Build on God's Word

- Hebrew 4:11–13, Proverbs 2:1–5, 1 Peter 1:23, Romans 10:17, Matthew 4:3–4, Romans 15:4, Psalm 119:18, Psalm 119:105, Ephesians 6:17

Scripture References: Begin with Worship

- 2 Chronicles 20, 1 Corinthians 10:31, Romans 12:1, Psalm 89:1–2, 1 Peter 2:9, John 15:4–5, Hebrews 12:2–3, Colossians 2:6–7

Scripture References: Depend on Prayer

- Psalm 25:4-5, 1 Samuel 2:1-10, Exodus 33:13, Ephesians 1:3-14, James 1:5-8, Matthew 5:44, Ecclesiastes 4:12b, Hebrews 3:7-8a, Ephesians 3:20

Scripture References: Engage in Spiritual Warfare

- 1 Peter 5:8, Zechariah 4:8, John 10:10, Ephesians 6:12, Colossians 2:15, Revelation 20:10, Genesis 3:1, Romans 8:37, 1 John 5:4-5, Galatians 2:20, 1 Corinthians 1:30, Luke 9:1-2, Joshua 1:5, 9, Romans 8:38-39

Scripture References: Live out the Gospel

- John 10:10, Luke 4:43, Matthew 10:42, John 6:51, Romans 2:4

Christagi matung inba ama oina, eikhoisu ishorgi maong matou phongdokpa tabani. Madugi saruk ama oina kanagumbana awaba tarabada eikhoisu thamoi nungaitaba phaoi. Kanagumba amana darkar leirabadi, kanagumba amana yamna lairaba mi oirabadi, kanagumba ama naduna leirabadi, maduda eikhoinasu saruk yaminhaba eikhoina pamjei. Jesu Christana awaba taraba mibu pangpiba, anababu phahanbiba amadi darkar leibada pibiba eikhoina ukhibagumna, thjakhraba mi khudingmakna ngambamakhei migi seba tounaba hotnagadabani.

Atoppa achouba Jesugi gun ama haiba taragadi, mapa ishorga matam pumbada aphaba mari thamba asini. Houjiks mapo ishorgi nakanda phamduna aphaba mari thamba eikhoina uba phangi. Aduna eikhoinasu ministryda mai paknabagidamak matam khudingda ipa ishorga aphaba mari thamba tabani. Isagi aningba touba aduna punsida mai pakpa purakloi adubu ishorgi apamba adugi matung inna chatpa taragadi punsida mai pakpa oigani. Aduna khwaidagi ihan habada eikhoina tougadaba adudi aphaba mari thamba aduni.

APHABA MARI THAMBA

Eikhoigi punsida ahongba ama lakenbagidamak ishorda naksinjagadabani aduga ishorga punna matam lenminnagadabani. Ishorga matam lenminnaba matamda, mahakki nungsiba adu eikhoigi thammoida phaogani aduga henne henna mahkkidamak hingningba pokkani. Asumna toubana eikhoida ahongba lakkani, wakhal honglakkani, lamchat honglakkani aduga eikhoina tonganba maongda prithibi asibu uba ngamlakkani. Ishorda henna naksilliba makhei, ishorgi nungsiba mayek sengba hellakkani aduna christana eikhoigidamak toubikhiba adu mayamda phongdokpa ngamlakkani.

Daniel amadi ishorga leinaba achetpa mari aduna Daniel na khudongthibadagi nanthokpa ngamkhibani. Daniel na matam pumbada khurumdua ishorbu kaoba leiramde. Mahakna nongmad aahumlak khurumlammi. Mahakna matam semlagi ishorbu thagatlammi. Danielna aphaba mi oiba maramna Babylon gi ningthou Darius na Daniel bu mahakki leibak yengsinnabagidamak ayaba pirammi, Daniel na mahakki chillaba ,matam adu phaobada ishorbu khurumbadi kaoramde. Adugumna Jesu Christagi tung inkhraba mioi khudingmakna ishorgi thabak natraga karigumba

thabak ama toubada ishorgi maphamda khurumgadabani. Madudagi phanglakpa gyan lousing aduna mahei yanba oigani. Karigumba eikhina ishorga yamna naknaba mari thamlabadi, eikhina atoppa misingbu honghanba matamda achouba mateng oigani. Jesu christagi mappandagi eikhoiga ishorga leinariba achetpa mari asina eikhoinasu puknungda leiriba angangsingbu care toubakhak nattana eikhoina makhoibu shidanaba hotnagadabani. Leiminnariba mipum khudingmakka haraona nungaina leiminnaba yanabagidamak, amadi makhoi khudingbu phajana care lounabagidamak eikhoina ishorda yenglaga thabak khudingmak cheksinna tougadabani. Ishorga chatminnaraba matamda eikhoina thawai yaona amadi achetpa thajabaga loinana misingda paodak piba ngamgani. Eikhoina paotak piba asi isagi sinfam ama oina tamludrabasu ishorgi achumba asengba nungsiba adu kanagumba amagi maphamda haidokpa yai.

Maruoiba point ama eikhoina ningsing gadaba adudi abortion tounaba thourang touriba nupi amana eikhoi darkar oide adubu mahakna ishor darkar oi. Mahakna eingondagi nattraga nangondagi ishor khanglakpa yai kananasu haiba ngamde, ishor khaktana mahakpu mateng pangba ngammi. Eikhoina wahang hangjagadabani madudi, matou karamna pamdaba mirollakpa nupi amabu mateng pangba ngamgadage !! ishorgi waheidagi masigi paokhum taruk yengba yai:

Thamoi thourang touba

Ishorgi waheigi matung inba

Ahoubada ishorbu khurumba

Prayer (prathana ga loinana)

Thawaigi marida lanthengnaba

Chritagi aphaba wapao sandokpa

Mathakki point sing asi eikhoina thabak oina pangthokpa matamda thawaida chaokhatpa, christagidamak leppa, amadi punsibu kanbagi thabak touba ngamgani. Asigumna eikhoi pumnamakna tougadabani madudi cheksinna saba yum aduna chahi lising henna chatli, asigumba lamchatna eikhoi masen amaga amaga aphaba mari thamba ngammi. Ishorbu kurumbada amadi thawaigidamak lanthengnabada eikhoina prathana asi yamma maru oi. Aduga eikhoina kanagumba amada ishorgi wari sandokpa matamda ishorgi waheigi matung inna touba nattrabadi mai pakpa ngamloi.

FOUNDATION 1

THAMOI THOURANG TOUBA

Mioiba khudingmak asi pap chenba oirabasu thajakhraba missing di pap kokpiba phangjei. Adubu thajakhraba khudingna pap amuk hanna toudre haiba natte. Ephesians 5: 25-26 da ishorgi waheina hai madudi, thajakhraba singlup na pap tourabasu ishorgi waheina amuk chamthokpiduna asengba oihalli. Ishorgi thabak touge hairabadi ahanbada eikhoi khudingmak asi sengdokpa tai. Asengba thamoi haiba taragadi ngakpiba phangkhraba, ishorda katthokhraba, mibu ngakpiba ngamba, haiba inba aduga nollukchaba adubuni.

Thamoi thourang toubada changdraba yadraba machaksing adudi:

Tongan taramba thammoidagi apunba gi wakhalda lakpa. Punsida mai pakpa mi ama oinabagidamak eikhoibu ayetpa piriba (ishorgi seba toubada) khudingmak adu louthokkadabani. Ishordagi tonganba thammoi ama lakhallibasidi satangi thabakni, ishorgi yathang adu matam pumbada ningsingba tai, “nahakki ishor Jehovahbu nathammoi apumba, nathawai apumba yaona amasung napanggal pumnamakka loinana nungsigadabani” (Deut. 6:5).

Chaothokpa thammoidagi nollukpa thammoi ama oirakpa. Masi isana isabu tukkachaba adu natte. Jesuna toukhiba adu eikhoina ningsingba tangai phate.

Mahakti ishorgi maongda leiramlabasu ishorga mannaba oiba adu chetna paigadaba oina loukhide, adumakpu minai amagi saktam louduna mioibaga mannaba oiraktuna masa mathantabu sangdokchare, aduga sak-ongda mioibagumna oiraktuna, mahakna siba phaoba , haibadi crosda siba phaoba haiba induna masa mathanta nollukchakhi. Phill. 2:6-8.

Thammoi kanba oirambadagi ngakpiheiba thammoi oirakpa. Jesuna yamna mayek sengna eikhoida haibirammi, nakhoida lallakpa mibu nakhoina ngakpiba ngamlabadi, sargada leiba napanasu nakhoibu ngakpigani. Adubu nakhoina mibu ngakpiba ngamdrabadi, sargagi napanasu nakhoibu ngakpiroi. (Matt.6:14-15).

Eikhoida lallakpa mi amabu ngakpiba ngamdragadi karamna eikhoina mingonda ngpiyu haina haiba ngamgani? Mioi khudingmak asi ishorgi ngakpiba darkar leiba pappi haina khanba ngamlabadi aduga ei isasu ngakpiba darkar lei haina phajana khanba ngamlabadi, eigi thammoi soidana ngakpiba ngamba thmmoi ama oigani.

Kallak mihoauba thammoidagi pinaheiba thammoi oirakpa. Prithibida khwaidagi pinaheiba asi ishorni (John 3:16). Aphaba khudingmak asi ishordagi lakpani (James 1:17). Eikhoinasu mipum khudingda aphaba khudol piba adu ishorna pammi. Thajba mi ama oirabadi ishorgi matou eikhoi lougadabani.

Yaningdaba thammoi dagi haiba inba thammoi oirakpa. Karigumba nanggi nachana haiba indrabadi adubu mahakna nangondagi aphaba khudingmak pamlabadi karam tougani? Haibada haraona yaningdaba asi pap ki atoumanni. Ningthou Saul na ishorgi yathang hiktktuna magi aningba tourammi aduga ishor khurumbadi yaorammi. Maduda Samuelna Saulbu cheiraduna hai, Jehovahgi wa inbada mahakna yamna penbibagumna, mei thadokpagi katnapotsing amasung iratpotsingda yamna penbibra? Yeng-u haiba inbana iratpottagi amasung yathang ngakpana yao labagi mahaodagisu henna phei. Maramdi lam henbadi hikap-yaikap toubagi pap adugumbani. Mangak kanbadi pukning phattana touba amasung lai murti latpagumbani. (1 Sam 15:22-23).

Eikhoigi khurumba amadi prathana asi aremba tagani karigumba eikhoina ishorgi haiba induna ishorbu nungsibagi thabak toudrabadi. Hiram khudingda ishorgi haiba inba aduna eikhona ishorbu thammoi sengna nungsi haibadu taklibani.

Akanba thammoi dagi pukning hongba thammoi oirakpa. Karigumba nangna thabak suminnaba namannabadagi peisa phangba matamda khara khara louhourabadi, natraga officeda thabak touba nang gi marupsingdagi peisa khara khara nangna adum themduna louthoklabadi, maduna nongmadi soidana marupsing gi marakta chaoraba sambal ama soidana oirakkani. Nungsina leiminnaramba du manungda phattaba mari (relation) oirakkani. Ishordasu chap mannei, ishorga leinaba mari asi numit khuding gi touba papna khara khara lapthokhalli. Ishorgi waheida papna matou karamna ishorga mari tatnahalli haibdu uba phang-i.

Eina eigi china mangonda koujakhi, aduga eigi ireina mahakpu wangna thanggatchakhi. Eigi thammoiungda phattaba leirabadi, ibungona tabiroi (Ps. 66:17-18).

Aroibada, eikhoina khangdaba yadabadi mapungphaba mi ama oirakpa yabagi asamba lambi (short cut) leite. Aduna ishorbu kibaga loinana khourangba mahak aduna mapungphaba mi ama oiba ngamgani.

FOUNDATION 2

ISHORGI WAHEIDA SEMGATPA

Eikhoina Bible pabagi maruoibadi ishorbu henna khangnanabani. Eikhoina ishorbu amadi mahakki thabaksing phajana khanglaba matamda ekhoina mahakpu henna nungsiba leigani. Eikhoina nungsiba aduna mahakki wa inba aduga mahakki maphamda henna naksinjaba adu namgani. Mahakki thawai asengbagi mapanna eikhoinasu Jesugi maong matou henna henna louba ngamlak-i. eikhoina Bible paraga amadi mahakki waheigi matung inna chatpa matamda achetpa mari thamba ngamgani.

Nahakki wasing asi eina mahao tangbada kayaada thumkhraba,
Eigi chinda khoihidagisu henna thummi. Ps 119:103

Nahakki wasing hangdokpana mangal pibi,
Masina achamba mida wakhal taba pibi. Ps. 119:130
Aduga nahakna wayel yathang gilairik asi tattana pagadabani, maduda iriba pumnamak adugi matung inna cheksinna ngaknaba nahakna ahing nunghil chuppa madugi maramda wakhal tougadabani. Adu oirabadi nahakki punsida chaokhatpa amadi mai pakpa oigani. Joshua 1:8

Ishorgi waheina kanbiba amasung hinghanba ngammi

Kanagumba ningba kairaba amana ishorgi wahei darkar oi. Ishor thajadaba mi oiragana makhoi aran khubam darkar oi. Thajaba oirabasu thajadaba oirabasu achumba hingbagi punsida lakenbagidamak, satangi khuttagi nanthoknanabagidamak, darkar oiribasi ishorgi waheini.

Maramdi mangba yaba maarudagi nattaduna mangba yadaba marudagi hingba amasung matam pumbada lengdana leiba ishorgi waheigi mapanna nakhoibu amuk hanna pokpire. 1 Peter 1:23

Mahakna mahakki wa thabikhi amasung makhoibu naba phahankhi,
Makhoigi mang takpadagi makhoibu kanbikhi. Ps. 107:20

Ishorgi waheina thjaba amasung thoujal hengatli

Eikhoina ishorgi waheibu phajana khanglabadi eikhoigi thajabasu hengatli aduga atoppa misingdasu sakhi pithokpa ngammi. Mibu paotak pibasi lui adubu ishorgi wahei asina eikhoida pukning thougatpiri, awa ana tarabada, khudongthiba nanglabada, karigumba thoudok ama thokpada ishorgi wahei asina eikhoigi darkar leiba adu phanghalli.

Maram aduna tabadagi thajaba lakpani aduga ishorgi waheigi mapanna taba lak-i.

Rom 10:17

Ishorgi waheina satanbu maithiba piba ngammi

Ishorgi wahei asi panggal lei, wahei asina eikhoida thouna pibi aduga yeknababu lanthengnabada mai pakhallibasi eikhoina ishorgi waheigi matunginna chatpa matamda oi.

Aduga athemba mapu aduna mahakki nakta laktuna hai, nahak ishorgi macha nipa oirabadi, nungsing as ital onnaba yathang piyu. Adubu Jesuna khumkhi, masi iduna lei, mioibana taltana hingloi adubu ishorgi chindagi thoklakpa wahei khudinggi mapanna hinggani. Matt. 4:3-4.

Ishorgi wahei asi thajakhraba mi pumnamakkini

Eikhoina Bible paba matamda prayer toubaga loinana pukning changna pagadabani. Ishorda khangba ngamnaba prathana toujou. Eina nahakki wayel yathangdagi angnakpa thabaksing ujanaba, nahakna eigi mit pangthokhanbiyu (Ps.119:18).

Ishorgi waheibu ishagi oihallu. Ishorgi waheidu phajana paraga isagi punsida sijinnaba ngamnaba hotnou. Maramdi ishorgi wa asi hingi amasung thabak touba ngammi, aduga maya ani panba thangsingdagi henna thou-i. masina thijinduna hingbaga thawaiga, tangsamga sating thaoga khaidok-i. aduga pukningbu amasung thamoigi wabu khangba ngammi. (Heb. 4:12).

Matam pumbada ishorna haibadu illu. Adubu nakhoina wa adu inba oiyu , nakhoina nasabu minamjaduna atabata oiganu. (Js. 1:22).

Matou karamna ishorgi waheibu paotak oina sijagabage?

Thawai asengbana lamjinghallu

Kanagumba amana khudongthiba ama nanglabadi ishorda prathana touraga ishorgi aningba khangnaba hotnagadabani. Karigumba thawai asengbana nangonda insinpiba verse laklapadi madu pao aduga wakhal toujou. Eikhoi yeknabana keidoungeidasu ishorgi asengba achumba wahei adubu khangnaba amada tambiyu hairaklo. Thawai asengbana nahakpu soidana ishorgi waheidagi thougatpigani, ingthaba pigani, aduga darkar leiba khudingmak nangonda wa ngangbigani.

Eikhoina kanagumba amada hekta yengbada, mahakki thamoi masak khangba ngamde. Ishorgi wahei asi eikhoigi khong gi thaomei amasung lambigi mangalni (ps. 1119:105). Thaomeina amambada nganhalli, ishorgi waheina mipum khuding gi thammoida nganbiba ngam-i. ishorgi waheibu heisingna sijinnarabadi masina satangi athembadagi kanjaba ngammi. Mi amagi punsida ahongba pirakpa ngammi, satanna mit tanghalla laba mioi amabu kanbiba ngammi.

CONCLUSION

Ishorna mahakki waheising asi Bible da iduna thambirambani. Aduna masibu paraga khangnaba hotnagadabani, inba ngamnaba hotnagadabani, atoppa misingdasu takthokpa ngamnaba hotnagadabani. Ishorgi waheigi matung inna chatlabadi, ishorga aphaba mari thamba ngamgani, ishorbu henna nungsiba ngamlakkani aduga mipum khudingda ishorgi nungsiba adu share touba ngamgani.

FOUNDATION 3

KHURUMBAGA LOINANA HOUDOKPA

Masigi thoudok asi wakhal taminasi: nahak church gi luchingba amani haina lousi, matam asida ikhang khanghoudana nangonda kanagumba nupi amana phone touraklammi aduga hairammi madudi mahak amuk ahumlak suba oina mirolle adubu lurubadi houjikphao nupi asi luhongdribini. Aduna mahakna pukningda akiba phaoi maramdi mahakna thabak suba chatpaa yararoi, aduga mahak houjik hiram khudingmakta awaba maiyoknare haiduna yamma kaplammi. Masigi angang asi puba ngamlaroi aduna ei yamma thuna angang asibu manghallow haina khalle. Masida mahakna nangondagi church gi leader ama oina wahei khara taba pamlammi.

Wari asi pabada nahak chamannaba khara phaobra ? nahak kari paokhum pigani haina khalli ? natraga eina masigi matangda karisu touba ngamlaroi haina khallibra? Nahakna khalliba adu chummy, nahakna karisu touba ngamloi.

Matou asigumna ningthou Jehosaphatna mahakki punsida yamma awaba ama thengnakhi madudi mahak lan thengnaba tarammi. Ningthou ama oina mahakna Israelgi misingbu chinglammi, matam aduda makhoibu lan tounanaba makhoibu manghanba ngamba achouba lanmi saruk ahum lakpagi pao mahakna tarammi. Matam aduda mahakna akanba ningthou ama oirabasu mahak akiba phaokhi amasung mahakna khallammi, matou karamna eina asuk yamlaba lanmising asibu mayoknaba ngamgani? Soidana makhoigi yamlaba lanmisingna eikhoibu hatpirani, eina Israelbu kanba ngamlaroi. Mahakna khallibadu chumlammi. Mahakna mahakki misingbu lan asidagi kanba ngamlaroi. Adubu Jehosaphatna khanglammi madudi pumnamak asibu kanbiba ngamba eikhoigi ishor leiri, mangonda awaba khudingmak sinnagani.

Jehosaphatna magi misingbu kouraga ishorgi maramda hairammi madudi eikhoigi ishor asi adukki matik chao-e amasung yamma phei. Mahakna lanmisingda hairammi, kiganu maramdi ishorna eikhoibu soidana pangbigani. Jehosaphat na khanglammi madudi ishornna kari oirabasu khudongthiba kaya laklabasu ishorna soidana kanbigani hainam maram aduna ningthouna lan asi ishorgi makhutta sinnajarammi, “eikhoi kari tougani khangde ibungo nangonda ngajaba nattana”. Ishorna makhoina haijaba tabirammi aduga mahakna prophet tharaktuna haihallammi, “lanmi mayam asi uraga kiganu natraga pukning hanhaba leiganu, maramdi lan asi nakhoigi natte lan asi ishorgini”.

Mathang gi numitta Jehosaphatna worship team asibu lanmising gi mamang thahandu ishorbu thagattuna chatlammi. Makhoina ishorbu thagatpa amasung ishri sakpa houraklabada, ishorna lan taba houraklammi amadi yamlaba lanmising adu maithiba piduna makhoibu amamam oina manghankhi (2 Chron. 20:22-23).

Jehosaphatna khangi madudi mahak mathanta touba ngamloi adubu ishorna washakpikhibaga loina toukhiba thabakni haiba. Ahoubda ishorbub thagatpa asina maruoibani. Eikhoi mahei yanba churchgi luchingba aduga atopppa church ministry da mai pakpa ngamloi karigumba ishagi apambada chatpa taragadi.

He lak-u, Jehovahda eikhoi ishei sakchasi, eikhoigi aran khubamgi nungjaoda eikhoi haraona laokhatsi. Thagatchaduna eikhoi mahakki mangda changjasi, thagat isheising saktuna mangonda haraona laokhatsi. Maramdi Jehovahdi wangthoiraba ishorni, lai pumnamakki mathakta wangthoiraba ningthouni.

He lak-u eikhoi khurumlesi amasung ikok nonthajasi, eikhoibu sembiba Jehovahgi mangda khuru khudak kunjas. Maramdi mahak eikhoigi ishorni. Eikhoi mahakki sanjabung gi missing ni, mahakki khutki yao sang guni. (Ps. 95:1-3; 6-7)

Worship haibasi karino ?

Worship haibasi ishorbu thawai hakchang yaona pamjana amasung mahakpu nungsibaga loinana, eikhoina ishorna pelhannanaba toriba adu worship kou-i. Masi apikpa thabak ama natte. Eikhoina churchta chatapakhak aduga itomta ishor khurumbakhak worship natte adubu Bible da asumna phongdoktuna lei, nakhoina chaba oirabasu, thakpa oirabasu aduga hiram khudingmakta ishorgi matik mangalgi damak tou" (1 Cor. 10:31).

Mibu hingnaba thabak toubada karigi worship asi yamna maruoiribano?

Ishordi khurumbada matik chabani. Eikhoina ishorna toubiriba thabaksing asi uruba matamda mahakpu thagattaba ngamde, aduga ishorgi matik magun, mahakki touba ngamba khuding asi yengba matamda ishorbu wangna thagatpham thok-i. Eina matam pumbada Jehovahgi lengdraba nungsibagi maramda ishei sakjagani; eigi ichinna nahakki thajaba yabagi maramda miron mironda khanghangani (Ps. 89).

Mioiba asi ishorbu worship tounaba sembibani. Eikhoigi punsida yamna nungaina haraona leinabagidamak ishorbu khurumba asi yaodaba yade. Eikhoiga ishorga aphaba mari thamba matamda punsida nungaiba leigani. Adubu nakhoibu amambadagi angakpa manganda koubiba mahakki gunsing nakhoina haidoknaba

nakhoidi khangatpa sagei, ningthougi oiba purohit, asengba jati amasung mahak masamakki misingni (1 Peter 2:9).

Ishorga aphaba mari thamlabadi eikhoina mahei yanba thabak touba ngamgani. Karigumaba eikhoina thabak touba matamada ishorbu kaothokpa tarabadi ishagi leijaba adukhak ngamgani, adubu ishorgi pangbiba adu leirabadi punsida henna mai pakpa adu oigani. Eingonda tattana leiyu, aduga eina nakhoida leigani. Anggur panbida masana tattana leitrabadi masa aduna mathanta mahei yanba ngamdabagum, nakhoina eingonda tattana leitrabadi nakhoina mahei yanba ngamloi. Eidi anggur panbini, nakhoidi masani. Eingonda tattana leiba amasung eina mangonda leiba mahak aduna mahei yamna palli, maramdi ei yaodana nakhoina karisu touba ngamde (John 15:4-5).

Ishorbu ikaikhumnaba mina punsida mai pakpa ngamgani. Ishorgi maphamda wakhal pukning thamba mina karigumba awa ana tarabada mamai leiduna khak chende. Eikhoigi hourakpham oiriba Jisuda thajaba thamduna thabak touba matamda mai pakpa oi. Maram aduna chaoraba sakhigi leichin aduna eikhoibu koisinbagi maramna eikhoina arumba khuding amasung eikhoibu yamna laina yetliba pap khuding thadoksi. Aduga eikhoina khangheibaga loinana eikhoigi mangda leiriba lamchen adu chensi. Eikhoigi thajabagi ahouba amasung aroibagi mapu oiriba jisuda eikhoina yengjasi, mahakki mangda thambikhraba haraoba adugidamak jisuna ikaiba adu thouidaduna cross adu khangjakhi, aduga ishorgi phamban gi yet thangbada phAMDUNA lei (Heb 12:1-2).

Ishorbu ikaikhumnabana thajaba hen-gat-halli. Ikaikhumnabada matik chaba ishor oibana, touba ngamdba karisu leitaba ishor oibana eikhoina ishorbu mapung phana thajaba ngammi. Maram aduna nakhoina jisu christabu loisillabanina nakhoina mangonda chatlu, mara chetna tathaduna nakhoina mangonda chatlu, mara chetna tathaduna mangonda sagatlu, aduga nakhoida tambikhiba adugumna thajabada chettuna thagatchabada mapal naidaba oiyu (Col 2: 6-7).

ISHORBU THAGAT-KHURUMBANA EIKHOIDA AHONGBA PURAK-I.

Ishorbu thagat- khurumbana eikhoigi wakhalda ahongba lak-i. ishorbu khurumba matamda eikhoigi wakhalda ahongba lak-I madudi wakhalda achumba adu ishorgi mangda parakpa ngammi haibadi aranbani haiba khanglabadi madu ishorgi mangda puraktuna ishorbu thagtpa ngamde. Nahakna eigi khonjel tabire, nahakki nakong mensinbiganu eina sor sangna honduna haijabada, eina pangbinaba koujabada. Eina nangonda koujaba numit aduda nahakna naksinbi, nahakna haikhi kiganu. He ibungo

nahakna eigi thawaigi wathoksing wakatpire, nahakna eigi punsi handokpire (Lament. 3:56-58).

Ishorbu thagat-khurumbana thammoida ahongba lak-i. Eikhoina ishorna khurumbada eigi leijaba khuding pisinli, eigi thammoi asisu ishorda sinnei. Eikhoina ningsingi madudi ishordi eikhoibu ngakpiba mapuni, eikhoigi darkar leiba khuding ishorna pibiribani amadi ishor leibana thammoida chaothokpa ngammi. Ishorna eikhoida wasakpiba lei madidi maram amagidamak wapham thokte, akiba karisu leipham thokte amadi langtaknaba karisu yaodana ishorbu thajaba thamduna thammoida ingthaba leigani.

Ishorbu thagat-khurumbana eikhoigi thabakta ahongba lak i. Matam khudingda eikhoina ishorbu ningsingba matamda aranba thabak touba khak ngamde. Christian ama oina Jisuna toubikhiba thabak mayam adu khalluba matamda eikhoisu Jisugi macha oina thabakta onthopa tangai phatte. Ishorbu khurumbada eikhoina mahakki maong lougadabani asumna thammoi sengna thabak touba ngamhalli. Ishorgi nungsiba adu eingonda leirabadi einasu mibu nungsiba ngammi. Maram aduna nungsraba machasinggumna ishorgi matou tambasing oiyu. Chritana eikhoibu nungsibiraduna ishorgi maphamda mahak masamakpu manam nungsiba katnapot amasung iratpot oina eikhoigidamak katthokpagumana nungsibada chatlu (Eph.5:1-2).

CONCLUSION

Ishorbu thagat-khurumba haibasi ishorga eikhoiga aphaba mari thamnaba changdraba yadraba macahk amani. Numit khuding eikhoina masi kaoba yade. Eina ishorgi maphamda naksinjaba matamda ishorna eikhoibu khak inthokpiba leite. Ishorbu khurumba matamda eikhoida nollukpa lei, nungsiba lei, minungsi lei aduga haraoba ingthabasu lei. Tasengna hairabada eikhoina touba khuding ishorgi maphamda thagat khurumbaga loina sinnaba matamda mai pakpa oigani.

Ishorgi maphamda haraobagi khonjel laokhatlu, malem apumba

Mahakki mingbu ikai khumnabagi ishei shak-u,

Mahakpu thagatpada matik mangal chaohallu,

Ishorda haiyu, nahakki thabaksing kayada ngakningai oiriba,

Nahakki athooiba panggalgi mapanna nahakki yeknabasingna nakha ponjagani, Malem pumnamakna nahakpu khurumjagani aduga nahakki naphamda thagat ishei sakjagani, makhoa nahakki mingda thagat ise Sakchagani (Ps.66:1-4).

FOUNDATION 4

PRAYERGI MAKHA PONBA

Eikhoina mamangda thokhiba thoudoksingdi yamna mayek sengna khangba ngammi, hoijik houijk thokliba thoudosingsu khara makheidi khangba ngammi adubu lakkadaba sing adudi eikhoina khangba ngamde aduna eikhoina prathana touba asi yamna darkar oi.

Prathana haibasi karino?

Prathana haibasi icham chamna haiba tarabadi ishorga eikhoiga pao phaonabani. Masi ishorga aphaba mari thamnabagidamak changdraba yadraba machak amani. Ishorna magi machasingna mangonda changjarakpa pammi, darkar leiba mangonda nijaba, haraoba phongdokpa, wahang hangjaba, amasung matam kaithoktuna maga leiminnaba asi pammi. Masi khudingmak asi prayer koui. Aduga ishorna mahakki apamba adu eikhoigi thammoida phongdokpirakkani. Ishorda wari saba aduga mahakna haiba taba adubu prayer koui.

Ishorna eikhoibu kouthokpire aduna eikhoina mahakpu matam pumbagi oina khngbaga loinana haraona leiminnaba ngammi. Eden gi ingkholda Adam amasung Evena ishorga punna leiminnarammi. Ishorna houjiksusumna eikhoiga loinana aphaba mari thamba pammi. Eikhoigi thammoi ishorda pisinduna leiminnaba ishorna pammi. Ishorgi mising Babylonda lanpha oina pukhrabasu mahakki manai Jeremiah thaduna misingda wa phongdoklammi.

Maramdi eina nakhoigidamak khalliba wakhal asi eina khangi, Jehovahna hainakhoigi yaiphanabani phattanaba natte amasung tungda nakhoigi asa pinabani. Adudagi nakhoina eibu koujagani aduga nakhoina eingonda laktuna haijagani. Maduda eina nakhoigi wa tabigani.

Eingonda koujou , eina nakhoida khumbigani, aduga nahakna khangdaba achouba amasung aruba maramsing nangonda khanghan gani (Jer. 29:11-12; 33:3).

Matou karamna eikhoina prathana tougani?

Eikhoina prayer asi toubada ishorda henna nakshilli amadi ishorbu mayek sengna khangba ngammi aduga masina punsida chaokhatpa purak i. Aduna masidi eikhoina aphaba mari thamnabagidamak changdraba yadraba machak amani. Christian khudingmakna prathana toudaba yade maramdi ishorna eikhoida tou haina yathang pibirammi. Aduna masi mi khudingna touba ngammi.

Ishorda wari sabiyu. Ishorna eikhoibu matam khudingda ngaiduna lei. He miyamsa, matam pumnamakta mangonda chetna thajou. Mahakki mangda nakhoigi thammoi phongdokchou, ishordi eikhoigi changjaphamni (Ps. 62:8).

Maram khudinggi haijou. Ishorna nahakki sam phaoba masing khangi. Mahakna nangbu matam khuding sennaduna lei. Mama mapasingna machasingbu sennabiba adudagi henna ishorna sennabi, matam khuding maram khuding ishorda haijaba amadi hangjaba pammi.

Pukchel sengba oyiyu. Ishorna awa nungai khudingda thammoi sengna magi maphamda haijaba pammi. Masina achumba mari adu purakpa ngamgani.

Ishorgi wahei adu sijinnou. Ishorgi waheida eikhoina uba phangba adugumna haibadi, ninghtou Davidki prayer, Hannah gi prayer, Moses gi prayer aduga Paul gi prayer adugumna eikhoinasu haijagadabani.

Eikhoigi haijaba mahakna tabi aduga soidana paokhum pigani haina sengna thajou. Thajaraga haijaba matamda ishornasu soidana paokhum pinabi.

Yeknabasing gidamak haijabiyu. Jisuna magi yeknabasingna touriba adu khangdabagi toubani haina haijabaguma, eikhoinasu yeknabasing gidamak prayer toubiduna makhoina ishorgi maphamda lakpa adu ishorna pammi.

Itomta amadi miga punna prayer touminnou. Ishorna mahakka achikpa matamda wari sannaduna aphaba mari thamba pammi amadi mayam punduna pukchel tinnana haijaminnaba ishorna pammi.

Ishorna haiba tao. Eikhoina mahakki waheida hairiba adu tasengna khangba tangaiphatte aduga eikhoigi thammoida insinbiba adusu munna khanggadabani.

CONCLUSION

Eikhoina ishorgi seba touba matamda kaoroidaba amadi eikhoibu mateng pangbinaba ingam ngamba ishor leiri haiba asini. Khwaidagi henna matik magun leiba ishorna eikhoibu matam pumbada mateng pangnaba ngaiduna leiri. Eikhoina ishorda wari saba matamda mahakna eikhoibu tabi aduga mahakki matamda soidana paokhum pinabi. Eikhoigi aphaba khuding mahakna khangi amasung madu eikhoida soidana toubigani.

FOUNDATION – 5

THAWAIGI OIBA LANSOKNABA

Eikhoigi taibangpal asi eikhoina uba ngammi aduga sokpa yai, adubu eikhoina sokpa yadaba thawaigi oiba hiram kharasu leiri. Masigi matangda eikhoina wari sabada kaya yamna nungaitaba yai adubu ishorgi waheina eikhoida haibiri madudi ishordi thawaini. Eikhoina uba ngamdaba thawai panba su leiri, madudi sargadutsing aduga phattabalaising. Ishorgi oiba sargadutsingga satan gi oiba laisingga matam pumbada lan tounaduna lei. Masi eikhoigi achamba mitna yengbada uba phangdaba yai adubu thawai oiba lan adudi eikhoina phao i.

Eikhoina thawaigi oiba lan soknaba gi matangda chamannaba leirabadi ishorgi wahei pagadabani aduga prathana touduna madu mayek sengna khangba ngamgani.

Thawaida chatharakpa lan adu khangsinnadana leirabadi mai pakpa ngamloi. Lanna yeknababu lan tourabadi mai pakpa ngamloi. Eikhoigi yeknaba asi kanano haina chap chana hanna khangdokpa tabani. Angang louthokpa matamda lallibasi nupara, nupira, imung manung gi misingla natraga mi atoppara? Hoi imung gi misingna thabaksing asi pangthokpa yai adubu masigi hourakpham di ishorgi yeknaba satanni. Satanna ishorgi khutsem asi matam khudingda thugainaba ngaiduna lei. *Maramdi eikhoina soknaba asi ee-tonggi mayokta natte, adubu eikhoina soknaba asi angang athousing, matik leibasing amasung amamba asigi taipangpan gi angam athousing gi mayokta, sargagi oiba maphamsingda leiba phattaba thawaising gi mayoktani. Eph. 6:12*

THAWAIGI OIBA LAN SOKNABADA KARI KHANGBA DARKAR TABAGE?

Eikhoi gi luchingba ishorbu mayek sengna khang gadabani.

Nahakki thabaksing kayada ngakningai oiriba, nahakki athoiba panggalgi mapanna nahakki yeknabasingna nakha ponjagani. Ps. 66:3

Angam athousing amasung matik leibasing adugi panggal louthoktuna mahakna makhoibu crosski mapanna maithiba piduna makhoibu iphong phongna utpikhi. Col. 2:15

Papki thabak touriba adu diyaboldagini; maramdi diyaboldi ahoubadagi pap touduna leirakli. Diybolgi thbak manghannaba ishorgi macha nipa adubu phongdokpire. 1 John 3:8.

Eikhoigi yeknaba satan bu mayek sengna khang gadabani.

Satan asi ishorga manmade, mahakti ishordagi henna nemmi, ishorna sembiba sargadud sing gi maungd ama oirambani. Ishorna eikhoi khudingmak satanbu

maithiba piba pammi. Madugidamak satan gi thabak thouramsing eikhoina khangba tabani. Satan gi maruoiba thabak kharadi:

1. Nahakki punsida singnarakkani – nahakki wakhalda church ki leader ama oibada maithire haina khallakpa yai.
2. Ishorbu singnarakkani – natomta ngaire, karamna nahakna thabak tougani.
3. Nahakki wakhal honglakkani – peisa gi awatpa leibana ishorgi thabak thadoklage aduga atoppa thabak ama yenglage.
4. Ishorga aphaba mari leirakloi – ishorna eigi paokhum pibidre, ayuk nganna hougtлага devotion toubagi mathou tadre.

Satanna mahakki aranba wakhalga loinana mibu themmi. Mioibagi wakhalda aranba phattaba wakhal pusinlaktuna ishorgi mayokta leihalli. Church ki luchingba ama oina eikhoina masi achumbara nattraga aranbara haibadu khangdokkadabani.

Nasabu thouba phaba lanmi ama oina khang gadabani. Jisu christana crossta sibikhiba aduna satanbu maithiba pikhare haibadu khanggadabani. Houjikti eikhoi Jisugi mapanna mai paklaba lanmi ama oirabani.

Adubu eikhoigi ibungo Jisu christagi mapanna eikhoida ngamba pibiba ishorbu thagatpa oisanu. 1 Cor. 15:57.

Maramdi ishordagi poklaba mi khudingna taibangpanbabu ngammi; taibangpanbabu ngangba mangam adu asini, haibadi eikhoigi thajabani. Jisudi ishorgi mach nupani haiba thajaba mahak adu nattana taibangpanbu ngamba mahak adu kanano? 1 John 5:4-5.

Jisuna asibabu ngamduna hinggatpa matamda, mahakna eikhoibu mateng pangnaba thawai asengba taibangpanda thabirakle. Thawai asengbana eikhoibu numit khuding achumbada chingbiri aduga papki sangsar asida satan gi thabaksing maiyoknabada mateng piri.

MATOU KARAMNA THAWAIGI LAN THENGNAGADAGE?

Church amagi luchingba ama oina nattraga ishorbu seba touba ama oina leiba asi lan soknaba makhal amani. Masida kiningai karisu leite, ishorgi lanni eikhoina thengnaribasi. Masida eikhoida sem sagadaba maruoiba adudi:

- Isagi thammoi sem saba
- Ishorgi wahei sijinnaba
- Ishorbu khurumba
- Ishorda haijaba

Nahakki napunsi chuppa kana amatana nahakki mayokta leppa ngamloi, eina Moses bu loinabirakpagumna eina nahakpusu loinabigani; eina nahakpu langthokloi, nahakpu thadokloi. Eina nangonda yathang pikhidra – akanba oiyu amasung nathouna phou; kiganu amasung ninghannaganu, maramdi nahakna chatpa mapham khudingda nahakki ishor Jehovahna nahakpu loinabiri. Joshua 1:5,9.

WAROISIN

Thawaigi lan soknaba asi matam khudingda eikhoina thengnaribani. Ishorgi thabakta, mibu kanbagi thabakta, mibu kannanaba eikhoina lan thengnaribani. Satanna eikhoigi asonba matam ngaiduna lei adubu ishorda eikhoina khudingmam touba ngammi, mahakki waheina eikhoida wasakpiri. Thouna phaba lanmi oiduna mai paknaba hotnagadabani.

FOUNDATION 6

ISHORGI WAPAO SANDOKPA

Mioibagi punsibu kanba haibadi poktriba angangsingbu kanba asi yamna chaoba ishorna pibiba thoudang amani. Ishorna masigi nakanda leptuna lei , eikhoigi achamba mitna masi yengbada uba ngamdaba yai. Aduna punsi kanbagi thabak asida eikhoina cheksinna mibu phajaba waheina, thabakna amadi nungsina themjinbigadabani.

Aduga kanagumbana apikpasing asigi maraktagi amada thaknaba ising sebok ama oina pirabadi, eina nangonda tasengna hairi, mahakki mana khak mangloi. Matt 10:42.

Wapao sandokpa haibasi karino?

Sandokpa haibasi ishorna eikhoibu nungsibiduna sibikhi haina mingonda share tounaba tanja amani. Masina mi amagi thawaida, hakchangda, wakhalda amadi samajda ahongba ama purak i. masina mi amagi maphamda anouba asha ama pi, thammoida hainingai leitana haraoba pi. Masi punsi piba gi ministryda yamna maru oi maramdi:

- Ishor khaktana mi amagi yamna maruoiba darkar oiba khuding piba ngammi.
- Ishorna mahakki nungsiba adu mipum khudingda phongdokpa pammi.

Achumba wapao haibasi karino?

Ishorna pap chenba misingbu kanbi haiba aphaba wapao asibi achumba wapao koui. Mahousana mi haibasi papchenba oibana asa amatta leitraba, ishordagi lapna leiraba mahakki khutsem amani. Adubu ishorna nungsibadagi Jisu asi thabiraktuna papkidamak sibikhi, phumkhi amasung hinggatpikhi – maduna mahakpu thajaba misingna mahakki manakta lomba naidaba hingba phangjagani.

Christagi aphaba wapao asina eikhoibu noroktagi kanbiba khak nattana eikhoida anouba misak amagum oihanbire (2 cor 5:17). Kanbiba phangkhraba misingna anouba thammoi, wakhal amadi thabak phangjare. aphaba thabakna eikhoibu aran khubam piba ngamde adubu masidi phangkhraba aran khubam adugi maheini (eph. 2:10). Tasengna kanbiba phangkhraba mi khuding gi punsida eikhoina ahongba soidana uba phang gani, maramdi mahakki nungda thawai asengbana thabak toubiri.

CHAPTER 6

ISHORNA SEMBIKHRABA IMUNG AMADA OIGADABA MAONG MATOUSING

Maram aduna nipana mahakki mama mapa thadoktuna mahakki nupida napsin gani,
aduga makhoi ani hakchang amatta oigani. Masi aruba athuppa wani, adubu eina
christa amasung singlupki maramda nganglibani

Eph. 5:31-32

Tamilibasingna khanggadaba

- Ishor asi sembiba mapini haibadu khanggadabani, luhongbasu ishorna houdoklambani
- Luhongba asi wasaknaba amani haibadu khanggadabani
- Luhongba asina karamna ishorgi matik mangal phongdokpage?
- Nupa amaga nupi amaga luhongba gi matangda ishorna sembiba adu khangjin gadabani
- Imung amagi maruoiba adu society da khannagadabani.
- Chatnabina karamna ishorgi waheidagi lapna puthokpage haibadu khangjin gadabani
- Luhongbagi kannaba sing adu kari karino?
- Chatnabina karamna luhongbabu hanthana loubage?
- Nupana matou karamna mahakki nupibu nungsigadage?
- Mi khuding gi maru oibadu khang gadabani, luhongba oirabasu luhongdaba oirabasu.

Maruoiba point khara:

- Prithibida leiriba khuding isorna sembani amadi ishorgidamakni, masida luhongba asisu yaore.
- Luhongba asi nupa nupi anigi marakta yanabagi wasaknaba adukhak natte, masi ishorgi mamangda wasaknaba aduni.
- Luhongba asina Christa amasung church anigi marakta leinaba mari adu phngdok mayam mangda phongdoklibani.

- Ishorna luhongba asi nupa ama aduga nupi ama haina sembibani.
- Imung amadagi society semlakpani, masi ishorgi apambani.
- Chatnabitagi Biblena henna maru oi, masi matam khudingda kaoroidabani.
- Christiana churchpu nungsibagumna mapuroibana magi nupibu nungsigadabani.
- Nupinasu magi nupabu ikai khumnagadabani aduga pisin gadabani.
- Angangsing asi ishorgi khudolni.
- Luhongba oirabasu, luhongdaba oirabasu – mi khudingmak ishorgi mitam louraga semkhibani aduna mi khudingbu ikai khumnagadabani.

Scripture References

Psalm 24:1, Genesis 2:21-23, Genesis 2:24-25, Genesis 2:18, Genesis 2:22-24, Matthew 16:18, Acts 2:47, Ephesians 5:32, 1 Corinthians 7:1-2, Hebrew 13:4, Leviticus 18:22, Genesis 2:24, 1 Corinthians 7:2, Ephesians 5:23-33, Matthew 19:4-6, 1 Corinthians 7:2 Ephesians 5:23-33, Matthew 19:4-6, 1 Corinthians 11:3, Ephesians 5:23, Ephesians 5:33, Proverbs 22:6, Ephesians 5:33, Psalms 127:3-5, Matthew 18:10, Ephesians 6:4, Proverbs 24:11, 1 Corinthians 7, Luke 2:36-38, Psalm 68:5, Malachi 2:16, Matthew 7:3, Roman 3:23, Roman 3:10

PRITHIBIDA LEIRIBA KHUDINGMAK ISHORNA SEMBANI

Ishorna khudingmak mahakkidamak sembibani, masida luhongba asisu yaore. Ishorgi waheina eikhoida yamna mayek sengna takpi madudi mahakna khudingmak sembire aduga khudingmak asigi mapusu mahakni (Ps.24:1). Imung ama asi Ishorna lingkhatpani haibadi mahakna nupa amasung nupi sembire (Gen 1:26,27), aduga makhoi ani asi tongan tongan oihalle, adudagi edengi ingkholla luhongba matamda makhoi ani asi amatta oihanbire (Gen 2:24-25). Adudagi ishorna mahei yanjaro aduga prithibi asi nakhoigi dharana thanhallu haina haibirammi.

Luhongba haibasi mina pangthokpani adubu masi ishorna houdoklambani. Biblegi matung inna luhongba asi eden gi ingkholla ishorna thourang langbikhribani. Haibadi ishorna Adam semba matamda matomta leibadu ubada ishorna nungairamde. Aduna Jehovah ishorna Adamdagi saru ama louthoktuna nupi ama sembikhi aduga mahakki manakta purakhi. Adamna haikhi, masi eigi sarusinggi saruni, eigi hakchanggi hakchangni aduna mahakpu kougani nupi, maramdi mahak nupadagi louthokhibani. Ishorna nupi ama samba pamkhi aduga madu adamgi manakta purakhi. Mapuroiba ama natraga nupi ama oiba haibasi mina hekta louba warep ama natte adubu masi ishorgi aningbani.

Church asisu ishorna lingkhatpani. Old testament ki matamda church asi karino haiba khanglamde. Jisuna konna church lingkhatlakkani haibasi mahakna Peter da wa ngangba matamda phongdoklammi, “nungjao asigi mathakta eina eigi singlupsagatkani, aduga khamnung leibakki thongna madubu ngamloi” (Matt 16:18). Pentecost ki numitta church asi houdokhibani haibasi mayamna thajanei. Numit asida Peterna ishorgi wapao sandokpada mioi 3,000 lom singlupta tinsillammi (Acts 2:41). Masigi thajaba group asibu ahanba oina Christian haina kourammi.

Government asisu ishorna lingkhatpani. Romans 13:1 da hai , - mi khudingmakna angam athousinggi makha pongadabani, maramdi ishordagi nattaba angam athou leite; leiriba angam athousing asi ishorna thamlibani.

LUHONGBAGI WALEPNABA

Luhongba asi nupa nupi anigi marakta sinba adukhak natte, masidi ishorgi mangda wasaknaba adusuni. Luhongba asidi eikhoina thourang langba haibadi punsigi oina thadoknaba yadraba ishorgi mangda wasaknakhraba aduni. Jews gi chatnabida

ishorgi misingna ithoklaba yanaba amada sign tounarammi aduga masi mi khudingna khanglammi. Masi makhoi anigi marakta amana amada pisinjabagi walepnaba aduni, ishor amasung migi mamangda sakhi oiduna pangthokpani.

Luhongba asi ishorgi matik mangal phongdoknanaba mahakna houdoklambani aduga masi migidamak aphabani. Church na masibu shengna khangbaga loinana takpi tambigadabani, masi nupa amasung nupi anigi marakta leiba asengba mari aduni. Ishorna imung amada touhanningba mahakki apamba adudi yamna lui haibadi artha yamna chelli. Imung aduda angang poktuna dhara sandokkadabani aduga khudingmak ishorgi matik mangalgidamak pangthokkadabani.

Luhongba asina ishorgi wakhallon phongdok i. Luhongba asida mi khudingna christaga churchga leinaba mari adu phongdokkadabani. Eph. 5:31-32 da asumna iraga lei,- nupa amana magi mama amadi mapa thaduktuna nupida punsin gani aduga makhoi anina amatta oirakkani. Masi aruba athuppa wani, adubu eina christa amasung singlup ki maramda nganglibani. Nupa amadi nupi anigi marakta leinaba yamna naksinnaba mari asigumna chrita amadi magi matung illiba misingnasu asumna oigadabani.

LUHONGBA ASI NUPA AMAGA NUPI AMAGAGI MARAKTA OIGADABANI

Ishorgi waheina 1 Cor. 7:2 da hai, adu oinamak nupi lannadanaba nipa khudingna magi magi nupi leisanu, aduga nupi khudingna magi magi nupa leisanu. Luhongbagi walepnaba asi nupa amaga nupi amaga oigadabani, aduga masi punsi chuppa magi magi nupa natraga nupi oina leiminnagadabani. Ishorna Eve adu Adamgidamak sembiraga magi manakta puraklammi, ishorna nupi ani natraga ahum Adamgidamak sembiramde. Ishorna Adamgidamak nupi yamna semduna prithibi asi thannaba touramba yabani adubu madu touramde, nupi amakhaktamak sembirammi.

Ishorgi waheina Heb.13:4 da asumna iraga lei, - luhongba haibasi maram pumnamakta ikai khumnaningaini, aduga phamung mangthoktasanu, aduba nupa nupi lannabasing amasung mitu miwa lannabasingbu ishorna wayelgani. Eph. 5:32 ,- anina hakchang amatta oirakkani. Ishorgi waheisingsina yamna mayek sengna takle madudi luhongba asi nupa ama aduga nupi ama oigadabani.

Houjikki matamda homosexual marriage (nupaga nupaga aduga nupiga nupiga) asi mapham kharada pangthoknaba yaore adubu masi Bible na yade. Lev. 18:22 da hai, -

nupa amaga nupi amaga tinnaba adugumna nakhoina nupa masen natraga nupi masen tinnaganu, masi yamna tukkachaningaini. Maram aduna luhongba haibasi ishorgi apambagi matung inna nupa amaga nupi amaga matam pumbada oigadabani.

LUHONGBA AMASUNG IMUNG

Imung ama haibasi samaj natraga society ama semnabagidamak ishorna houdokpibani. Christian imung ama asi nupa amaga nupi amaga pullaga sembani - ishorgi mangda wasaknaduna punsi chuppa leiminnanabagidamak - aduga angangsing makhoiga punna leiminnagani. Ishorna pamba imung ama oihanba ngamlabadi maduna aphaba society ama soidana purakkani. Ishorga loinana imung ama houdok i. nungaina amasung haraona leigadabani aduga ishorna apamba adu thunghan gadabani haibadi imug asina dhara sandokkadabani. Imung amasina soirakpa matamda samaj aduda soiba lakkani.

Christian singna luhongba amadi imung gi maramda phajana khanggadabani aduga masigi phajaba niti niyomsing adu mi khudingda takthokkadabani. Ishorna nupa amasung nupi mahakki murti da sembibani aduga phajaraba prithibi asisu sembibani aduna eikhoina masida harao nungaina leigadabani. Christian imung ama haibasi achamba natte, mioi khudingna jisu christagi matik mangal phongdoktuna taibangda ishorbu mayek sengna utkadabani. Maram aduna imung ama haibasi:

- Chritabu kibaga loinana nupa amasung nupi du amana amada pisinjagadabani.
- Mapuroibana magi nupibu nungsigadabani.
- Nupisingna mapuroibasingbu ikai khumnagadabani.
- Angangsing poktuna semgatgadabani, phajana yokhatpigadabani.
- Angangsingna ishorbu khangnanaba mapham ama oihangadabani.
- Angangsingna jisubu sengna amadi bible bu sengna khangnaba mapham amani.
- Karamna mibu cheksinna sennagadage amadi minungsi utkadage haibadu imung amadagi tamgadabani.
- Eikhoina hingga amasung sibagi maramda imungdagi tambigadabani.
- Ishorgi thabakta karamna pithokkani haibadu imungdagi tambigadabani.
- Isabu cheksinjaba amadi oijaba thadokpa tamgadabani.
- Mibu seba toubgi maruoiba adu imungdagi tamgadabani.

- Ishorgi waheida takpiramba adugi matunginna chatpa ngamna ba hotnagadabani.

Christian family ama oinabagidamak akknaba niti niyom leitrabasu eikhoina touriba thabak aduna sengna phongdokkadabani. Bible gi maruoibasing adu takpigadabani, tamgadabani, aduga mingonda share tougadabani. Christian family ama haibasi ishorgi maphamda ngajaduna hingba, mahakki aingba touba ngamnaba hotnaba, amadi angangsingbu achumba lambida semgtlakpa adubuni.

Aduna Christian imung ama asi:

- Ishorbu thammoi sengna khurumba mapham amani.
- Ishorgi maphamda haijaba mapham amani.
- Bible gi maramda neinaba amadi takpiba mapham amani.
- Prithibigi chatnabida thawai yaodaba mapham amani.
- Nungsibagi hourakpham amadi mibu nugsiba ngamba mapham oigadabani.

IMUNG AMASUNG CHATNABI

Biblegi achumba aduna matam khudingda samajgi chatnabi adudagi yamma henna luna lougadabani. Chatnabi si yamma phajei,- phijet chakset, lon, chinjak, amadi leiriba tounariba mayam asi loina phajei, masi angakpani. Hingba matamda chatnabina eikhoibu yomsinduna leiramba yai adubu eikhoina kaoroidabadi, eikhoi asi sargagi ooiba nagarik amani haibasini. Matam kharagi eikhoi taibangsida lakpani, taibangda leiringeida ishorgi ningthou leibak adu sandokkadabani, mapham khuding chattuna Jisubu takthokkadabani. Eikhoina ishorgi nungsiba, achumba, thoujanheiba amadi ngakpiheiba adu miyamda sandokkadabani.

Eikhoigi chatnabi asi ishorgi waheina yaba oirabadi, madu yam phare adubu karigumba phajaba chatnabi oirabasu madu ishorgi wahegi wangmada oirabadi maduna ishorgi wahebu mahutsinbadi keidoungeidasdu yaroi. Karigumba eikhoina biblegi wangmada thabak tourabadi madu ishorgi aningba natte, maduna eikhoi ishorgi cheirak phangnaba lambi amani. Thajaba ama oina bibledagi henna lumna lougadaba potsak amatta leite. Nungsibana, peisana, akibana, chatnabiba amadi karigumba amatana Christian imungbu aranba lambida puthoknaba hotnabada eikhoina madu yaoroidabani. Eikhoina ningsinggadaba amadi taibangpal asi papna thallabani, taibangpalgi makokti Satanni.

Thajakhraba misingna ishorgi wahei toina neinaduna mayek sengna khangnaba hotnagadabani. Achumba adu chetna paigadabani aduga madu thabakta onthokkadabani. Imumgda amadi churchda chatnabina athingba thamlabasu madu eikhoina prathanaga loina chumba jisugi wapao adu mapham sinba thungna sandokkadabani.

LUHONGBAGI KANNABA

Luhongba asina thawaigi, hakchanggi, wakhali, samajgi kannaba mayam ama lei. Luhongba asina eikhoi isabu ngakthokchanaba achouba pambei amani haibadi prithibigi mapham khudingda luhongba asina imung ama semle haina yanei. Luhongba asina punsigi oiba mari semduna kannagadaba, aphaba thabakta khong thangjinba yai. Ishorgi aningbagi matunginna eikhona pangthokpada mahakki bor eikhoina phangjei – dhara, lan thum, thawaida chaokhatpa amadi hakchanggi darkar oiba.

Thijinba mi amana asumna hai, - luhongba asina wakhala, kahchangda amadi sen tnumgi phiphamda luhongdriba amadi luhongbagi wangmada leiminnariba makhoodagi henna nungaiba lei, - Dr. Linda Waite.

Niyom chumna luhongbana angangsingdasu kannaba mayam lei:

- Lairik tambada henna mai paknabagi machak ama oiba yai.
- College chang naina chatningba phaohalli.
- Ishorgi lousing thiningba phaohalli
- Mama mapaga aphaba mari thammi.
- Nisada laichubagi chang hanthahalli.
- Lamchat sajat phajahalli.
- Lairabagi chang hanthahalli.
- Oktaba lamchat chatpagi chang hanthahalli.
- Angang louthokpagi chang hanthahalli

Niyom chumna luhongbana nupisingdasu kannaba mayam lei:

- Mapungphaba mari thambada mateng pang.
- Wakhala henna nungaiba lei.
- Hakchangda henna nungaiba lei.

- Oktabagi thabakta chang hanthahalli.
- Suicide toubagi chang yamna nemmi.
- Nisada laichubagi chang hanthahalli.
- Lairabagi chang hanthahalli.
- Machasingga henna phaba mari thambada mateng pang.

Niyom chumna luhongbana nupadasu kannaba mayam lei:

- Punsi sangnabagi machak ama oihalli.
- Hakchang phana thambada mateng pang.
- Thabak toubada mara chetna touba ngammi.

NIYOM CHUMNA LUHONGBADA AYETPA/AHONGBA LAKPA

Prithibigi mapham khudingda ngasidi luhongba asida ayetpa amadi yeikhai thin gaiba mayam ama leire. Masousna churchda chatnarakpa aphaba amadi asengba luhongba asida houjikti ahongba mayam ama leire, masi magi magi aningbada tounarakpa adunani. Asigumba niyom kaina luhongba asi maruoina mama mapa fajana leitaba, imung manunggi mioising tokhia tokhai tanakhiba amadi leita lairabana oirakpa yai. Masigi hourakpham kharasu eikhoina yengba yai:

- Luhongba haibasi thainagi chatnapini.
- Luhongba asi darkar tadre maramdi luhongdrabasu sex asi asi adum touba yare amadi samajna loina masi houjikti yare.
- Luhongba asi nupaga nupiga khakta oiroidabani adubu nupaga nupagsu nupiga nupigasu yahan gadabani.
- Nupa nupi ani leiminnabada nungaitrabadi khainaba yahangadabani.
- Luhodringeda nupa nupi leiminnaba yahangadabani.
- Luhongdana angang pokpa asisu luhonglaba matungda angang pokpaga chap mannei.

Asigumba wakhallon asi houjikti mayamgi maphamda leirabanina mi kaya amadi luhongba assiu thousadre haiba yai.

- Mi mayam ama nupa nupi khainabagi problem thengnare.
- Angangsingna mama mapaga punna leiminnabagi harao nungaiba adu phangdre.

- Angang mayam ama poklaga hundokpire.
- Niyom kaina mirollakpa amadi angang yeithaba mayam ama thokle.

Maram aduna houjik church si asina tougadaba mayam ama lei. Ishorna houdokpiramba luhongba asi eikhoina phajana pangthoktuna miyamda takpi tambigadabani. Luhongdriba nupa nupi aduga luhonglaba nupa nupi animakta aphaba paotak kaya piduna ishorna pamba family ama oina leigadabani. Mioiba asi ishorgi tonganba khutsemni aduna eikhoina masi taraina louba yade, atoppa jibasingna panglei leibagum pangtou toubagum eikhoi oiroidabani. Aduna eikhoina luhongba asi pukning thougatkadabani amadi niyom chumna pangthokkadabani.

LUHONGLABA NUPA AMA OINA TOUGADABA MATHOU

Nupa ama oina mahakki nupibu Christiana church nunusipagumna yamna mayek sengna nungsigadabani. Hoi nupa amasung nupi animak ishorga leinaba maridi chap mannei adubu Bibleda makhoi anigi tonganba tougadaba mathousing lei. Eph. 5:22-26 asida mapuroiba ama oina aduga nupi ama oina tougadabasing adu takpiri. Nupana magi nupibu nungsigadabani aduga nupinasu magi nupabu ikaikhumnabaga loinana luchingba ama oina lougadabani. Nupa asina yum amada thawaigi oiba luchingba aduni (1Cor 11:3; Eph 5:23). Masigi luchingba asina christagi luchingba amagum oiduna churchbu nungsibagum tougadabani.

Nupa ama oina thawaigi lambidasu chingbigadabani haibadi Bible gi achumba imungda takpi tambigadabani. Mapa oibasingna ishorgi aningba apampada angangsingbu chingbigadabani. Mapa oibasingna imunggi darkar oiba adu pigadabani. Adum toudrabadi mahakki thajaba asi thajadaba amadagi henna sholli (1Tim 5:8). Masida nupi amagi thoudang karisu yaodre haibadi natte (Prov 31).

Ishorgi waheina nupana nupibu nungsigadabani haiba asida eikhoina point ahum yengba yai:

- Katthokpaga loinana – mapuroibasa nakhoigi nupibu nungsiyu, chritanasu churchpu nungsiduna mahak masamak pithokpa adugumna

- Condition thamdana – christana churchpu nungsibasi maram karigisu natte haibadi eikhoina karigumba aphaba thabak toubagi natte adubu mahakki nungsuheiba aduna nungsipibani.
- Mayek sengna – Eph. 5:29 da hai, maramdi mi kana amattana keidoungeidasu masamakki hakchangbu yengthide, adubu ibungona singlupkidamak toubibagumna , mi aduna mahakki hakchangbu yokhatchei amasung yengsinjei

Eph. 5:33 da hai, - nakhoi mi khudingna masabu nungsubagumna masamakki nupibu nungshishanu, aduga nupina mahakki mapuroibabu ikaikhumnagadabani. Bible eikhoida nupibu nung Sugadabani haina yathang ama piri. Masi icham chamna eikhoida haiba natte adubu eikhoina toudaba yadraba thabak amani. Nupisingna pendaba amadi wakhalda nungaitaba leirabadi masih nupasingga aphaba mari leitabadagi oiba yai. Nupa amana mahakki nupibu thammoi sengna nungsibaga loinana thabak tourabadi maduna maram oiraga magi nupina mahakpu ikai khumnahalli.

Nupasingna mapa ama oibagi thoudang yamna chaoi. Mapadagi angangsingna ishorbu kiba tammi, ishorgi wahei tammi, aduga punsida mai paknaba machasingda aphaba lambi takpi. Mapadagi akiba, thouoidaba, khatna cheinaba, nattaba lamchat amadi phattaba mayam amasu tammi. Maruoina nupamachasingna mapagi maong matou khuding loui. Ishorgi misingna khangdaba yadaba amadi- matam khudingda machasingna yengsinduna lei amadi matou tamnaba hotnaduna lei haibasini. Angang ama warakpa asi mapana macha warakpa asina khwaidagi henna phei. Angangsinggi thammoidea hunkhiba maru aduna angangsing adu karamba mino haobadu khanggani aduga maduna mahakpu chingduna pugani. Maram aduna pikliba angangsingda ishorgi wahei takpi tambiba yamna tangai phatte.

Mapa ama oina angangsingbu phajana takpi tambiba matamda keidoungeidasu madu lemna mangde. Prov. 22:6 – angang amabu mahakna chatkadaba lambi takpiyu, mahakna ahal oirabada madudagi leithoklo. Masi maruoina mapa amana lougadaba thoudangni, schoolna natte, society na natte aduga church gisu natte. Hoi maram kharada khudingmakki thoudang yamna chaona lei adubu khwaidagi henna maruoiribadi yumda takpi tambiba aduni. Eikhoigi angangsing matam amada wahang mayam ama hanglakpa yai, ishorbu seba touba haibasi karino? Churchta karamna ishorgi seba tougani? Mising gi seba karamna tougani? Mapa mama oina karamna

angangsingbu semgatkani? Karamna yum pan gani? Asigumba angasngsinggi wahang mayam asi ishor kiba mapa aduna mayek sengna piba ngamgani.

Mapa mamana aphaba angangsing puthorakpa matamda leiminnariba mi khuding por phanggani. Mama mapana phattaba machasing puthorakpa matamda leiminnariba mi mayam adu awaba nang gani. Ngasisu mi kaya ama oktaba oktabigi tabak touribasi phattaba angangsingna oiba yai. Angang oiringeidagi houna makhoigi thammoida hunkhraba aphaba maru adu keidoungleidasu lemna mangde. Adubu mama mapa matik chana leitaba, aphaba adubu takpi tambiraktaba amadi ishor kidabana maram oiraga chaorakpa matamda aphaba kannaba thabak karisu tourakte. Aduna sex gi thabakta khog thangsillaktuna nupa nupi animakta phattaba oirak i. pamdaba mirollapkpa mayam ama yaoraktuna angang yeithabagi chang yamna wanghalli. Makhoi kahkta natte luhonglaba mi kayanasu angang louthokpagi thabak asi toui. Aphaba yumdag i hourakpa machasingna nupa nipi tinnabagi thabakta ishorna aningbagi matunginna toui, aduna angang yeithabagi chang yamna nemmi. Naha oiriba machasingna karamba matamd sex tougadage haibadu mama mapa tagi tammi. Ishorbu kiba imung amada mama mapa amadi machasing punna ishorgi bor phangminnei. Amana amagi mateng pangnaduna ishorgi ningthou leibak sandokpada thawai yaoi.

NUPI/MAMA AMA OINA TOUGADABA THOUDANG

Nupina magi mapuroibabu ikai khumnabaga loinana masamak pisinjagadabani. Hoi nupa nupi animak ishorgi maphamda chap mannana mamal yammi adubu nupi asi nupagi matengpangnaba sembibani- nupi yaoraga nupa asi mapung pharibani. Ishorna taibangpal asi sembibada loina phajarammi adubu nupi sembidabada mapung pharamde. Eve semлага Adamda purakpa matamda ishorna hai masih yamna phare. Luhonglaba matungda nupina magi mapuroibabu ikai khumnagadabani amasung pisin gadabani hairibasi thajakhraba khudingna Jisu christada pisinjabaga loinana ikai khumnagadabani hairibani.

Nupi amana magi mapuroibada maram khudingda ikaikhumnabaga loinana thabak touba matamda nupanasu mahakpu henna nungsiba utpa ngamgani aduga nupigi apamba adusu khangbigani. Nupana nupi nungsibaga nupina nupa bu ikai khumnabga punna chatminnei, masina imung aduda haraoba leigani amadi angangsingbu aphaba lambida purakpa ngamgani. Nupi mayam amadi angang kayagi

mamasu oibagi ayaba ishorna pinabi. Biblena keidoungeidasi nupi khudingmak mama oigadabani haide. Ishorna bor pinabibadagi mama oiba phangjakhraba misingna angangsingbu sennabagi thabak asi yamna lumna lougadbani. Mama amana tougadaba thabaksing asi kana amattana mahut sinba yaroi. Mahakki thabak asi angang poktringeidagi hourabani, poklaba matung matam khuding mamagi tougadaba thabak yammi. Machasingna chaoraklabasu mamagi nungsiba, ngaksenbiba, semgatppiba amadi thougatpiba angang khudingna darkar oi.

CONCLUSION

Prithibigi mapham khudingda imung amana chaoraba mapham kalli. Ishorna nungsi, ngak senbi, khudingmak pinabi, taibangpal asisu – imung ama leibagi maramna. Ishorgi apambagi matunginna imung asi semkhibani aduga imungda authority sinnabani. Imung amabu hanthana louba asi satanna khudongchaba loubani amadi masina ishodagi lakpa bor adu manghalli.

Hingliba pumnamakna Christa asi khuding gi mayaida leihan gadabani. Masida jati khudingna, church khudingna aduga family khudingna Christabu sengna ikai khumnagadabani. Luhongba asinasu christabu centerda thamgadabani. Luhongba asidagi mapung phana nungsiba eikhoina tamgadabani, amana amabu ikaikhumnaba, mibu ngakpiba amadi mibu ngak senbiba eikhoina tammi. Angang yeithaba asidagi leithoktuna aphaba imung ama semgatgadabani, ishorna oihanningba imung ama oiduna mahakkidamak sakhi thokna hingba imung oigadabani.

Chapter 7

Biblical Sexuality

Maram asina nipana mahakki mama mapa thadoktuna mahakki nupidas napsin
gani, aduga makhoi ani hakchang amatta oigani

Gen. 2:24

Maruoiba point khara

- Bible gi matung inna nupa nupi yum panminnabada haktinnabagi nungaibasi ishorna pibibani.
- Bible gi matung inna nupa nupi yum panminnabada ashengba haibadi amakpa leitaba mari thamgadabani.
- Ishorgi plan da luhonglaba nupa amashung nupina angang pokkadabani, hakchang amatta oigadabani aduga ishorgi matik mangal phongdokkadabani.
- Bible gi niyom wangmada nupa amasung nupi tinnaarabadi madu papni aduga thawaida, hakchangda amasung wakhalda shonthaba leigani.

Scripture References

Genesis 2:24, 1 Corinthians 10:31, 1 Timothy 3:15, Genesis 4:1, Luke 1:34, Genesis 1:27–28, Proverbs 5:15-19, 1 Thessalonians 4:3, 7, Malachi 2:14-15, Psalm 139:13, Romans 8:5–8, 1 John 1:9, Hebrews 13:4, Matthew 5:28, 1 Corinthians 6:13b, 18a, 2 Corinthians 10:5, Job 31:1, 1 Samuel 16:7, Philippians 4:8

Ishorna shembiba khudingmak asi aphabani aduga mahakki matik mangalgidamak khudingmak asi shembiribani. Madugi manungda nupaamasung nupi tinnaba asisu amani. Mashina nupaamasung nupi anigi marakta leinaba khawaiadagi henna nungsiba mari adu utli. Haktinnaba matamda makhoi ani amatta oi aduga masina nungsi mari phagathalli. Paul na 1 Cor. 10:31 da haibagumna “nakhoina touba khudingda ishorgi matik mangalgi damak tou” haiba asida nupaamasung nupi tinnaba asisu yaore. Maram aduna ishorna ayaba maongda thabak khudingmak niyom chumna tougadabani. Aranba lambida khong thangjillubadagi oirakpa yabasing adudi—

1. Sherannaba wakhala khallakpa
2. Madam pumbada sex gi wakhalda adum leiba
3. Nupi oibisingi mingchat thihallakpa
4. Pamdaba mirollakpa
5. Puknundagi angang louthokpa

Karigumba maram kharadagi nupa nupi leiminnaba amadi tinnabagi matangda wari sabasi amadi khanna neinabasi apanaba oiba yai. Eikhoigi chatnabida masina ayetpa oiba yai adubu ishorna shembikhraba pot pumnamak asi eikhoina mayek sengnakhanna neinagadabani (sex asisu ishorna sembibani). Imung amaada mapa mama khak nattana machasingdasu sex gi madangda wari sanagadabani. Machasingnasu sex gi maramda khangbasi mama mapadagi tamhourabadi khawaiadagi henna phabani. Taibang gi oiba marup mapangsingdagi , thabak suba maphamdagi , schooldagi amadi atop atoppa maphamsingdagi sex gi maramda tambabudi ishor kiba imungdagi haibadi mama mapadagi khanghoubana phei. Mama mapagidamakta masi awaba ama oibadi yai adubu masi oithoitabadi natte, prathana amadi thawai ashengba gi mappana masi oithokkani. Church gi pastor amadi luchingbanasu sex gi maramda takpi tambibasi yamna maruoina lougadabani. Ishorgi mioising maruoina luchingbasing asi achumba yumbini (1 Tim 3: 15). Khawaiadagi phabadi nupana nupasing gi marakta amadi nupina nupising gi marakta takpi tambiba asini. Houjik matam asida eikhoigi ichasing, yum pandriba mioising amadi imung kaya ama church gi mateng yamna darkar leiri. Taibangpal asida church asina yamna chaona tougadaba thabak leiri madudi mioi khudingda ishorna sembikhraba taibang mi asina khawaiadagi mamal tangba amadi pandam amaga loinana sembibani.

BIBLICAL SEXUALITY HAIBASI KARINO

Ishorna sembikhraba potsing gi manungda sex asisu amani. Adubu ishorna masi luhongkhraba nupa amasung nupi anigi marakta hakchang gi oina nungainaba, wakhalbu pelhannaba yamna maruoiba amani. Masi niyom chumna amadi mapham chana shijinnaba matamda ishorgi matik mangal oi. Masi ishorna eikhoigidamakta sembiba aduga eikhoina ishordagi phangjaba mamal tangba khudolni. Nupa nupi ani haktinnaba matamda ishorna nupigi angangkhaو hangdokpi aduga anouba punsi ama sembada ishorga punna saruk yaminnei (Ps. 139:13 --- eigi imagi puknungdagi nahakna eibu sabire).

1. Luhonglaba matungda nupa nupi tinnaba asi ishordagi phangba aphaba khudolni.

Ishorna pibiba khudol mayamgi manungda nupa amasung nupi haktinnaba asisu aphaba khudolsing gi manungda amani. Animak hakchang gi apamba thungbakhak nattana ishorna masi pandam amaga loinana sembikhiani “nacha nashu pokchou amasung yamkhatchou aduga malem thalhallu amasung khudum chanchou. Aduga samudrada leiba ngasing gi, atiyagi ucheck waya amasung malemda chatliba ahingba jiba khuding gi mathakta panjou” (Gen. 1:28). Aduna sex ga dhara sandokpaga punna chatmoinnei.

2. Luhongba matungda nupa nupi tinnaba asi amakpa yaodaba asengba oigadabani.

Sex asi amotpa natraga phattaba potsak ama natte. Luhonglaba matungda niyom chumna (Bible gi matung inna) pangthokpada ikainingai karisu yaode. Matam pumbada cheksinna ishor kibaga loinana sengna leigadabani (1 Thess. 4:3,7).

ISHORNA KARIGI SEX SHEMBIBANO

Nupa nupi ani haktinnaba asina hakchang amata oihalli aduga masina dhara sandoknabagi lambini. Masigi thabak asi amuk toukhibana loiba naide habadi masi matam matamgi matung inna hanna hanna pangthokpa amani.

Ishorna eikhoigi punsida nungaiba natrraga apenba asi pinabi. Khudam oina haiba tarabada chabada thakpada tumbada aduga haktinnabada. Chaba asi nungai aduga ape nba pok I adubu apenba asina chabagi maruoiba pandam adudi natte, hakchang gi darker oiba machal phangnabani. Tumba haibasi apenba phao I adubu apenba asina tumbagi marupoiba pandamdi natte, hakchangbu pothahanba asina tumbagi maruoiba pandamni. Aduga sex (haktinnaba) toubada apenba phao I, adubu masikhakna sex gi maruoiba pandam oihanbadi yade maramdi dhara sandokpa asina sex gi maruoiba pandamni. Mioi kharana chaba thakpa amadi tumba asi lanna sijinnei haibadi nisada laichuba asina, atanba misingna amadi thabak leitaba misingna niyom lanna sijinnei. Adugumna mioi kharana sex asisu niyom lanna ngaihakki hakchang gi apamba thungnabagidamakta sijinnei, makhoina ishorgi phajaba khudol asi manghalli.

1. Nupa ama oina tougadaba

Nupasing asi tabak thouram khudingda maruoina chingbigadabani aduga imung manungbu yengsinbigadabani. Ishorna mapasingda pibiba thoudangsing asi nmapungphana phajana pangthokpa ngamlabadi prithibi asi por phangba maphamk ama soidana oigani. Nupasingna aphaba oirabadi nupisingsu aphaba amadi ikai khumnabada matik chabising soidana oigani. Mapa oibasingna aphaba mi oirabadi machasingna kanabusu kiningai oide aduga achumba asenga amadi ishorbu kiba machasing semgatpa soidana ngamgani. Eikhoigi leiphamda yamna darkar oiribadi mathou masak khangba nupa asini.

Maruoina ishorna nupasingda pibiba thoudangsing asi soirabadi, imungda aduga leikaida aduga government gi mayokta aranba touba hourak i. Adudagi satangi thabaksingda tapna tapna khong thangjinba hourak i. Imungda kang khong chaiba, leikaida phattaba mi oirakpa aduna aranba lambida sex gi thabak tourakpa oiba yai. Angang yeithaba asigi khwaidagi chaoba maram amadi niyom lanna sex gi lambida khong thangjilluba asinani. Chahi amada angang million 42 hattokliba asigi maruoiba

hourakphama amadi niyom lanna sex touba asinani. Nupasingna karisu khanba toudana nupisingbu hekta hakchang gi apamba thungnanaba sex tou i. Aduga mirollaba matungdana angangdi pamdrabanina hattokpa tabani. Asengbagidi mapa oibasingna angangsing gidamak shibigadabani adubu madugi onna teinabada nupasingna angang yeithabada nupisingbu pukning thougatpiri. Nupa khudingmakna cheksinna amadi niyom chumna sex asi tougadabani.

2. Nupi ama oina tougadaba

Ishorna ahanbada nupa sembi aduga konna nupi amuk sembibagi maramsi yamna chaona lei. Madudi nupabu loinabinaba, mateng pangbinaba aduga nupabu thouna happenabani. Makhoi ani leiminnaraba matamda amana amagi mateng pangnaduna mapung phahalli. Masigi manungda nupa nupi haktinnaba asina henna chaoba leiminnabagi pandam adu phanghalli. Shembiba mapu ama oina ishorna hakchangbu shembi aduga nupa nupi haktinnaba asisu ishorna shembi. Tinnaba asina anigi mari phagathalli, nungsinaba hengathalli. Mama mapa ani nungsinaba family ama oirabadi machsing adu semgatbada yamna laina thok i.

Papna maram oiraga lam lamgi chatnabi kharada luhongba asi yamna laina loubaga loinana nupisinggi punsida sex gi apambasu hanthana loubasu lei. Adubu ishorna sembiba matamda nupagisu nupigisu hakchang gi apamba asi sembikhrabani. Nupi kharana luhongba mamangda sex asibu lanna sijinnaba lei adubu maduna luhongbagi punsida chaona akaiba pi. Kanagumbana luhongba matungda niyom chumna sex touba oiragadi maduna ishorbu thagatbaga loinana, wakhal nungaina, pukning pennia amaga amaga share touminnei.

Ishorna nupa amasung nupi anisi amana amabu kallakpa oinanaba shembiribani. Nupi amagi maong matou amadi mahakki maithong asina nupasingbu kallakpa phaohalli. Hakchang gi oiba kayat (part) mayam asina maram oiraga nupi amabu hek uba matamda kallakpa phaoribani. Maram aduna luhonglaba nupisingna magi magi nupasingbu attract tounabagidamak mahakki hakchangbu phajana thamgadabani. Ishorna sembiba matamda nupishingbu nungsina toubiba amadi ngaksenbiba asi yaokhrabani. Piklibi nupimachasingbu mapasingna makhoi phajei haiba pamjei aduga nupi oibisingna makhoigi mapuroibasingna nungsina , phajana, cheksinna yengsinbiba adu pamjei. Aduga nupi oibi kharana makhoigi nungsiba phongdokpa oina sex pithokpa asi aranba wakhallon amasung thabakni. Ishorna nupa nupi animak

amana amabu ikai khumnabaga loinana niyom chumna yum panminnaba pam i. Luhongbagi wangmada aranba lamchat chatpana angang yeithaba (abortion) gi achouba maram amani.

BIBLE GI WANGMADA TINNABA

Ishoorna sembiba khutsem asibi ikai khumnadaba matamda mioiba amagi value asi hanthrak i. Magi magi apamba phangnaba hotnabada imung amagi phajaraba maong matou adubu manghalli. Hakchang gi oiba aranba mari thamlaktuna imung aduda leigadaba tung gi oiba mari adu mangtharak i. Ishorbu thajaba (believer) amana luhongdringei mamangda hakchang gi mari thamlabadi mangonda akiba, ikaiba amasung luhongbagi lambida khong thangjinbada mapung phadaba amadi aaranba, chingnaba wakhal soidana phaogani. Masi satan gi plan ni. Satanna eikhoibu magi lambida chingnaba yamna kanna hotnaduna lei, aranba lambida matam pumnamakki oina chathanba, phattaba wakhal matam pumnamakta khalhanba, ishordagi matam pumnanmakta lapna leihanba satangi apambani.

1. Ishorga sex ga onthoknaba
2. Media (pao-che) na sex gi thabak hengat hanba
3. Aranba lambida khong thangjillaga thamoi kaihanba
4. Wakhal da matam pumbada lallaba mioi ama oina khalhanba
5. Papgi minai oiduna leiba
6. Papta taraba mioisingna amuk lamchingba ngamlaroi khalhanba
7. Itomda problem solve touba ngamgani haina khalhanba

LUHONGBAGI WANGMADA SEX TOUBADAGI OIRAKPA YABASING

1. Thawaida (Spiritual) shontharakpa

Satangi yamma maruoiba plan adudi mioi khudingmak yaribamakhei ishordagi yamma lapna puthokpa aduni. Masi mahakna upai ama touraga ngamnaba hotnei. Nupa amadi nupi anina niyom lanna haktinnaba asisu satanna thakpa lang amani. Masigi lang asina thukhrabadi amuk hanjillaga touningbagi wakhal satanna phaohalli. Ishordagi lapna puthoktuna satanna believersingbu thawaigi lambida sonthahalli.

Masina ishorbu khurumbada ikaiba, hanggoiba, heinadaba, akiba kaya poklaktuna mahak mathanta ishordagi lapthokhalli.

Sex gi pap asi yamna sathiba papni madudi eina masi toukhrabanena ei ishorgi mangda lankhre aduna eina amuk hanna toubada karisu kaiba leitre haina stanna wakhalda khanhalli. Adubu Rom. 6:1 da haibagumna eikhoina pap toina tourabasu ishornabudi ngakpigani adubu madu eikhoina hanna hanna touba asi Bible gi wangmadani haiba kaoroidabani. Papta siraga leiraba eikhoina matou karamna adum pap touduna punsi lengadage ?? aduna thajakhraba mioi khudingna khangdaba yadaba adudi papna (acouba macha khaide) eikhoibu ishordagi lapna tham i. Adubu kanagumba amana pukning hongduna hallaklabadi mahakpu ngakpigani amasung sengdokpigani, ungimna amuk ngouhanbigani (Isaiah 1:18). Ishorna kokpiba ngamdaba pap amatta leite.

2. Pukning sontharakpa

Ishorgi mitam luoduna semkhraba eikhoise amaga amaga nnungsinana leiminnagadabani. Nupa nupi haktinnaba (sex) asina asengbagidi yamna chetpa mari puraktuna nungsinaba hengathalli. Adubu aranba lambida sex touba misingna makhoigi punsida yamna toina cheitheng pi, anigi marakta leinaba mari phaoba tatnahalli. Ishorna sex haibasi luhonglaba matungda nupa nupi animakki sembibani. Masina hakchang gi apamba thunghanba khak nattana anisi amatta oihallibani .

Luhongbagi wangmada nupa nupi tinaba asina makhoi anigi marakta nungainadaba poklakpa yai. Masina maram oiraga nungsinabagi mahutta wakhal pukning yamna shokhalli. Aduga makhoigi tungda lakkadaba luhongbagi punsidasu yamna chaona ayetpa ama oirakpa yai. Lanna sex touba asina amana amabu thjaba hanthanaraktuna anigi marakta kainarakpasu yai. Asumna touduna anigi thamaoi (pukning) sontharakpa yai. Aduna wakhal chumna leinanaba, phattaba wakhalna eikhoibu pukhidananaba, papki wakhal khandananaba luhongdringei amadi luhongbagi wangmada sex keidoungedasu touroidabani.

3. Hakchangda oirakpa

A. Pamdaba mirollakpa

Ishorna sembiba matung inna sex toubagi maruoiba pandam amadi dhara sandokpa asini. Maram aduna kanagumbana sex touba matamda yamna toina mironba pokhalli (eikhoina madu pamba natraga pamdaba). Karigumba mirollakpa taragadi aduga masigi angang asibu mama mapana pamdaba oiragadi upai atei leite adubu hattokpa tabani. Angang yeithaba asi luhonglaba natraga luhongdriba mina adum pangthok i. Hakchang gi oiba apamba thunghanbada pamdaba mirollakpa oirakpana chahi amada mioi million 42 angang yeithabagi thabak touribani. Nupi amagi punsida angang louthokkhiba matamda oirakpa yaba maram kharasu lei.

- Misingna makhoibu ikaikhumnapiroktaba
- Magi partnerna thajaba watlakpa (inthokpiba)
- Nupigi maithongda ahongba kaya lakpa

B. Laina makhala kaya narakpa

Sex touba matamda nupaamasung nupi anigi marakta lounaganba laina (infections) 25 rom lei. Luhongbagi manungda nupa nupi tinnaba asina hairiba lainasing asidagi ngakthokpa ngam i. Luhongdringei natraga luhonglaba matungda sex touba partner ama yaorabadi maduna magi imungda puraktuna family apumba awaba tahalli. Asum touduna mathang mathang sandokkhiduna prithibigi mapham khudingda sandorakpa yai. Aduna hakchang gi oiba problem kayadagi ngakthoknanaba luhongbagi wangmada nupa natraga nupi aduna keidoungedasu sex touroidabani.

SEX LANNA SIJINNABA

Pap haibasina achumba, apha, amadi asengbabu aranba lambida puthokpa aduni. Ishorna eikhoida touhanningba pumnamak adu papna eikhoibu ishorgi mayokta leinabagidamak yamna kanna chingsilli. Sex haibasi satanna yamna toina sijinnaba papki lambida puraknaba khutlai amani. Masida satanna sijinnaba khutlai kharadi:

- Pornography (sex gi photo natraga video)
- Prostitution (peisaga sex ga onnaba)

- Nupa nupi khainaba
- Pamdaba mirollakpa aduga angang yeithaba
- Nupibu phuba
- Rape (namduna sex touba)
- Mari – mataga sex touba
- Homosexuality (sex mannaba ani tinnaba)
- Sex trafficking (sex gidamak mi phaba)

Prithibida houjik chatnariba achouba aranba ama haiba taragadi sex mannaba ani tinnaba (homosexuality) asini. Ahongba naiba taibang asida pap asi yamma tou I adubu hongba naidaba ishorgi wahei (Bible) na masigi mayokta lei. Old Testament amadi New Testament animakta masigi matangda eikhoida yamma kanna takpiri – masi tukkachaba potni, mahousa natte amadi aranbani (Lev. 20:13; 1 Cor. 6:9-10; Rom. 1:26-27). Churchna asigumba thabak touriba missing asiga tinnabada phattana amadi tathi ta-oina touroidabani adubu ishorgi waheina haibagumna masida saruk yadabaga loinana eikhoi yamma lapna leigadabani. Kanagumba mishak amana asigumba papsing asidagi lapna leinabagidamak khwaidagi maruoiribadi self-control (masana masabu cheksinjaba) asini. Homosexual asi yumpandriba misak amana hakchang gi apamba haibadi sex pamba aduga chap mannei. Churchgi leadersingna yamma cheksinna believer khudingbu sennabibaga loinana Bible dagi pukning thougatbibaga loinana masa matomta control touba ngamnaba (thawai asengbagi mapanna) prathanaga loinana sennabigadabani.

Adubu eina hairi, madudi thawaigi mapanna chatlu, adu oirabadi nakhoina hakchang gi apamba adu thunghalloi. Maramdi hakchang gi apamba aduna thawaibu yeknei, thawaigi apamba aduna hakchang bu yeknei; maramdi nakhoina touningba adu toudanaba makhoi amaga amaga mayoknei. Adubu thawaina nakhoina chingbirabadi, nakhoi wayel yathang gi makha ponder.

Aduga hakchang gi thabaksing adudi mayek seng i: madudi mitu miwa lannaba, nupa nupi lannaba, shengdaba, ludaba lamchat, lai murti latpa, hikap yaikappa, yengthinaba khatna cheinaba, kallakpa, mei houna saoba, tokhai tanaba, yanadaba, nakpak tanaba, khambanba, mi hatpa, yu ngaoba, makhe langba amasung masiga mannaba makhei; eina nakhoida hanna haibagumna, eina

houjik nakhoida mangjounana hairi, madudi asigumba thabaksing touba mi khudingmaknaishorgi ninghtou leibak adu phangloi.

Adubu thawaigi maheidi nungsiba, haraoba, ingthaba, khangheiba, chanbiheiba, aphaba thajaba yaba, pukning tappa amasung masa khudum chanjaba; hairibasing asigi mayokta wayel yathang amatta leite. Aduga khristagi oikhrabasingna hakchang adu madugi phattaba wakhal amasung apambasing aduga loinana crossta hatkhre. Thawaigi mapanna eikhoina hinglabadi eikhoina thawaigi mapanna chatsi. Amaga amaga eikhoina saohannaduna amaga amaga khambannaduna eikhoina napal touganusi.

Galatians 5:16-26

CHURCH AMASUNG NUPA NUPI TINNABAGI PAP

Nahak church da leider ama oina leirbra? Nahak asengba punsida hinglibra? Nahak luhonglaba mi oiragadi yum panbagi lambida sengna lellibra? Nahak thawai asengbagi mapanna chatlibra?

Believer amagi punsida lakpa yaba achouba athembasing gi marakta nupa nupi lannabagi pap (sexual sin) asisu amani. Jesu Christana sex gi pap asi apambadagi hourak i haina takpi aduga apamba asina thamoidagi hourakpani.

Masi haikhiba nakhoina tare, nahakna mitu miwa lannaroidabani. Adubu eina nakhoida hairi madudi nupi amada pamna yengba aduna mahakki thammoida lannabagi thabak toukhrabani. Nahakki yet thangba khutna nahakpu khudi thihallabadi, kotthoktuna madu nangondagi langthok u; maramdi nahakki hakchang apumba norokta chatkadabagi sarukpudi, nahakki hakchang kayat ama mangkhibana nahakkidamak henna phei. Matt. 5: 27-30

Nahakna kanagumba mioi amada hakchang gi apamga aduga loinana yengba yaokhrabra? Nahakna luhongdrngei natraga luhonglaba matungda nupa nupi lannabagi thabak touba yaokhrabra? Karigumba nahakna asigumba lambida khong thangjilluba taragadi, ishorna nangonda touhanningba ama lei madudi nahak houjikmak ishorgi mangda pap haidokjaduna changjagadabani. Ishorda minamba yade aduga keidoungeidasu yaroi. Nahakki pap aduna thamoida akiba phaorakpa matamda ishordagi lapthoknaba hotnagnu adubu ishorbu kibaga loinana mangonda

pap haidokchou. Nahak maning tamba mi ama oiduna amuk hanna ishorgi mania ama oiba yai. Kana amattana ishorgi thawai dagi lapna chenba ngamloi (Ps.139).

Nahakna church gi leader ama se gi pap asida sharuk yaduna athembada taba thengnarabra? Mahakna houjiksu church gi leader ama oina leiribra? Asumna tourabadi mahakna luhongbabu ikai khumnaribra amadi luhongbagi phamung adu shengna thamlibra? Mahakki nupi amasung angangsingna karamba punsida leiri? Asigumba makhalgi wahang asi nahakki areada hangbada nungairamdaba yai aduga sex gi matangda phajana takpi tambibada maning tamba leiramdaba yai adubu asengba punsida mipum khudingnaleinabagidamak eikhooina masi khangba tabani. Masigumba papta lupkhraba mioisingna masi phatte amadi lalli haiba khanglaktuna magi thamoida awabva adu ishorna pinabiba oirasanu (1Cor. 5:2).

Nakhoina nupa nupi lannabasing ga tinnadanana naba eina nakhoida chithi asi ikhrabani, madudi taibangpal asigi nupa nupi lannaba natraga karamba , natraga namja namtheknaba, natraga lai murti latpasing aduga tinnadanana eina haiba natte, adu oiragadi nakhoina taibangpandagi chathokpa tagani. Adubu thjabani haiba kanagumba amana nupa nupi lannaba, natraga karamba, natraga lai murti latpa, natraga wahei kotha thiba, natraga yu ngaoba, natraga namja namtheknaba mi oirabadi mahakka tinna totnaganu haina eina nakhoida ikhrabani; asigumba amaga chaba phaoba chaminaganu. Mapanda wayennanaba eigi ithou kari leibage? Manungda leibasingbu nakhoina wayengadabra nattra? Adubu ishorna mapanda leibasingbu wayelli, maram aduna nakhoigi naraktagi phattaba mi adu louthok u. 1Cor. 5:9-13

Church gi leader aduga believer amana paptagi pukning hongduna ishorgi lambida lakhraba matungda amuk hanna pap toudnaba hotnagadabani maramdi pap asiga ishorga keidoungeidasu punna chtminnaba yade. Atopppa papsingdagi sex gi pap asina yamna henna khudong thinngai oi maramdi pap ateina hakchang gi wangmada toubani adubu sex gi pap asidi hakchang manungda pap tou i. ishorgi waheina thajakhraba mioi khusingda cheksin wahei mayam ama hairi:

Dharmachendaba misingna ishorgi leibak phangloi haiba nakhoina khangdra? Nakhoibu minamhanganu, nupa nupi lannabasing, lai murti latpasing, mitu miwa lannabasing, sharamjat chatpasing amasung nipa mashel haktinnabasing, huranbasing, karambasing, yu ngaobasing, wahei khontha

thibasing amasung namja namthek toubasingna ishorgi ningthou leibak phangloi. Nakhoi kharadi asigumba mising oirammi , adubu nakhoibu chamthokpire, nakhoibu shenghanbire, ibungo Jesu Christagi mingda amasung eikhoigi ishorgi thawaina nakhoibu chumhanbire. 1 Cor. 9:6-11

Kanagumba mi amana sex gi paptagi mai leiduna hallakapa matamda, mahakpu yam nungsinsa amadi cheksinna loinabigadabani. Mahakki awabada saruk yaminnaduna, pangba yaba mateng pangbiduna amuk hanna phattaba lambida chatkhidanana hotnagadabani.

Ichin inaosha, karigumba papta taba mi ama pharabadi, thawaigi mi oiba nakhoina pukning tappaga loinana asigumba mi ashibu chingkhatpiyu, nahakpusu themdanaba nahak nasa cheksillu. Nakhoi amana amagi potlum puminnou, adum touduna Christagi wayel yathang adu thunghallu. Maramdi karisu nattaba mi amana amhak masabu karigumba amani haina khallabadi, mahakna masabu minamchabani. Adubu mi amana masa masagi thabak chang yengchasnu, aduga mahakna atoppagi maramda nattaduna mahak masa mathantagi maramda chaothokchapham leijagani. Maramdi mi khudingna masa masagi potlum pujagadabani. Galatians 6:1-5

Thajakhraba(believer) khuding gi thamoida mibu nungsiba amadi kokpioba ngambagi thamoi amadi sharuk yaminnanagi wakhal adu leigadabani. Kanagumba amabu pap toubagdamak church ta warakpa matamda mahakpu nungsibaga loinana amuk hanna aphaba achumba lakenbagidamak thabak loukhatkadabani

Kanagumba amana pukning wahallabadi, mahakna eibu pukning wahanba natte, adubu khara phaobadi nakhoi pumnamakpusuni masi nakhoida potlum oidanaba haibani. Adugumba mioi adugudamaktadi, mi ayamba na piba cheirak adu mahakkidamak yare. Amaromda adugumba mahak adu pukning wamanba aduna yotsinkhidanaba nakhoina mahakpu ngakpipa amadi themjinbiba phei. Madugi maramna nakhoina mahakpu nungsi haiba utnaba eina nakhoida insinjari. Maramdi nakhoi maram pumnamakta haiba inbra haina chang yengnaba eina nakhoida ikhibani. Nakhoina kanagumba mi amabu karigumba maram amagidamak ngakpirabadi, einasu ngakpi; maramdi eina kanagumbabu ngakpigadaba maram leirabadi, eina ngakpikhraba adu nakhoii gi maramgidamak Christagi mangda eina ngakpire, nattrabadi satanna eikhoidagi

khudongchaba lougani; maramdi mahakki khujin thourangsing adu eikhoina khangdaba natte 2 Cor. 2:5-11

Church gi leader ama oirabasu nattraga icham chamna thajaba mi ama oina leirabasu, luhongba mi oirabasu, luhongdriba mi oirabasu, khudingmakna shengna chumna punsi lengadabani. Ishorgi waheina eikhoida mayek sengna haiduna lei, "Ishorna punsinbikhraba adu kana amattana khaidoktasanu" (Matt.19:6). Luhongdriba misingnasu nupa nupi lannabagi thabaktagi lapna leisanu, karigumba mangda pap toukhiba leiragasu. Ishorgi thoujalga thawai asengbagi pangbiba aduga eikhoi punna hotnaminnaduna, ashengba luhongba punsigi mahing amada punna hingminnasi. Luhongba asina, nupa nupi anigi marakta leinariba mari asina, Jesu Christa amadi church anigi marakta leinariba mari adu miyamda utthoklibani haibadu kaoroidabani.

MATOU KARAMNA (SEX) PUNSI SHENGNA LEIGANI

Mamangda haikhibagumna, eikhoigi punsida hanna arnaba lambida khong thansinkhiba leikhiba taragasu, Ishorgi apambadi magi mi khudingna asengba punsida hingba asini. Amambangi punsi mahing loinamat thadoktuna thawaigi mapanna chatkadabani, hakchang gi apamba matunginna chatpa misingna keidoungeidasu Ishorbu pelhanba ngamde (Rom 5:5-8), adubu ishorgi waheigi mapanna chatpa taragadi, masigi mayokta leigadaba leigadaba phattaba karisu leite. Maram aduna pukning hongduna ishorgi ngakpiba phangnaba hotnagadabani.

1. Luhongbabu ikaikhumnasanu

Ishorgi waheigi matung inna luhongba asi yamna laina louba yade, masi ishorgi mangda pangthokpa thabakni. Luhongba haibasi maram pumnamakta ikai khumnaningaini, aduga phamung mangthoktasanu (Heb. 13:4). Luhongbagi wangmada nupa nupi lannabagi thabak touba mi khudingmak luhongbabu ikai khumnadabani aduga masina luhongbagi phajakhraba artha(meaning) adubu manghalli. Nupa nupi lannabagi thabak asina imungda kang khong chaihalli loinana mchasingdasu ingthaba punsi phangba leite.

2. Hakchang gi apamba (phattabasing) dagi chenthok u.

Eikhoigi khunnai asida papta tananabagi maram kaya ama lei. Restaurant sing, amamba hotel gi kasing, aduga achikpa mi udaba chingya tamyasing, hairiba

maphamsing asida chattuna sharuk yarurabadi shoidana eikhoi hakchang gi apambada chtkhiba yai. Bible na hai madudi hakchang asi sex tounabagidamak semlakpa natte adubu ishorgidamakni sex gi apamba papsing adudagi chenthok u (1Cor. 6:13-18). Paul na mapham asida hairiba asida eikhoina yamna mayek sengna khangi madudi eikhoina phattaba thabaksing asi uraga mit uisillaga leiba yade nattraga kok nontharaga leiyu haide adubu Paul na hairibadi papki mapham asidagi lapna chenthok u haibani.

3. Eikhoigi wakhal asi Christada pisinjasi.

Paptagi chenthoraklaba matungda eikhoina amuk hanna chatludanaba achouba phaklang (wall) ama semgatpa tabani, madudi eikoigi wakhal asi christada prathanaga loinana pisinba matamda ngamgani (2Cor. 10:5). Job na hai, mahakki mitka wa lepnaba ama lei madudi phattaba wakhallonga loinana nupi amagi maphamda yengloi (Job 31:1). Masigumna thajakhraba mioi khudingna wakhalda chetna washa amaga loinana phattaba sex gi pap aduda tadanaba hotnagadabani.

Aroibada ichin inaosha, achumba makhei, ikai khumnaba yaba makhei, dharmachenba makhei, asengba makhei, yannaba yaba makhei, aphaba paodam makhei, karigumba aphaba gun amasung thagatpa yaba leiragadi, hiramsing asida wakhal tou. (Phil. 4:8).

CONCLUSION (WAROISIN)

Bible gi matung inna nupa nupi tinnaba asi yamna maru oibagi maramdi masi ishorna pibibani, niyom chumna shijinnabana angang yeithaba adudagi kanba ngamgani. Satangi thabaksing adudagi lapna chatthokkadabani, ishorbu kina chatpa misingna, phattaba pap asidagi lapna leiduna, hakchang gi apamba wakhal lakpada madu ishorda sinnaduna, thabak khudingmakta ishorgi matik mangal oinaba hotnagadabani.

Maruoiba wahang khara

1. Nupa nupi haktinnabagi maruoiba purpose sing kari karino?
2. Nupa nupi lannabagi matangda bible na kari haibage?
3. Luhongbagi wangmada haktinnabadagi oirakpa yabasing adu karino?
4. Punsi sengna leinabagidamak tougadabasing adu kari karino?
5. Church gi luchingbasingna paikhatgadaba thoudangsing adu kari karino?

CHAPTER 8

MEEOIBA SHEMLAKPA: MEERONBA AMADI PUKNUNGGI ANGANGNA CHAOKHATLAKPA

Maramdi nahakna eigi nunggi kayatsing shembire; eigi imagi pu knungdagi nahakna eibu shabire.

Pslams 139:13

Tamlibasingna khangjin gadaba:

1. Masagi wahei wata sijinaduna nupagi hakchang manunggi kayatsing; nupigi hakchang manunggi kayatsing; nupigi thagi khomkap amadi meeronba karamna hourakpage tentakna irak-u
2. Phambi thokhiba, angang khaoda marum hapchinba amasung meeronbagi matangda sandokna tak-u.
3. Pu knunggi angangna mammagi pu knungda hourakpagi thourang ani natraga ahumda khangdokлага madu akhang ahei amada karamna sandokna takkadage?
4. Angang poktanaba , nupa nupi khangdoknaba mapham chaba thabak thouram loukhatpham leipham tak-u amasung karamna darkar leiba medicalgi khudongchabasing phanggadage?

Maruoiba Hiramsing

- Ishorna meeoi bagi hingba asi angang khaoda shembi; angangsing asi Ishorgi khudolni.
- Meeoi bagi punsi asi meeronba matam dumaktagi houi, nupagi phambina nupigi marmga tinaba matam angang khao youdringeigi mamangda mapung phaba anouba meeoi ba punsi ama oirak-i.
- Meeronba asi Ishorgi meetamda meeoi ba punsi ama shemba houbagi khudamni.

- Ishorna meeronba amadi puknunggi angangna chaokhatlakpagi mathakta mapuni maram aduna thourang toudaba , pamdaba meeronba amasung pamdaba angang amata leite.
- Meerondanaba nupigi thagi khomkap thingnaba sijinaraga layengba , meerondanaba khudakki hidak langthak sijanaba, ngallingei matamda khudongthiba nangba, mangjounana marum happa, angang yeithaba asinachingbasing asisu meeronbagi manung chanba yai.

Mahousagi oiba maongda angang pokpa hanthahanba makhal makhagi thourangna angang yeithaba thokhande.

Masigi Maramda Mari Leinaba Sastragi Waheising

Duet. 28:4,11; Thagat Eeshei 127: 3-7; Isaiah 40:11; Meihouron: 27-28; 5:1; Jacob 3:7; Thagat EEshei 139: 13-16a; Meihouron 29:31; Ruth 4:3; Jeremiah 1:5; Thagat Eeshei 139: 16; 51:5; Luke 1:41- 44; Meihouron 25:21; 1:15; Thagat Eeshei 127: 3-5; Luke 1: 24-25; Meihouron 22: 17; 9:1; Mark 1o: 13-14; 9: 42; Romans 5: 8; Thagat Eeshei 82: 3-4; Deut. 10: 18; Thagat Eeshei 139: 13-14.

Nupa nupi anina Ishorda mapang oiminaduna haktinabadagi anouba punsi ama shemmi masi ningsingnabagi khudol amani. Haktinnaba haibasi nupa nupi anigi hakchanda , pukningda , amadi thawaida tinabagi maheini. Tinaba asina anouba angang ama shemduna hakchang ama oihanba ngammi, hairiba asi nupa nupi anigi khaidoknaba yadraba khudol amani.

TAIBANGPANGI OIBA MITYENGDA MEERONBA

Taibangpangi oiba miyengda meeronbasi aphaba wakhal oigera phattaba wakhal oigera makhoina pamba pamdaba aningba adugi makha ponde. Karigumba angang adu pamdragadi meeronba adu khudong chadaba tanja ama oina lou-I, aduga yamna toina angang adu anganmg yeithabagi thourangna manghalli. Karigumba meeronba adu apamba oirabadi madu haraobagi mram ama oina lou-i. Hairiba hiram ani asidasu angang asi meeriba punsini adubu eikhoina angangduda yengliba mityeng du tonganbakhaktani.

Angang yeithababu yabasingna hai, ‘angang yeithahanbagi maru oiba maramdi aningba oidaba meeronbadagini’. Aningba oidaba meeronba asi atoppa amaromdana thourang toudaba, pamdaba meeronba oina lou-i. Angang pamba

pamdabada yumpham oiraga poktriba anganggi mamalbu karisu leitana lou-i. Nanggi angang nupa ama leire habagi mahutta ngasidi doctorsingna asumna hainaba hourakle eikhoina nahakki meeronbadu loisille. Masigi wakhallol asina nupi amana mahakki chayol 25 khaktang ngairiba pamdaba puknunggi angangbu manghanbada mateng pang-i. Amaromdana atoppa doctor amana asigumba chap manaba phibam amada mapung phadriba pamdaba angang adugi punsibu kannaba chayol 25 subada pok hanbada awaba kaya maiyoknari. Leibak kharadadi meehtap amasi mee ani hatlubagi cheirak pi maramdi mahakna meeronliba mama amadi machabu hatpagi. Mama natraga mapana angang adubu pamgera pammoidra, angang adu mamal leina naopude , masi ayamba leibaksingda thengnaba hiramsingni. Karigumba apamba oirabadi meeronba asi makhoina aphaba wakhallonsingda: khudol oina, bor oina amadi angakpa thouram ama oina lou-I. Karigumba meeronbadu pamdragana khudong chada thoudok oina lou-i. Aduna nupi na yamna munna achumbadu khangadabani, angandubu hingna thamba, natraga manghanba natraga meeronbadubu manghanba.

BIBLEGI MITYENGDA MEERONBA

Biblegi mityengda meeronbaga taibangpangi mityengda meeronbaga yamna thak wangna khetnei. Mapa mamana pamba oigera pamdaba oigera natraga thourang touba oigera thourang toudaba oiroidra meeronhanba haibasi Ishorgi thourangni. Aduga mapa- mama machabu angang yeithabagi mapanna hatokpa habasi icham chamba wakhallonda ayaba nate maramdi makhoi masana Ishorna louriba thoudangga manahalli. Amaromdana taibangpangi mityengda pamdaba angang asi mapa- mamagi maphamda achouba potlum ama oi, Bible nadi angangsing asi Ishordagi lakpa borni haina mayek shengna hairi (Deut. 28: 4,11; Pslams 127: 3-5; Isaiah 40:11). Adum oinamak yamna tasengba singnaba yaba irang thokpa meeronba kaya ama mapa- mama oibasingna thengnari, makhoibu minungsi chaobi thouna phabi kouba yai.

MEEOIBA SHEMLAKPA

Mee ani haktinabadagi meeoba shemlakpa haibasi angakpani. Meeronba matamdudagi ahingba mee haibadi - hakchang, hingba amasung thawai tasengbamak oire. Keidoungeidasu masiga manaba mee mamangda leikhidri amsung tungdasu masiga manaba mee thoklakloi. Meeoibasing asi ngallingei

matamgi Ishorgi khutshemni maramdi eikhoisi mahakki maongda shembirammi. Meeoiba khudingmakki masa masagi DNA da chromosome 46 yao-i. Meegi hourakpham amasung chaokhatlakpa haibasi DNA gi makha polli. Marum amadi phambi khudingmakta chromosom 23/23 yao-I, masi mapa- mamagi DNA amagi tangkhaini. Meeronba matamda phambigi chromosom 23 ga marumgi chromosom 23 pullaga chromosom 46 yaoba mapungphaba ahingba mee shemmi. Hairiba matam asida angang amagi chaokhatlakpa haibadi nupa-nupi, mitki machu, shamgi machu, khubak mayi, asina chingbasing khangdokpa ngammi. Angang amana mamagi pibuknungda chaokhatlakpada karisu darkar oide sumnatagi chingjak amdi matam nattana. Anganggi ee makhalna mapa- mamagi ee makhaldagi tonganbasi toina thengnei. Mamagi pibuknungda yaoriba angang asi mamagi hakchanggi sharuk amani haibasi aranbani. Masi itong tonganba mamagi pibuknungda chaokhatlakliba ahingba mee amani. Ahingbagi maramda neinaba marileinaba lairiktagi meeobana karamna chaokhatlakpage khangdokpana mahousagi angakpa maongda punsi ama shemlakpagi magun thagatpada mateng pang-I amasung thawai khudingmakpu shembiba Ishworbu khurumbada pukning thougatli.

NUPIGI MEEOIBA SHEMNABAGI KAYATSING

Angang Khao amadi Angang Thorakpham Thong ga Samnariba Utong (vargina)

Vargina haibasi chingthok chingsin yaba marin chatpa rabbergumba nupida yaoba tongsa amani, masina nupigi angang thokpham thongdagi mapan thangba saruktagi houraga angang khaogi makha thangba apikpa saruktu phaoba sandoki.

ANGANG KHAO

Angang khao asi manung hoba amadi mathak makha onnaba naspati manba nupigi hakchang manunggi kayat amani. Meeyai challaba nupigi angang khao asigi asangbana inch ahum (7.5cm) ni, apakpana inch ani (2.5cm) ni, aduga athabana inch ama (2.5cm) ni. Masi nupigi ningjol anigi marakta makha thangba sarukta lei. Angang khaogi makha thangba sarukna (cervix) angang khaogi thong (vargina) ga samnahalli, aduga masina nupigi mapanthang angang poknaba kayatka amuk samnahalli. masigi mathak thangba saruktana angang marum thokphamga angang

khaoga samnariba utong(fallopian tubes) na angang marum thokphamga (ovaries) samnahalli. Angang khao asi poktriba anganggi yumni. Angang khaogi kuyom asi shadong mayamna pullaga shembani maram aduna angangna chaokhatlakpagi matung inna angang khaosu chaotorak-i. masigi shadongsing asina angang pokpa matamda angangbu makhathangba sarukta intharakada amadi pokpada mateng pang-i.

ANGANG MARUM THOKPHAM (OVARIES)

Masi angang khaogi nakan animakta yanglen sarugi maya lei. Ovary amagi maong matou asi makhum yaoba (almold) uheiga manei, aduga ashangbana 4cm (1/12inches)ni. Ovary singgi mathoudi marusing (eggs)amadi mahising (hormones) puthokpani. Masi mahi nupigi hakchang(khom, hakchangi tuhaosing, hakchang phibam sinachinhbasing) mahousagi oiba maongda kaidana thambada, thagi khongkap chang naihanbada amadi angang meeronhanbada mateng pang-i.

MARUM (EGG)

Angang poktringei mangjounana nupida ovary singna marumsing thadorak-i. angang pokpa matamda nupina mahakna tungda puthokkadaba marumsingsu yaona loina lei aduga mahakki hakchangna amuk makha tana marum puthoklalo-i. marum khudingmakta cell amamam amadi chromosom 23/23 yao-i, nupigi DNA gi saruk tangkhai amani. Masigi chromosom sing asida mamagi hourakpham yaoi, masina mapagi hourakpham yaoba chromosom singasiga meeronba matamda marumga phambi punsinnei.

ANGANG MARUM THOKPHAMGA ANGANG KHAO SAMNARIBA UTONGSING (FALLOPIAN TUBES)

Utong ani asi angang khaogi mathak thangba sarukki nakan animakta lei aduga ovary singga samnahalli. Makhoina marumsingbu ovary dagi angang khao phaoba pubagi thabak tou-i.

THAGI KHONGKAP

Tha khudinggi nupigi braingi saruk amadagi hormone kouba mahising mathang mathang thadoraktuna nupigi angang shemnabagi kayatsingbu amaga amaga mateng pangnadu mathou ningthina touhanba ngammi. Mahi asina ovarysingbu panggal kalhanduna angang naopuba amadi pokpa matamda darkar oiba

marumsingdagi (40000 eggs) henna thadokhalli. Mahi asina angang khaobu thagathanduna meeronba yanaba thourang touhalli.

Meeronbada mahi asi henna darkar oi, masi angang khaobu meeronba yaba phibamda amadi anouba punsi adubu yok thaknaba thourang touhalli. Karigumba merondaba tarabadi angang khaogi kuyom adubu eena thalhallaga ee adu hakchanggi mapanda thagi khongkap manungda thadorak-i. thadorakliba ee asi vargina dagi chaorakna numit ahumdagina taretni phaoba leptana chatli. Masigi khongkap asi thakudinggi amuk amuk lak-i. masi nupi amaga nupi amaga mahakki hakchanggi phibamgi matung inna khetnei, chaoyakna numit 26 tagina 32 phaoba oiba yai.

NUPAGI ANGANG SHEMNABAGI KAYATSING

Nupagi Yung Hannaba Kayat (Penis)

Masi nupagi hakchanggi mapan thangba haktinanabagi kayat amani. Masina angang shembagi ahanba mathou touba amadi hakki isingbu hakchanggi mapanda thadokhalliba nupagi hakchanggi kayat amani.

Athibam (Testes)

Masi nupagi haktinanabagi hakchanggi kayat amani, masina phambi puthok-i, nupagi angang shemnaba cell ga nupigi marumga punsinnaraga ahanba meeoba mitamlakpagi tangkak oirak-i. haktinaba yaraba nupagi athibam anina apikpa phambigi million kaya ama puthokpa amadi tungsinduna thamba ngammi. Athibam ani asi yerum maoang mali, masigi ashangbana inch anini (5.1cm) duga koibana inch ama (2.5cm) ni. Masi mapan thokpham kayatki makha thangba sarukta unsana kupsillaga lei.

MEERONBA KARAMNA HOURAKPAGE

Nupiki thagi khongkap houkraba chayol anigi matungda ovary na maru thadokpa hourak-i. masubu marum thadokpa kou-i. marom asina utong (fallopian tube) da changkhraga nupagi phambiga tinanabagidamak ngaiduna lei. Haktinnaringei manungna nungaibagi kham thengba matam aduda nupagi pot (penis) aduna akanba panggalga loinana phambi million kaya adu nupigi pot (vargina) da thajinduna angang khao tanna pusilli. Marum adu phambi mayam amana

kaoisinduna maru adugi manung changnaba hotnei adubu phambi amakhaktang maipakpa ngammi. Phambi amaga marum aduga thengnaraba matungda makha tana atoppa phambi changdanaba ngakthok-i. meeromba asi pung 24 gi manungda marum thadoklingeida oithokpa ngammi. Masigi matasida anouba punsi ama houre. Nupi adu meeronle.

Meeronbagi khudamsing

Changyeng toubagi mapanna meeronle haibasi khangdringeida, nupi amana hakchangda amadi pukning wakhalda meronle haibagi khudam mayam ama thengnei. Khudamsing asi pukningda phaobani adubu chapchana haibadi yade, nupi amga nupiga khetnaba yamma lei. Adum oinamak meeronba nupi khudingmakta manaba khudamsing thengnei, nupi ayambana khudamsing asi chang naina thagi khongkap lakpa matamda thengnei. Khudamsing asi pukning waba , charangnaba, wakhal waba meesingdasu thengnei. Adubu oktabisingdadi masi leite.

PUKNUNGGI ANGANGNA CHAOKHATLAKPA

Mironba

Phambina marumgi manungda changba matamda mapa- mama animakki hourakpham takpa machak pumnamak punsinduna ahingba mee ama oirak-i. phambigi cell amana marumgi cell amada changlaga makhoi anina pullaga anouba cell ama shemmi, adudagi phambina phambi oina aduga marumna mrum oina tongan tonganna leitre. Makhoi masha mashagi hourakphm takpa machaksing adu katthoknaduna anouba cell mapa mamadi tonganba ahingba mee ama shemmi. Mapa mama animaktagi chromosom 23/23 louthoklaga chromosom 46 yaoba ahingba mee ama shemmi.

Cell amduna khudakta cell ani, adudagi anidagi mari, maridagi nidan asumna makha chathei. Mitamlaba marum (zygote) aduna angang khao yaobada numit anidagina mangani phaoba chang-i.mangani natraga tarukni suba numitta mitamlaba marum aduna angang khaoda napsinduna chaokhatlakpa hourak-i. mitamlaba marum adu houjiki angang koure, masina angang khaogi kuyomda napsinduna angang aduna mapung phana poktriba phaoba chaokhatlakpada darkar leiba chinjak pumnamak mateng pang-i.

Chaorakna puknunggi angangsi chammada taranithoidi (12%) kaigalli. Mitamlaba maru adu karigumba matamda angakgao youdringei marakta (fallopian tubes) natraga pukta napsilaga leibasu yao-I, thaong asibu utongda meeronba kou-i. masi mamma amadi mitamlaba marum animakki yamna khudong thiba matmni aduna medical gi mateng darkar oi. Matamgi matung inna angang adu chaokhatlaktuna utong adu kairakpa yao-i. masina mammabu ee yamna thokhanduna yamna khudong thiba oihalli aduga angangdubu shihalli. Medical gi matengna utong adubu louthoktrabadi mamma- macha animak shiba yai. Thang thaduna utonggi angang louthkpana mee amagi punshi manghalli adubu masi angang yeithanaba thouranggadi manade, maramdi thang thabagi maruoiba maramdi mammagi punshibu kanba aduga angangdu hattabani. Khangjingadaba maruoiba amana utongda meeronba (ectopic pregnancy) asi hinggande.

Mari Suba Chayol (Tha Ama)

Matamsida hakchanggi kayat ayamba amadi hakchanggi phibam shemba hou-i, masigi manungda brain, yanglen sharu, heart, chakkaho, thibong thirin, sarusing, mit ani , nakong ani. Nupi asi mamma oirabasu mahak masana meeronle haiba khangjade. Numit khara leiraga anganggi heart tu khappa hourakkani.

Chatnabi kharadadi meeronba houbagi numit asi nupi amagi thagi khongkap laoibagi ahanba numtto oina lounei. Mayamgi chatnabi da meeronba oibasi numit 14 natraga chayol ani oina lounei. Matamduda nupigi thagi khongkap thenglagani aduga nupi adu chayol manga suraba anouba punsi ama meeronle adubu asengbadi chayol ahumkhaktang ngairiba angangni. Meronba asi matam ahumgi manungda meeronba hou-I haina lounei: ahanbada, chayol 1-13, anisubada chayol 14-26, amasung ahumsabadana chayol 27-40.

Nipan Suba Chayol (Tha Ani)

Khulaigi matengna anganggi heat khappadu taba ngammi, hakchanggi mapham khudingmakta ee chenba hou-i. maruoiba hakchanggi kayat singgi maong matamsida shemba hou-i. mai, khut, khong asi sing asi makha tana shemmi.mammana khangdrabasu anganggi hakchang amadi makhong makhut leng otpa hou-i.

- Angang asi saruk chamada mariphutara (90%) di mapung phare

- Khoirisu uba ngamle.
- Shokpada/ thengbada khangle amasung braingi mathou toure.
- Nupigi (ovaries) kayat amasung nupagi (testicles) maong shemba houre.
- Thabombi leire
- Lei, ya amadi mipan/mitthup leire.
- Kok chaore amasung nupa amasung nupigi kayat shemle.
- Nakonggi mapanthangbagi maong leire.

TARAMARISUBA CHAYOL (THA AHUM)

Naoyomgi angang asi houjikti chayol nipangi mathakki puknunngi angang koure. Mahak khubi chuppa hourani athuba matamda. Manunggi maru oiba kayat pumnamak shemba loire amadi mathou touba houre. Angang khaona angangda chingjak marang kaina amadi oxygen yaoba ee su anganggi hakchangda mapung phana piba ngamle. Angang khaoga angangga samnahalliba khoirigi mapanna chinjak amadi ee angangda piba ngammi.

- Kidneysingna yung puthokpa houre.
- Matum taba kok,
- Saru ayamba shaba houre.
- Mitthupna mitpu soktanaba uisille.
- Nupa –nupi khangba ngamle.
- Brainna hakchanggi tongsasing leng otpada mathou touhalle, khut chuppa amadi hakam chanba ubagumna.

Tarataruk suba chayol (Tha mari)

Machana leng otpasi machana khangba houre, anganggi hakchanggi mathousing matik leina chaokhatpa hengatlakle. Meeronbana kuirakpagi matung inna angangna leng otpa adu mammana khangbakhak nattana angangna mathak makha on thoina shanabasu ure. Anganggi makoksu chap tingna leiba houre. Anganggi mamitsu manasu phajana shemle. Marum million kaya ama anganggi ovary anida yaore amasung anganggi angang khaosu leire. Angang asina poklakpa matamda mahakna tungda puthokkadaba marumsu hakchangda loina yaoraga poklakkani. Angangna poktringei tha marigi mamangda marum puthokpa houre.

- Anganggi machinna choppa gi maoang amadi naoyomgi mahi thakpa houre.

- Yasing shemba houre.
- Unshasingdu manung phaona uba ngamli.
- Yotpa amadi thabak lengba houre.
- Firak amadi chakhodagi tumnabagi mahigi mathou touba houre.
- Anganggi makok amadi hakchang adi chap chaba phibamda leire.

KUN SUBA CHAYOL (THA MANGNGA)

Angangduna meeronba matamda ahingba mee ama oirabasu houjikti angang adugi hutshasinggi amadi kongshasinggi mami uba ngamle. Anganggi unsaduda yengbada phajaba tuhaosing amadi yengbada kangba mandaba unsa oire. Matamsida angangna leng otpa amadi tumbagi matam naire, angangna karamba phibamda nungaina tumgadage khangle. Matamsida nupa nupi asi altrasound gi matengna khangdokpa ngamle. Hakchanggi kayat khudingmak magi magi chap chaba phibam amadi maphamda leire amadi arumba hengatnaba hotnare.

- Neinabagi matung inna angangdu Masada cheina khangle.
- Unsadu manung phaona uba ngambagi chang hanthare maramdi noirakpana.
- Angangna kaoba thinba yamna tourakle, mammanasu khangle.
- Pitsum amadi pa ure.
- Mit kuppa amadi pisum sukpa houre.
- Angangna khubi chuple.
- Thabombidi mapung phana chokhattri , angang khaogi mapanda hingba yabagi changda. Sor honba chang naire.
- Angang adu mathak- makha, maning- mamang on thoyna sanaba ngamle.

Kun Mari Suba Chayol (Tha Taruk)

Angangna angang khaogi mapandagi lakpa khonjil tai amadi ahouba khonjel akiba phaohalli. Mamana taba ngamdrabasu machadi wa ngangba houre. Karigumba eikhoina ultrasoundgi matengna angangdu yengba tarabadi, mahakna nokpa, mitchina yengba amadi pisum sukpa ugani. Angasi houjikti angang khaogi mapanda hingba ngamlagani karigumba chaksina yengsinbirabadi. Apikpa angang ama hingba yaba matamda pokpasi tha sudana haibadi chayol 22 gi mamangda pok-i.

- Mitsing mathou phajana toure.

- Pisum amadi pasing shemba loire.
- Brain si makha tana thuna chaokhatlakli.
- Thabombisu thuna chaokhatlakli.
- Mitki mathousu phajana touba ngamle.

Kunnipan Suba Chayol (Tha Taret)

Kanagumbana mahakki nakong adu meeronlbi nupigi pukta thamba matamda anganggi heart khappagi makhol tagni. Adum oinamak anganggi thabombidu mapung phadrabasu, karigumba matam asida angang adu pokpa tarabadi mahak soida hiunggani. Mnatamsida angang pokpagi phibamda haibadi makokna makhda leitaba angang yamna lei adubu matam leiri, chayol kharagi manungda anganna mathak makha onthokpa ngammi.

- Mapung pharaba angang amagi braingi mathousi manare.
- Angang adu poktriba phaoba kaptaba tarabasu pidi leire.
- Anganggi brainna sor honba amadi hakchanggi aying asha kaidana mathou touhanba ngammi.
- Mit pangba amadi uisinba ngamli aduga mangalsu khangle.
- Shajen touba houre.
- Henna noire aduga unsasu henna sit nalle, khuibusu hanthare.

Kunnithoi Suba Chayol (Tha nipan)

Anganggi leng otpasu thuna hantharaklani maramdi pokpagi phibamda haibadi makokna makhada ollaga lei. Maidagi akhuiba unsasinsu mangkhrani. Houjiktagina chayol nipan leiraga pokapa matamda mahakna houjik leiyiba armbasidagi saruk ani hengatkani.

- Thabombidi mapung phadri, tan chana sor holli.
- Sarusing mapung pharabasu yamna nouri, thotli.
- Anganggi unsadu thagatle.
- Khutsa amadi khongsagi khutjinsu houre.
- Shaman makok adu kusille.

Kunthra Taruk Suba Chayol (Tha Mapal)

Houjikti angangdo poknabagi phibamda leire, makokna makhada ontharaga mamagi pokhagi ahoba saruda, mapham aduda mahakna poktriphaoba leigani.

Angangna mapham hongkhibana mamana sor honba nungihalli, mahak yung yoina hangani. Angang noibagi chang hengathanbana, haibadi chayol amada pound (pound= 454g) tangkhai hengathanbana hakchanggi aying asa chang khaidana thambada mateng pang-i. pokpa matamda angang adugi hakchanggi arumba pumnamakki saruk 15 di anoiba/ mahao oigadabani.

- Cheksinba matamda mamit pangthok-I, aduga tumba matamda mamit uisilli.
- Angang mangal khang-i aduga manganda onsilli.
- Anganggi nakonggi mapan thangba saruktu samba loire.
- Angangdu chetna paisinba ngamle.

BIBLE NA MEERONBA AMADI ANGANGSINGGI MARAMDA KARI TAKPIBAGE

Ishwar na punshi(hingba) shemmi. Meeronba haibasi mahakki maoangda mee henna henna shemnabagi thourang amani.

Meeronbasi meeoba jatida piba khudol amani, masina eikhoigi makhakta ngairaba Ishworna meeobagidamak thourang toukraba malembu thalhallu amasung madubu khudum chanjou haibadu mapung phahannabagi lambini. Mee ama meeronba matamda shembasi mahak Ishworgi maoangda shemkhrabani. Hoi paap na eikhoibu manghallabasu eikhoi adum Ishworgi maoang oiri.

Maram aduna Ishworna meebu mahakki maoangda shembikhi, Ishworgi maoangda mahakna mee shembirammi. Mahakna makhoibu nipa amasung nupi oina shembirammi. Adudagi Ishworna makhoibu bor pibikhi amasung Ishworna makhoida haikhi, nacha nasu pokchou amasung yamkhatchou. Aduga malembu thalhallu amasung madubu khudum chanjou.... Meihouron 1:27-28

Masi adamgi charon surongi lairikni. Ishworna meebu shembikhima numtta Ishwor manna mahakna meebu shembikhi. Meihouron 5:1

Lei asina Ipa Ishworbu thagatli, masina Ishworgi maoangda shemkhraba meebu eikhoina sirap tou-i. Jacob 3:9

Ishworna Meeronda Amadi Puknunggi Angangna Chaokhatlakpagi mathakta mapu amadi yengsinba oi.

Ishworna angang khudingmak shemmi. Poktriba angang khudingmaki chaokhatpada khudongchadama maiyoknaba khudingmak mahakna yengsilli, amadi khudakta mahakna poktriba angang khudingmak khang-i.

Maramdi nahakna eigi nunggi kayatsing shembire, eigi imagi puknungdagi nahakna eibu shabire. Eina nahakpu thagatchagani, maramdi eibu akiba amasung angakpa maoangda shembire. Nahakki thabaksing asi angakpani, eigi ethamoina yamna ningthina khangjei. Eigi shaoang nangondagi lotkhide, eibu lonna shembirakpada, malemgi aruba maphamda heisingna shabirakpada. Metamdriba eigi shaoang nahakki metna ure, nahakki lairikta loina ikhre, eigi kayat amata leitringeida, eibu shembirakpagi kayatsing. Thagat eeshei 139:13-16

Leyabu Jacoban nungsibidre haiba Jehovahna ubiraduna mahakki angang khao hangdokpikhi, adubu Raheldi chaboktabi oirammi. Meihouron 29: 31

Asumna Boaz na Ruthpu louduna mahakki nupi oikhi, Boazna mahakka phamdin narabada Jehovahna mahakpun meerohanbire amasung mahakna macha nipa ama pokle. Ruth 4:13

“Eina nahakpu angang khaoda shemdri ngeidagi eina nahakpu khangkgi” aduga nahak pokringeidagi eina nahakpu tonganna khandokkhre, aduga eina nahakpu jatisingga marakta wa takthokpa mee oinaba hapkhre. Jeremiah 1:5

Poktriba Angang Asi Meeoibani

Poktriba angang khudingmak paappi oire amadi Thawai asengbagi paokhumni. Poktriba angang khudingmakta Ishworna makhoigidamak thorangf toubi, makhoigi punsi kayam kuina hingba amadi punsigi pandam. Makhtana Ishworgi waheina poktriba angangsingbu angangsing natraga naha oiba angangsing haina khangnei.

Metamdriba eigi shaoang nahakki metna ure, nahakki lairikta loina ikhre, eigi kayat amata leitringeida, eibu shembirakpagi kayatsing. Thagat eeshei 139: 16

Elizabetna Marygi khurumjabgi khonjel tabada mahakki puknungda angang adu chongkhi, aduga Elizabet Thawai Asengbana thallammi. Adug mahakna khonjel houna laoduna haikhi, “ nupisinggi marakta nahakti yaphabini amasung mahakki puknunggi mahei adu yaiphabani! Eigi Ibungngogi mamana eingonda lengbirakliba asi karamnano! Maramdi yeng u eigi enna nahakna khurumjabagi khonjel hek tabad, eigi puknungda leiba angang asi haraoduna chaongkhi. Luke 1:41-44

Yeng-u, ei asi ayola -aranna yomlaga pokkhi, paapta eigi imana meeronkhi. Thagat eeshei 51:5

Mahakki nupi chaboktabi oiba maramna Isaacna Jehavahda haijakhi, aduga Jehavahna mahakki haijaba tabirammi. Aduna mahakki nupi Rebekah meeronlammi. Meihouron 25:21

Adubu imagi puknungda leiringeidagi houna eibu khandokpiba amasung mahakki thoujanna eibu koubikhiba Ishworna, Galatiah 1:15

Angangsing asi Bor ni

Angangsing matam amadi pangal- thouna mayam ama sijinakhiba tarabasu makhoina imung manungda singnaningai oiba mayam ama purak-i. Achumbani, Biblegi matamda chaboktabi Hebrew nupising bu sirapki masak oina lounei.

Yeng-u, angangsing asi Jehavahgi khudolni, puknunggi maheidi mangongdagi phangba manani. Panggallaba meegi makhutta leiba tenjeigumna nahe oiringeida pokpa angangsingsu oiri. Mahakki tendongda tenjei thanna yaoriba mee yaiphabani, makhoina yeknabasingga thongjaoda wa ngangnabada, makhoina ekaiba nangloi. Thagat eeshei. 127:3-5

Numitsing adugi matungda mahakki nupi Elizabet meeronkhi aduga tha manga mahakna masabu lotchaduna hairak-i, “meesingga maraktagi eigi ekaiba louthoknaba ethakta Ibugngona yengbiba numitsing aduda nahakna eigi damak masi toubire”. Luke 1: 24-25

Eina nahakpu soidana bor pigani, atiyagi thawanmichakkum amasung samudra mapangi leingoi gum eina nahakki dhara yamna yamhanbigani. Aduga nahakki dharana mahakki yeknabasinggi thongjao khut changani. Meihouron 22:17

Adudagi Ishworna Noah amasung mahakki macha nupasingbu bor bibiduna makhoida haikhi, "nacha nasu pokchou amasung yamkhatchou aduga malem thalhallu. Meihouron 9:1

Ishwarna Angang Khaogi Manung Amasung Mapanda Leiba Angang Khudingmak mamal Leina Lou-i.

Jesuna mee khudingmakki punsigi tangkak khudingmak nungsi amadi mamal leina lou-i, poktriba angangsing amadi apikpa angangasingsu yaona. Jesu masamaksu maergi pibuknungda tha mapal leirak-I, aduga poklakle, mahakna chaokhatlak-i.

Jesuna taibangpanda ministry touringeid mahakna angangsingbu pamna loinarammi,mahakki seboksingna makhoibu thadok ninglabasu. Mahakna angang amagi chaklen sijinaraga mee lising kayabu piya pithak touki. Mahakna angangsingbu naba phahallammi, bhutsing tanthoklammi, makhoibu sibadagi phaoba hinggat pirammi. Jesuna angangsingbu karisunataba oina khande adubu makhoibu thajabagi khgudam oina amadi Ishorna pi makhoida piba thounadubu taramna oklammi. Jesuna taibang panda leiba mee pumnamakki paapki damak sibikhi. Ishwargi amakhakta ngairaba macha nipagi punsigi mamalsi paapisinggidamak handokman oina mamal pibikhiba asina takpadi meeoi bagi punsise Ishwargi maphamda kayada mamal leiba.

Meesingna apikpa angangsingbu mahakna sokpinaba mangonda puraklammi, adubu mahakki seboksingna angangsing purakpasing adubu cheirammi. Jesuna madu ubada kanna sauraduna makhoid haikhi, "angangsingbu eigi enakta lakhallu amasung makhoibu khamganu, maramdi Ishwargi ningthou leibakti asigumba singgini. Mahakna angangsing adubu pambirammi amasung makhoigi mathakta khut thambiraga makhoibu bor pibikhi. Mark 10: 13-14,16

" mee amana eibu thajaba apikpa angang sing asigi maraktagi amabu khudi thihallabadi, mahakki mangakta chakri nung ama yansillaga samudrada thadabana mahakki damak henna phei. Mark 9:42

Adubu eikhoina paappi oiringei maktada, christana eikhoigidamak sibiba aduda Ishwarna eikhoida mahakki nungsiba utpire. Romans 5:8.

Eikhoina Angang Khaogi Manung Amasung Mapanda Leiriba Angangsingbi Ngakpi shenbigadabani.

Eikhoina poklaba amadi poktriba angangsibu ngakpi senbiba haibasi ngakpi senbinaba leitrababu ngakpiriba Ishwargi matou tambani.

Asonbasing amasung mapa leijadraba singbu ngak thok piyu, awa anangba singda amasung leita lairabasingda achumba toubiyu. Asonbasing amasung leita lairabasingbu kanbiyu, Ishwar ningdabasinggi makhutagi makhoibu thadokpiyu. Pslams 82: 3-4

Mahakna mapa leijadraba singgidam amasung lokhrabi singgidamak achumba wayen toubu, aduga mahakna mireipak macha singda chanaba amsung maphi maron pibiduna nungsibi. Duet. 10:18

ANGANG POKPA THINGBA GI MARAMDA KHANGJINGADABA

Christian matei manao anina angang pokpa thingbasi sijanagadra natraga sijinaroidra, karamba makhali angang poktanaba sijinagadage, asi yamna chamamnaba wahangni. Matei- manao anina angang poktanaba phirep louba tarabadi Prathana toudina punsida Ishwargi aningbagi matung inna aphaba lamchat sajatta amadi thawaigi oiba lambi da phirep lougadabani. Makhoina angang poktanaba gidamak mari leina medical darkar leibasi khangjigadabani. Matei manao anina makhagi wahangsi asi khangjigadabani

1. Karamba phibamda angang pokpa thingbasi sastragi amadi Bible gi miyengda achuma oibage?
2. Angang toina leiba natraga angangsing kuina leitaba asigumba imungsing asigi maramda Ishorna kari haigani?
3. Angang poktanaba ahanba oina loukhatpa thourang kari oigadage?

Meeronba matamda Ishwar maoang ahingba mee shemkhre. Hingbasi meeronba matadudagi haibadi phambiga marumga tinnaba mikuptudagi oikhrabani. Ishwarna mapa mamma animakki hourakpham takpa

machaksingdu meeronba matamda punsinbiduna anouba ahingba punsi ama sembire. Meeronbadagi houraga angang asum asum chaokhatlaktuna mapung phaba oirak-i. chemical natraga karigumba pambei ama sijinaduna mitamlaba marumdu manghannaba natraga angang khaoda mirondanaba thouranglabadi madu anouba ahingba mee adu hattokpani. Upai ama hekta sijinaduna mitamlaba marum adubu angang khaoda leihandanabagi thaongbu hidak sijinaduna angang manghanba kou-i. Angang poktanaba makhal makha kayagi thou ong sijinnaba asisu angang manghanba oina chingnei.

Makha tana meerondana loukhatpa thourang khuding makki maithibagi tangkak lei adubu chang tamlaka loukhatpa thourangdi mai pak-i.

Hidak lang thak sijinnaduna angang poktanaba hotnabana hakchang manghanba mayam ama thokhalli. Chang tamlaga chaba hidak langthak nattana atoppa pambei amata meeronhandanaba amadi mapa mama anina haktinnabadagi thuna sandokpa leinadagi ngakthaoknaba labi atei leite.

Ahanba Maruoiba Oina Angang Poktanaba Loukhatkadaba Thourang Mari

1. Meerondanaba marum thingba – nupa amadi nupi anina hiktinaba matamda phambidu marum youdanaba hotnaba. Condom amadi pukta leiba mascle (diaphragms) sijinnaduna meerondanaba marum thingba.
2. Hidak langthak sijinnaduna meerondanaba marum thingba - marum thadoktanaba chang naina hidak langthak sijinabana meeronba thingba ngammi. Hidak sijinaduna meerondanaba marum thingbana hakchangda manghanba mayam ama thokhalli. Nupina Hidak sijinaduna meerondanaba marum thinglingeida marum thokkhiduna mitamkhiba thoklabadi madugi mahei ani leigani. Mitamlaba marum aduna angang khaoda meeronba ngamloi maramdi angnag poktanaba sijinakhiba mahi aduna angang khao manungda angang adubu phajana yok thakpa ngamde. Atoppa amana mitamlaba marum adu makha tana angang khaoda meeronhalli. Hidak sijinaduna meerondanaba marum thingbagi khudam anidi angang poktanaba hidak mapang chaba amasung hidak kappa.
3. Khudakki oiba meerondanaba marum thingba – haktinakhraba matung numit mangani phaoba hidak sijinaduna marum aduna meeronba

ngamdanaba naoymdu phattaba mapham oihalli. Karigumba mitamkhraba marumdubu hidak sijanaduna manghanba tarabadi madu angang yeithabagi maheini. Meerondana marum thingnaba khudakki oiba hidak mapang chabada angang poktanabagi machalsing yao-i.

4. Mahousagi angang yamdanaba thourang amasung maru oiba cheksin wa/ mit na singhanba – nupa nupi animakna punna hotnaminadu nupagi phambi adu meeronba yaba matamda nupigi hakchang manungda changhandaba. Angang yamdanaba thouranggi khudam anidi Symptothermal gi thouong amasung standard days Methods ni.

AROIBA WA /WAROISIN

Meeronba amadi angang poknabagi thourang sing asina Ishwarna eikhoibu akangakpa amadi akibaga lona shemkhibadu ningsinghalli (Pslams 139:14). Matam matamgi matung inna poktriba angang bu leitengliba mahakti Ishwarni. Mahakki Khutsemsingda mahakki angakpa poklaba sebbi sabibagi magun amadi pokning changna eikhoibu sembiba asina takpadi mahakki thammoi mikup khuding eikhoida lei. Taibang panda leiriba khutshem pumnamaktagi meeoihana khaidagi maru oina mamal leina lou-I haibasi mahakna eikhoibu mahakki maong manna shembiba asina tak-i.

Maramdi nahakna eigi nunggi kayatsing shembire, eigi imagi pu knungdagi nahakna eibu shabire. Eina nahakpu thagatchagani, maramdi eibu akiba amasung angakpa maoangda shembire. Nahakki thabaksing asi angakpani, eigi ethamoina yamna ningthina khangjei. Pslams 139:13-14.

HANNA KHANA NEINABA WAHANG SING

1. Taibang pangti mityengda meeronbana billegi mityengda meeronbadagi karida khetna bage/
2. Ahanba nupigi angang shemnabagi hakchanggi kayatsingdu kari karino?
3. Marum kapthokpa, angang khaoda marum happa, meeronhaba hairibasing asigi wahanthok tak-u. meeronba karamna houbage sandokna tak-u.

4. Poknunggi angangna karamna chaoukhat lakpage ashengba thoudok ani natraga ahum thidok-u, madu karamna angang yeithabagi wakhallon leiba nupising karamna takkani.
5. Angang poktanabagi maramda nasagi thajabadu karino. Angang meeronhanba asi masana ngambagi manung oirakpani haibasi karigi damak mee mayam amana pamlibano?

CHAPTER -9

HAKTINABADAGI SANDOKPA LAINASING

Luhongba haibasi maram pumnamakta ikai khumninanangaini, aduga phamung mangthoktassanu, adubu nupa nupi lannabasing amasung mitu miwa lannabasingbu ishorna wayengani.

Heb.13: 4

Atambasingna khanggadaba

1. Misak amadagi atoppa misak amadagi haktinabadagi sandokpalainasinggi maramda tongan tonganba lambida sandokna takpa.
2. Haktinabadagi sandorakpa sokhanbasing (STIs) haktinabadagi sandorakpa anabasing (STDs) gi khetnaba takpa.
3. Bacteria na thokhanba haktinabadagi sandorakpa sokhanbasing (STIs) ani ahumgi maming semduna piba.
4. Virus singna thokhanba haktinabadagi sandorakpa sokhanbasing (STIs) ani ahumgi maming semduna piba.

MARU OIBASING

- Ishorna haktinaba semkhiba asi leina sandoknaba natte adubu henna phaba amadi hingba (punsi) pinabani.
- Meesingna yumpanminabagi wangmada haktinarabadi masina masabu haktinabadagi sandorakpa sokhanbasi (STIs) amasung haktinabadagi sandorakpa anabasing (STDs) paknaba phongdokcharabani.

STIs haibasi yamna pikpa leina makhal amadagi oirakpani aduga masina naraba meega haktinabadagi mee adusu laina asina nahalli.

Yum pandringeida haktinadaba amadi yum pallaba matungda atoppaga haktinadaba asina STIs lainadagi ngakthoknabagi khwaidagi phaba lambini.

MARI LEINABA ISHORGİ WAHEISING

Malachi 2:15; Hebrews 13:4

Ishorna haktinaba asi leina tinna sandoknaba semkhiba amadi sak-ong lak khiba natte adubu henna chaoba amasung punshi(hingba) pinaba shemkhibani. Biblena eikhoida asumna tambi madudi haktinaba asi Ishorna piba khudol amasung borni. Ishorna haktinaba asi yumbanbagi marida sijinanaba amasung mahakki oihanningba pandam adu pangthonaba pibibani. Mapuroibaga mahakki nupiga haktinaba matamda makhoi hakchangda amata oiri. Masigi anina amata oiba asina eikhoibu mahakki mitam louduna shembiba amakhakta ngairaba Ahumna ama oiba Ishorgi maramda karigumba khara phong dok-i. matei manao haktinaba asina mironduna angangsing poknaba pambei amasu oihalli. Adudagi makhoina angangsing adubu ishor khangnaba, haiba innaba amasung ishorbu nungsinaba yokpiba ngamgani. Ishorna nakhoibu amatang oina shembidabra? Hakchang amasung thawai makhoi mahakkini. Amasung karigi amatang? Maramdi mahakna Ishor ningba chada naoda thiri, maram aduna nakhoigi thawaigi marida cheksillu. Nakhoina nakhoigi naha oiringeida louba nupida namthak touroidabani(malachi 2:15).

Yum panminabagi (luhongbagi) wangmada haktinaraba natraga Ishorgi apambagi wangmada, haktinarabadi, haktinabagi bor asi chaona hanthahalli. Amasung tungda aruba maramsing thorakk-i. karigumba matamda STIs asisu amani, maramdi hairiba laina asi yum panminabagi wangmada haktinaruba meesingdagi sandorakpa lainani.makhoina luhongba asibu ikai khumnaba ngamdre. Amasung haktinabasi lamchat chumna amadi sengna thamba ngamdre (Hebrew 13:4). Kanagumba haiba inba Ishorbu nungsiba amasung yum panminabada(luhongbada) Ishorgi pandam amasung haktinababu ikai khumnaba matei manao adudi STIs na nabagi chang yamna nemna lei. Luhongbagi haktinababu ngairiba luhongdriba nupa amasung nupising amasung naha oiriba meesing adudagi makhoigi luhonglaba nupiduga haktinabasing adudi STIs na nabagi chang yamna nemna lei.

Masigi pandup asigi pandamdi STIs haibasi karino sandokna taknabani, karam haina makhoina STIs ngi maramda khanggani, amasung maduna narabasing,

amasung madubu lounaraktanaba eikhoina kari tougani. Aduga STIs na hanna narabasing aduda karamna mateng panggani.

HAKTINNABADAGI THANGTHARAKPA SOK HANBASING (STIs)

Haktinabadagi lounarakpa ashokpasing(leinasing) asi micro organism na puthokpa leinasingdagini, masi hannana naraba meesak amaga haktinaruradi nangsu narakkani. STIs hairibasi sak udaba eikhoigi hakchangbu lonna landariba leinasingni. Eikhoida landanaba makhoina khudong chaba adu ngaiduna lei aduga eikhoigi hakchangda leinasing nahalli. Hairibasing asi virus natraga bactaria na thokhanbani. STIs asi virus sing haibadi, hepatitis B, Herpes, HIV, HPV thokhanbani. Amadi STIs asi bacteriasing haibadi Chlamydia , gonorrhea, amasung syphilis asina thokhanbani.

STIs mahousana varginada haktinabada sandok-I, aduga chinda haktinabadasu, amangthongda haktinabasu. Natraga unshadadagi unshada, punna masturbation toubadasu, angang poknaba kayatsing (genitals) thengnabadagisi STIs nanahalli. Yamna toina hairibasing microorganisms aduna hakchang amadagi amada hakchanggi mahigi mapanna haibadi phambi asi haktinaba matamda mee amadagi amada changda thokhalli. Atoppa leinasing asi lounarakpagi maramsing adudi, asokpa unsha amadagi atoppa asokpa unsha amada , leina papkpa meegi sajiktagisu lounarak-i. karigumba kanda STIs asi haktinaba nattaba haibadi naraba meeena sijinaruba yetum adu nadaba meena sijinarubadagi lounarak-i. aduga anaba mamana mironlingei matam natraga macha pokpa matamda lounarakpasu yai. Mahik asina amuktang mee amada changkhrabadi, masina leinasing thokhanba ngammi.

Hariba anaba asina anbagi laiong thok hallaklabadi madubu haktinnabadagi lounarakapa leina STDs kou-i. karigumba matamda STIs amasung STDs asi amana amagi mahutta kounabasu yao-i. hairiba hirqam ani asigi chap chaba sijinapham adu sengna khangba matamda maduna sokhanba (infection) amasung leina (disease) gi khetnaba adu mayek sengna khangba ngammi. mahik matang chang asi mahik amana mee amagi hakchangda anaba amadi leina thokhalli. Mahik matangnasokhallaba mee adugi hakchangda aduda virus natraga bactariana nare haibagi khudam amata phangloi. Leina ama haibadi mahik matai (infection) asina maram oiraga mee amabu

nahallaba natraga nai haibagi karigumba khara phangba tarabadi madu aranbani. STI haiba wahei asina STD haiba wahei asidagi henna chaoba wahanthok lei amasung mayamgi oina leina asina nare haibagi khudamsing leitabada chap chaba asengba oina sijinei. Masigi asengba chap chaba phirep asina maram oiraga training asigi ayamba machaksing asida STI haiba wahei asi oina sijinei.

Karigumba eina STI na naraga masi karigidamak khangdokpada awaba oiribano?

Mee mayam ama laiong leitana STIs na nai. Laiongsing leiba matamda STIs na nare haibasi toina khangdokpa ngamde maramdi makhoina haktinnadabadagi leinasingga chamamnahalli. nupigi vaginada yamna pikpa asokpa amana erai laina STI leinaga chamamnahanba thokhalli. Asum touna nupagi penis ta pombasu echam chamna uring natraga tukhongda pombasu oiba yai. Adum oinamak karigumba nahakna STI na naba oirabadi madugi khangba yaba laionsing adudi.

NUPISINGDA

Nupisingda toina thengnaba STI na nare haibagi laionsingdi

- Mahousa oidaba natraga manam namthiba vaginadagi thadorakkani.
- Angang poknaba hakchanggi sarukta yamma hakatchaba natraga shaba.
- Mahousa oidaba ee taba.
- Pelvic naba.
- Haktinnabada naba.
- Angang pokpham hakchanggi sarukta apik apikpa angangba saruk leiba.
- Angang pokpham hakchanggi sarukta marum marum souba.
- Mapan thokphamda toina narakpa.

NUPASINGDA

Nupasingda tona thengnaba STIgi laionsingdi

- Yung hanbada naba
- Angang poknaba hakchanggi sarukta marum marum pomba.
- Angang poknaba hakchanggi sarukta apik apikpa angangbasing leiba.

- Penistagi phataba thadokkhiba amasung
- Teticle singda naba.

NUPA AMASUNG NUPISINGDA

Adum oinamak nupa amasung nupi animakta STI na nare haibagi laiongsing angang poknaba hakchanggi kayat amadi yung khao khak natana hakchanggi saruk pumnamakta lei.

- Khong hampham(anus) dagi phattaba thadorakpa.
- Groin da pomba
- Mit amadi unshada hanggaman machu kaba.
- Lu tang chikpa.
- Leida angouba pakpa.
- Chingi manung amasung mapanda murum murum souba.
- Unshadaa hakchanggi mapham pumnamakta apik apikpa angangba machasing thungba.

LAIYENGBA

Meyam Pumnamakta, karigumba nahakna leia asina narabadi clinic natraga hospital chatlu

- Angang paoknaba hakchanggi kayatsingi (genital) manak akoibada anba apikpa apaombasing leibra khangdokpa
- Angang poknaba hakchanggi kayatki akoibada angangba macha macha leiraba
- Angang poknaba hakchanggi kayatta yamma hagajaraba natraga
- Penis natraga veginadagi mahousagi oidabada amotpa thokkhriba khangdokpa

Ngallingeida laiyenghoubana laina asibu phahanbada khudong chaba hengathalli, karigumba phahanba yaba laina oirabadi. Karigumba phahanba ngamdrabasu ngallingeida laiyeng houbana makha tana phattaba thorakpa amadi atoppa STIs lainasingdagi kanba ngammi.

STIs lainasi kayamuk tona naganbage?

Laibak thiba amadi STIs lainasi yamma toina nagalli. Meeoi million kaya ama laina asina nare amasung mee kaya amadi laina asina maram oiraga atoppa lainasing

thokhalli haiba phaoba khangjade. Malemgi mapham pumnamakkin oina yengbada chahi amada phahanba ngamba STDs lainana mee million 333 nai.

Karina STIs lainadi ngakthoknabagi khwaidagi phaba lambi oigadage?

STIs laina asidagi kanaba khwaidagi phaba lambidi yumbanminabagi (luhongba) wangmada haktinadaba. Amata ngairaba mapung phana STIs lainadagi ngakthokpa ngambadi haktinaba makhal pumnamaktagi lapthokpa asini. Eikhoina keidoungedasu angakpa phaoroidabani madudi Ishorna haktinabagi maramda piba yathang adugi matung inna chatpa asina STIs lainadagi ngakthoknaba khwaidagi phaba lambini. Mahakna haktinabasi khudol oina yumbanminabagi manung nungainaba pibani. Masina khwaidagi mahei yanba laina sina atoppa meeda sandoktanabagi lambini. Matei manao oiraba nupa nupi anigi marakta haktinaba asina BIbleda Ishorgi yathang adu mapung phahalli. Luhongbabu ikai khumnaba amadi haktinababu sengna thamduna Ishorbu haiba inba asina STIs laina chanlakpabu ngakthokpada nattana eikhoina Ishorgi nungsibusu phongdok-i.

Hakchang phana thamnabagidamak shemkhraba khanglup mayam amadi clinic singna STIs laina thingnaba thaong mayam ama meesingna sijinanaba pukning thougatli, khudam oina condom. Adubu hairibasing asina saruk chammada chamma mahei yanba ngamde.hairiba lambising asi sijinabada tarabadi niyom chumna matam pumnamakta inba mathoutai amadi yamna cheksinbasu mathou tai. Thaongsing asibu sijinanaba insilliba singna pambadi Ishorna luhongbagi manungda haktinanabada karisi hakchang mangningai oide haibasi mee pumnamakna thajabani. Makhoina hairarambadi yai adubu achumbadi tasengna haibide.Ishorna keidoungeda haktinabasi khudong thiba oina khanba nate, adubu luhongdringei mamangda amadi luhongbagi mapanda haktinaba pambasingna STIs lainagi khudong thiba nangbakhak nattana Ishorgi wayenbasu phanggani. Luhongba haibasi maram pumnamakta ikai khumninaninangaini, aduga phamung mangthoktasanu, adubu nupa nupi lannabasing amasung mitu miwa lannabasingbu ishorna wayengani. Heb.13: 4

Luhongdringei mamangda haktinnabadagi lapthokpa amadi luhangba manung matei manaoki mapung phaba haktinabana STIs lainadagi ngakthok-i. masigumba wakhallon asi mee ayambana thabak oina pangthokpa ngamloi adubu dharmada hakchinba mee kahaktana touba ngamgani haina khannei. Ayambana khannaba wakhallondi mee pumnamak haktinnare natraga haktinnaba pammi. Mee mayam

amana thajanei madudi mee khudingmakna maning tamna kanagumba amaga karigumba matam amada hekta karigumba matei manao aduna ayaba pirabadi natraga condom sijinadrabasu haktinnaba yai. Adubu masi thaibangpangi, hakchanggi, amasung devilgi wakhalloni, adubu masi eikhogi wakhalsing amasung lambisingdagi henna wangba Ishordagi amata nate.

Kanano STIs lainagi khudong thiba tagadabadu?

STIs lainagi khudong thiba taraba mee sing adudi yetum sijanaduna drug sijinariba meeoi sing, pokpadagi HIV paklaba angang, haktinabada condom sijinabada mee sing, 1977-1985 chahi sing asigi manung ee louba meesing, STIs lainana naraba mee singga haktinabada mee sing. Nahak karigumba atoppaga haktinakhiba tarabadi STIs lainagi khudong thinninggai oire, karigumba nahakki haktinnabagi marum yamna leiraba, haktinabagi marum yamna leiba meega haktinnaraba, natraga haktinnabada condom sijinadrabadi STIs lainagi khudong thibadu leire. Ningsingbiyu, karigumba nahakna kanagumba amaga haktinabada tarabadi nahak STDs gi lainasing adu makhoidagi lourabani.

WAROISIN

Ishorna haktinabasi mahakki nungsiba, mahakka yamna naknaba mari amasung mashagi oibadang khandaba adu phongdoknaba lambi oina semkhibani amadi Christ taga hingba(punshi) pibiba shembibagi mapang oibagi lambisu amani. Masi phajana sijinaba matamda haktinnabana haraoba, lonaminaba, anouba punshi purak-i. masi Ishorgi aningba thouranggi wangmada sijinabadi, haktinnabana mari tatnahanbata nattana pamdaba meeronba amadi angang yeithaba thokhalli. Masina lainasingna nahalli, awaba tahalli amasung siba phaoba thokhalli. Singlupki luchingba sing oina eikhoina paap toubagi atoumalgi maramda amasung eikhoigi singlupki meesingda amadi meeyamda Ishorgi wayen thugaibana Khgudong thiba tai haibagi maramda wakhal tahanbasi eikhoigi ithoudangni.

Amuk hanna khanna neinaba wahangsing

1. Haktinabadagi sandorakpa leinasingga wahanthok piyu?

2. Karigi no mee mayam amana STIs lainana narabasu masana STI lainana nai khangjadribano?
3. Bacteria Masung virus singna yamna toina thokhanba STIs lainasingdu kari karino?
4. STIs lainadagi karamna touna nahakna mapung phana ngakthokpa ngamgani? Masigi maramda Ishorgi lousinggi yathang adu karino?
5. Kana kanana STIs lainagi khudong thibasing masana phangjabage?

YAMNA TOINA NAGANBA STIS LAINA MAKHAL KHARA AMADI MAKHOIGI LAIONGSING

Bacteiana thokhanba

Chlamydia: hourakpada amadi matam pumnamakta laiong laitaba yai, maru oina nupisingda. Vaginagi akoibada hakachaba , hanggamapal machu kaba, vaginadagi namthiba thadorakpa, haktinabada naba phaoba, yung hanphamda amadi yung hanbada naba asising asi nupisingda laina asina nabagi laionsingni. Thagi khongkap anigi nmarakta nupisingna ee tabasu yai natraga chaningda(pelvic) nabasu yai. Nupasingdadi yung hanbamatamda naba amadi saba paogani amasung penistagi sanggom machu manba mahi thadorakkani.

Gonorrhea (or “GC”): nupasingna anangba hanggamapan machugu mahi penistagi thorakkani amasung yung hanbada nagani natraga laiong leitaba yai. Penis hangdokpada nagani. Nupia yambana masigi lainasigi laiong leite. Karigumba lainasina naba tarabadi vaginadagi angouba, ashangba, antraga hanggamapan machugi mahi thadorakkani, yung hanbada nagani, thagi khongkap manungda ee yamna hathagani. Karigumba kanda laihouamasung chaningda naba leigani. Chinda haktinnaba meesingda laina asina khanao nahangani aduga thun(anus) dahaktinnabana maduda anaba phaogani.

Syphilis: ngallingeigi laiongdi anaba phaodaba hakchangda chathatpa natraga angangba dakphamsing. Haktinnaba matamda thengkhiba maphamsingda hakatchaba leigani madugi manung angang poknaba hakchanggi kayat, thun, lei amasung khanao. Khanaoda chathatpadu pomkhatlakkani. Tha kharagi matungda

nahak laihou hourakkani, khanao narakkani, kok chiklakkani, chak lamba phaorakloi natraga tangsamda narakkani. Khut amasung khongda angangba dakphamsing thorakkani. Laiong sing asi thokkraba matungda chahi kaya ama laiong leiroi. Lainasigi laionsi amuk hanna lakpa matamda masina brain, yanglen saru, unsha amasumg saruda sokhangani.

Virus mahiksingna nahanba laina

Hepatitis B: laina asigi laionsingdi muscle naba, laihou, chokthaba, chaningba phaodaba, kok chikpa amasung kok ngaoba ni. Laina asi henna naraklabadi yungda musinba, thi phaiba, mit amadi unshada hanggamapan machu khaba. Laina asina liverbu mathou touhande amasung liver cancer nahalli.

Herpes: angang poknaba hakchanggi kayatki akoibada hagaajaraklabadi laina asigi laiongni. Madugi akoibada esing macha macha halakkani aduga madu pokhairakkani. Matamduda nahak yamna saba phaogani, maruoina yung hanba matamda. Aduga madu pathorakkani. Ahanba anaba aduda khanou pomkhatkani laihou hougani amasung hakchang nagani. Adubu mee kharadadi laiong asi toina thengnade. Masigi anabasi punsi chuppa leigani matamgi matung inna tapna tapna anabasi hantharakkani.

HIV.: masi virus kouba mahik amani masina AIDS laina thokhalli. Masina hakchangbu panggal sonthahanduna laina thingba ngamhande. Hakchanggi panggal sontharakpana maram oiraga lainasing changlakpa hourak-i. laiong khangbada chahi yamna chang-I, mahousagi oidaba naba, haipham khangdaba chokthaba, numitdangda humang souba amasung lumba hanthaba asi laina asigi laiongni.

HPV.: laina asina hakchang chaokhatpa thinthahalli, angang poknaba hakchanggi kayatki akoibada amadi angang khaoda asokpa leihalli. Asokpadu anaba phaode, adubu yengbada akiba phaohali. Karigumba kanda mahik asina mitna uba ngamdaba asokpa thokhalli. Masi HPV lainaga angang khao cancerga mari leinahalli, asina maram oiraga apikpa apomba dakphamsing asi yamna maru oi.

CHAPTER 10

ABORTION (ANGANG YEITHABA)

“Shinaba puriba makhoinu nahakna kanbiyu, Hatphamda thak thak nikliba makhoibu thambiyu”

Proverbs 23:11

Maruoiba point khara

- Angang yeithaba asi khangna khangna, tamthina, khutsemgi oiba mi hatpa aduni.
- Angang yeithaba asina mamagi puknungda leiriba mitamliba mahakki punsubu lamakhangda loishilli.
- Angang yeithaba asi yamna chaoba papni. Masi touroidabani adubu kanagumbana toukhiba taragadi pukning hongduna ishorda changjarabadi Jisu Christagi mapanna kokpiba phangjagani.

Scripture References

Proverbs 24:11, Exodus 20:13, Deuteronomy 19:10, Proverbs 6:16–17, Jeremiah 7:30–34, Proverbs 24:11; Psalm 82:3, Deuteronomy 30:19–20a

ABOTRION HAIBASI KARINO

Angang yeithaba asina angang amagi punsikhak loibata nattana masina mama amadi mapa anida ishorna pikhiba thoudang adu manghalli. Nupi oibisingna mama ama oina angang poklaba matungda makhoibu shemgatpa haibadi yokpi thakpiba tabani. Nupa oibasingna mapa ama oina angangsingbu ngakpi senbiba, ngakthokpiba, amasung darkar leibasing adubu machasing gidamakta pibiba tabani. Angang yeithba asina cheitheng kaya ama pi, nupida nupada amadi makhoigi marida (relation), aduga imung amagi punsida akaiba lakkani.

Angang yeithaba asi khutsu khutlai sijinnaduna, hidak sijinnaduna, amadi mahousagi oiba khutsem sijinnaduna pangthokpa yai. Mamagi puknungda mitamliba mahakpu louthoktuna karisu leitaba amagumna manghalli. Adam amasung Eve anidagi mathang mathang lakpa pap aduna houjikti prithibi asida papki thabaksing asi yamna chatthare. Angang yeithba asina pamdaba mirollakkpa adudagi ngakthoknanaba lambi ama oina lounare. Houjikki nupisingna abortion tunabagidamak hidak marang kaina phangba maphamda haibadi clinic natraga hospitalda chattuna doctorsing ga unaduna thabak asi pangthok i. Adubu abortion asidi matam kuinagi mamangdagi makhal kaya sijinnaduna pangthoktuna lakli. Karigumba hospitalda chattuna angang yeithabagi khudongjaba leitrgasu nupa amadi nupi ani tannaduna kamaina tousige haina khannaba misu leitaba natte.

ANGANG YEITHABAGI MAKHAL

Angang yeithaba asi makhal kayada pangthokpa yai, adubu hiram khudingda masi yamna khudong thiningai ama oiri.

1. Mahousagi oiba (traditional)

Makhada piriba listda yaoribasing asi mayamna angang yeithabada sijinnaba kharani adubu masi nattaba mayam amasu leiramba yai.

- Massage touba
- Akhannaba (selection touraba) mana masingdagi semлага cha thakpa
- Angangkhaoda karigumba potsak amana thinduna kaihanba
- Mamagi pukta kanagumbana kaoba natraga thinba
- Awangba maphamdaghi chongthaduna angang kainaba hotnaba

2. Khutsu khutlai sijinnaduna

Masigi maong asidi doctorsingna makhoigi khutlaising sijinnaduna mamagi puknungda leiriba angang adubu louthok i.

Surgical abortion is a form of abortion in which the embryo is removed from the uterus using surgical methods. The four primary methods of surgical abortion are vacuum (or

suction) aspiration, dilation and curettage, dilation and evacuation, and instillation (or saline) abortion. Another method, called dilation and extraction, is used rarely.

During pregnancy, the cervix is tightly closed unless the woman is in labor. In order to gain access to the uterus during any surgical abortion, the cervix will need to be dilated (or made wider) through the use of medical instruments or drugs.

After cervical dilation, the various methods of surgical abortion all require the use of various instruments to remove the living embryo. Early-term abortions may only require a suction device, called an aspirator, which is used to empty the uterus. Later-term abortions will require additional tools, such as a forceps and curette, in order to dismember the growing embryo. Vacuum aspiration is often used as the last stage of any surgical abortion in order to ensure that all fetal remains and tissue have been removed from the uterus.

Side effects of surgical abortion often include pain and cramping, vaginal bleeding, diarrhea, and the nausea and vomiting generally associated with anesthesia use. Complications include infection, excessive bleeding (hemorrhage), cervical injury, uterine perforation, and incomplete abortion.

Another surgical procedure, known as instillation (or saline) abortion, is a procedure in which a chemical solution is injected through the abdomen of the pregnant woman into the amniotic sac, the membranes that surround and protect the developing fetus. Because the fetus inhales, ingests, and is surrounded by amniotic fluid at all times, the fetus draws in the chemical solution that has been injected into the amniotic sac and is poisoned. The solution will also burn the fetus' skin. (The most commonly used solutions for these procedures include saline, hyperosmolar urea, and synthetic prostaglandins.) Instillation abortions, though increasingly rare, are generally performed in the second and third trimesters. They have become highly uncommon in developed countries because other generally available procedures present fewer risks to the mother.

3. Hidak (medicine) sijinnaduna angang yeithaba

Masigi maong asidi kanagumba amana hidaksing asi charaga mamagi puknungda leiriba angang adubu shihalli. Mironba kuidrei matamda masi pangthoknei, karigumba angang adu chaokhrabadi atoppa method oina pangthoknei.

There are three primary drugs that are used to perform medical abortions, **mifepristone**, **misoprostol**, and **methotrexate**. Mifepristone is the generic name of a drug that is known throughout the world as RU-486, Mifeprex, or Mifegyne. Misoprostol is the generic name of a drug that is known as Cytotec. Another drug less commonly used for medical abortion, methotrexate, is generally administered in conjunction with misoprostol.

Chemical regimens will vary by country and by region. Some of the drugs that are used for abortion are often widely available at a low cost, which may encourage some women to self-administer, with or without the involvement of a physician, or another individual such as a midwife.

ANGANG YEITHABA ASINA OIHALLAKPA

1. Hakchangda

- Yamna naba (nabagi cheina khangbada waba)
- Hakchangdagi ee (blood) ka henna chatkhiba
- Angangkhaoda laina makhal kaya narakpa yai
- Soikhibadagi angangkhaoda shokkhiba yai
- Amuka hanna mironba ngamdaba yai
- Breast cancer oirakpa yai
- Shiba (death)

2. Wakhalda

Khudakki oiba angang yeithabagi nungaiba nupigi thamoida phaoba yai adubu nongmadi magi punsida soidana oirakpa yaba khara leiri;

- Thamoida adum mami taraga leiba
- Pellaktaba
- Awaba
- Shaoningba
- Nupa nupi tinnaningba phaoraktaba
- Lalle haina phaojarakpa
- Nisa sijinnarakpa

- Nungsinaba hantharakpa
- Anigi marakta leinaba mari phatlaktaba

3. Thawaigi lambida

Ishorna eikhoi pumnamakki punsida plan amamam leibaga loinana eikhoi pumnamakpu ishorna pukning thougatpi. Mipum khudingmakka aphaba mari thamba ishorna pammi. Kanagumba amana angang yeithaba matamda mahakna ishorgi mayokta achouba pap ama touri. Karigumba matamda eikhoigi wakhalda, pukningda thawai ashengbana wa ngangbiduna asigumba thabaksing asi toudanaba insinbi. Adubu satanna mioi kayabu sijinnaduna thabak asi touhanduna ishorgi mayokta leinaba leihalli.

Phattaba pap asina eikhoubu thawaigi lambida sonthahalli. Adubu Jesuna eikhoigidamak sibikhiba aduna eikhoigi pap kokpi. Eikhoi pumnamakna Jesuda changjaduna pap haidokchaduna pap kokpiba phangjagani.

KARIGI ANGANG YEITHABA (ABORTION)

Angang yeithaba asi ishorgi matamda semkhraba mi amagi punsi lamakhangda manghanbani, masi ishorgi mayokta touba yamna chaoba pap aduni haibasi yam mayek single. Abortion tourakpagi oithokpa yaba maram kharadi;

- Angang poklabadi aphaba result lakloi (thabak toubada ayetpa lakkani)
- Peisa matik chana leite
- Imung manungda mari phattaba (broken relationship)
- Birth control (angang henna pamdaba)
- Mama mapa oiba pamdaba
- Misingda mirolle haiba khanghanningdaba
- Misingda nupa nupi haktinnei haibadu khanghanningdaba
- Imung gi mi amana abortion pamba
- Hakchang gi condition (medical reason)

CONCLUSION (WAROISIN)

Kanagumba amana angang yeithabagi wakhal khallabadi mahakna angang adubu karisu leitana khalle. Mahakna poktriba angang adugisu poklaba amadi chaoraba mi amagum khanba taragadi amadi mi amagi phanhgpham thokpa right (human) lei haina khanba ngamlagadi angang yeithaba asi touba ngamdaba yai. Believer ama oina puknungda mitamkhraba angang asi ishorgi khutsemni, purpose amaga loinana sembirakpani haina khangba taragadi abortion asi pangthokpa ngamloi.

Angang yeithabada sharuk yariba mi khudingmak ishorgi mayokta leirabani. Lam (country) aduda sarkarna yaba nattraga yadaba haibadudi lam lamdugi wani. Karigumba government aduna yaba taragasu masi isorgi wahei keidoungeidasu yade. Ishorgi mayokta touba pap asidi government asina kokpiba ngamde aduna Jesuda changjaduna pap haidokkadabani.

Angang yeithabagi thabak asi toudanaba eikhoi khudingmakna sex touba (nupa nupi haktinnaba) matmda yamna cheksinna niyom chumna tougadabani. Masigi responsibility isana loujagadabani. Phattaba lambi asida saruk yariba mi khudingmak nungsina, cheksinna loinabiraga ishorgi lambida lakenaba eikhoi khudingna hotnaminnagadabani.

Ngasi eina nakhoigi mayokta atiya amasung malembu sakhi oina kouri, eina nakhoigi mangda hingba amasung siba, bor amasung sirap thamle; maram aduna nahak amasung nahakki dharana hingnaba hingba khallu. Maramdi nahakna nahakki ishor Jehovah bu nungsinaba, nahakna mahakki khonjel tanaba amasung nahakna mahakna chetna konjanabani. Maramdi mahakti nahakki hingbani amasung nahakki punsi sangbani.

Deuteronomy 30:19-2

Maruoiba wahang khara

1. Angang yeithaba haibasi karino?
2. Mi khudingna angang yeithabagi matangda khangjin gadaba sing adu karino?
3. Hakchang gi, wakhal gi, amadi thawaigi lambida angang yeithabana sokhallibasing adu kari karino?
4. Angang ama mironba matamda ishorgi wakhal adu karino?

Chapter 11

ANGANG LOUTHOKHRABA MATUNG

He Jehovah, nahakna nollukpasinggi pamjaba adu tabire; nahakna makhoigi thammoibu panggal happigani, makhoigi koujaba adu tabigani –

Ps.10:17

MARU OIBA WA MACHANG:

- # Nupa amasung nupi khudingmak angang louthokhrabagi tungda nungaitaba cheina cheitheng phangi.
- # Ishorgi asa, phahanbiba amasung phahanbiba adu matam pumnamakta marang kaina lei.

Scripture References

Psalm 10:17, John 10:10, Psalm 103:8–11, Matthew 6:6, 1 John 3:20, Psalm 34:18, Psalm 10:17–18, Exodus 15:26, Psalm 103:3, Psalm 103:2–5, 12–14, 2 Corinthians 5:17, Ezekiel 36:26, 1 John 1:9, James 5:16, Matthew 6:14–15, Colossians 3:13, Ezekiel 18:32, Lamentations 3:32–33, 2 Peter 3:9, Acts 17:30, 2 Chronicles 7:1

Angang louthokhraba nupi khudingmak yamna tamthina masina sokhnli. Masi thengnakhraba nupisingna phaoba haigani madudi angang louthokpa haibasi araiba warep ntraga laina chtkhiba yaba thbak nte. Nupi kharana haiba yai madudi makhoigi angang louthokpagi thabk aduna makhoigi khwaidagi faraba warepni, mapham matamgi matung enna adumna khrana haigani, angang louthokpa haibasi khwaidagi faba warep nate adubu makhoina khankhibani, maduna makhoibu ningba kaihnli-masina makhoibu pendaba amadi ekaibagi langda thurabagum makhoida faork ee.

Masina mama aduta natana angang louthokhraba mama aduga naknaba mipum khudingbusu yamna chaona shokhnli.

Angang louthokhraba nupa nupi singidamak yamna chaoba asha ama leiri amasung asha asi mioiba eikhoigi ningba kaiba adudagi henna chaowi. Mapu ibungona na kari

maramdagi eikhoina angang louthokhiba haiba asi loina esheng sengna khangii: mapham, matam amasung awaba pumnamak khangbi. Mapuna thousil langbi madudi satanna phatababu afaba oina sijinaba adu louthoknanabani. Mapuna kanagumba angang louthokpana sokhanlaba meoising aduda washakpiri phahanbiba, kokpiba amasung kanbinaba. Amuk lousinbibagi wapao gi bhap taba asi angang louthokraba matungda yamna luba wapham ama oire. Angang louthokpa asina aroiba wari nte. Masina anouba ahoubani.

KARIGIDAMAK ANGANG LOUTHOKRABA TUNGDA KARI OIRK E HAIBASI WAKHAL TABA DARKAR OIBANO?

Bible na meobagi asengba amadi maru oiba adugi maramda haibiba adukhak wakhal taraga loidri, amadi angang louthokpa matamda kari chagii amasung kari khudongchadaba thengnei haiba adu khak nasu yade. Angang adugi mapa mama adu esohgi waheina sokpiramdaba yai adumakpu angang louthokpa asina thok hanlakpa ftaba awaba mayam aduna makhoibu ngaihakting oirabasu wakhal khlhngani. Nupi amana angang louthoke haina khnlak ebasi mapham matam adugi maramnani. Adubu khangadaba amadi mawong chadana mirolluba adudagi phanglkadaba mahei adudagi angang louthokpagi matungda phanglkadba mahei aduna hena awaba cheitheng pirakli, nupi oirabasu nupa oirabasu ntraga pakhang leisha oirabasu, angang louthokpa asina pirakkadba cheina cheitheng mayam adu munna wakhal taba maruni. Angang louthokkadwriba mishak aduna nupi aduda masi khangba maru oi ,haibadi angang louthokpa asina tungda awaba cheina cheitheng mayam ama pirkani.

Angang louthokpagi mahei adu khangba haibasi nupi amasung nupa anidugi ahanba khongthang oiba yai . Nupi aduna magi thamoida phaoriba nungtaitala adu bhap taramdaba yai. Nupi ayambana angang louthokpagi awaba wakhal mayam adu haigani. kanagumbadi nupi nupigi marida masamk khudongchadaba mayam ama thokhnli. Nupi amana angang louthokhraba matungda thengnariba awaba adu magi angang louthokhiba aduga mari leinei haiba khanglmdaba yai, maram aduna houjic makhada neinagadouriba asina awaba hourakpham adu takani amadi anouba punsi amada puba ngmgani.

ANGANG LOUTHOKPAGI CHEITHENG SING

Angang louthokpa haibasi mahousa nttaba mawongda poklaba angang ama manghnbani. Angang louthokpagi chatna kanglon asina mamagi oiba angang amabu phajana thambada changliba potshangsi adu manghnbani. Nupi amagi kyatsing haibadi hakshang ,wakhal amadi pukning pumnamak phajana semkhraba angang yokhtnaba amadi ngakpinaba potshangsingni. Niyom ntaba mihatpagi thabakna mama adugi hakshang pukning amadi wakhala chaona akaiba pi hairiba thabak(abortion) asi hek chthakhibaga phangadaba cheina cheitheng sing lei adumoinamak meoi khradadi chahi kya leiraba matungda asigumba pamdaba cheina cheitheng asi phaorakpasu lei . Angang louthokpa asi mama aduda chaona akaiba pi(every area of woman life), yamna phattaba maheisu mapa oiriba adudasu phanghnli amadi miyamdasu ntaba cheina cheitheng phanghnli.

HAKCHANGDA PHANGBA CHEITHENG SING:

Miyamna toina thegnaba cheitheng mamangi parade yaokhre. Angang louthokpada phangadaba hakshangi awabasing adu khangjinbada amadi wakhal taba yamma maru oi. Masina angang mamagi punsida breast cancer, pelvic immflamatory diseases, miscarriages, infertility, stress related illnesses, amadi chronic headache ashinachingba thokhnba asi chahi khragi mamngda thokhiba thengnakhare .

*Painful cramping: masigi awaba asi angang louthokraba matung numit khranigi manungda hekta thokhanli.

*Hemorrhage: angang louthokraba matungda ee hathaba asisu thoknli amadi masina ee amuka kppa tahnli.

*infection: angang khaoda louthokhraba angang adugi ftaba ntraga fajana sengdoktaba khutlaigi maramna yamma chaona akaiba piba yai.

*Perforation of the uterus: sijinariba khutlai aduna angang khaoda soktuna khotpada ntraga thindtpagi ymna chaona sokhnlkpa awaba kya maiyoknaba yai.

*sterility or problems with future pregnancies. angang khaoda sokhiba asina maram oiraga tungda angang mironbagi thabak asida chaona akaiba pii amadi angang oibagi chang yamma hanthahalli.

*Breast cancer: malemgi akhang aheisingi wapham ayambadi “breast cancer”asi ayambana angang louthokpaga mari leinei hairi. Aduga mirolhanba asina “breast cancer”dagi ngakthokpa ngammi haina thajanei.

*Death: ee yamna chatkhiba ntraga sokhankhiba asina nupi amabu angang louthokpa matungda sibasu thok hanlli.

WAKHAL/PUKNINGI CHEITHENG SING:

Angang louthokpa haibasi pukningi warepni. Masigi mahei oina wakhal amasung hakchangbu manghanba ngammi wakhal amasung pukningbu aruba phibamda purak e aduga pukningi oiba awabasing matam chana khangdokhouba tarabadi masina punsigi koklaroidaba samasya ama oirak e. Masigumba awaba asi angang louthokpagi maramda bhap tajadaba, magi loinari ba meegi thouensildagi louthokhraba nupi singda yamna chumna thokhalli. Saruk ahum thokpagi; anidi, angang louthokhraba nupisingna hai, makhoibu thabaksing asi namfuda phibamna yadabadagi touhnkhi. Aduga saruk 84% na hai tasengna angangsing adu fibam phana thamlmba yabani.

Angang louthokraba matungi awabagi saruk adu nupi amasung magi akoibada leiriba mipum khudingda sokhanli. Nupi amana asumna haiba lei, madudi mahakna angang louthokhraba matungda asumna thengnei.

DREAMS: Ei nongma manglaknarami amadi eigi angangi maramda henjina mang amasu mnqlmi. Nongma ei yamna kaplmi aduga eigi pukchepki saru soklami atoppa matam amadana kplingeida, ei sor honlmde amadi mapanda thoklmi. Ei samudra mapanda satpa ngmlmde maramdi angangsingna eibu kaphnlmi. Angangi diaper uraga faoba eibu thingba yadaba makhei kaphanli.

Mapangal leiraba wakhali awaba asi aduki matik pak chaowi wakhal da faoba angang louthokhibagi awaba asi ani thokna lei. Meoibasing adu hanjan hanjan wakhal namthabiba amadi phumduna leiba phongdokpa ngmdraba awaba aduni hairiba awaba ani asina khudongchadaba awaba mayam ama thokhanli maramdi asigumba pamdaba mayam asi lotsinaba hotnabada wakhalbu themjinba ngmhande .

#wakhal hanhaba, masana kari khanli khngba ngmjadaba, phataba chinjak amasung chang naina chadaba ,

akaoba amasung asaoba-khanghoudana phingatpa

langtaknaba amasung akiba -doctor na kari hairkpa, mina yaningloidaba amadi tungda mironba matmda kari oirkadaba.

pukning waba, wakhal hanthajaba, siningbagi wakhalsing.

pendaba amadi ningmdaba -thokhiba thoudok, thokliba thoudok aduna wakhal punsinba, thokhiba thoudoktugi matam yourkpada piba cheitheng.

waroisin khangdaba, mapham khangdaba awaba.

pukning wakhal etek tekhaba .

pumnamak aroiba oina louba -keisu nataba amasu luna louba -mi amaga hekta chaona yanadaba.

Asigumna siningba wakhalga loinana awaba amadi wakhal hanthaba asigi maramda Christian gi aa eeba Randy Alcornna hai, "thijinba amagi matung eenang louthokhraba nupina chumnagi nupisingda saruk taragi manungda mapaldi anagang louthokhraba nupisingna masa mathantabu sijaba asi thoknli. Hairiba thouwong asi nupi khudingmakta thoktabadi yai adubu thokliba thoudoksing asi wakhal toubada maru oigani.

Women's world haiba magazine amada asumna eri madudi, nupi chada 45 na hai, makhoi siningbei wakhal asi angang louthokhraba matmda phaork e . Hairiba lairik asida nupisingna hai madudi angang louthokhraba matungi punsi aside mapham marang khangdaba sokningai oiba awaba phibam amadi matam chupagi oiba awaba oi. Nupi amana hai, "eihak asi ningba kaiba, pendabana pumyom yomsinlmi" atopa amana amuk hai, "ei yamma ningba kairami amadi wakhal tarmde" amasung "eina khanlmi eihak asi asibani."

MARI LEINABA CHEITHENG SING:

Pukningi phibam asina atopaga leinaba marida yamma safu pi. Pukning wakhalda angang louthoklabadagi sokhraba nupi aduna magi thbak adu lotsinaba hotnaba atopaga mari fana leiba ngmde. Masisu angang louthokhraba matungi laiwongi amadi masi tongan tonganba mawongda uba phangi.

sexual dysfunction: haktinaningdaba, yumbanbagi wangmada leiba, thabak mayam ama nupiga nupiga haktinaba .

aphaba mari thamba ngamdaba .

wakhal tuson masonana hingba.

thabak ningthina touba ngmdaba.

angangsinga aphaba mari thamba watpa, angangsingbu seranana chingba amadi thouoidaba.

Dr. David Reardon, Elliot institute ki matung inna angang louthokhraba nupisingna yamna kijei madudi “angang louthokpa yanngdaba misingna makhoibusu noknabigadra haina” makhoina pambadi atopana bhap tabiba amadi minungsi utpiba aduni. Makhoisu angang louthokpa haibasi afabani thajade adubu laining lambida noknapham ama oihanli amadi makhoigi aphaba mari adu manghanli. Meoi khradi makhoina thajaba (faith)adudagi lapthoknaba hotnei amadi makhoigi aranba adu kupsinaba hotnei, masina mina yanngdaba adudagi ngakthokpa ngamgani haina khanli. Masina makhoibu ngakpiba amadi phahanbiba adudagi lapna thami amadi henna cheina piduna lei.

Masina agang louthokpa mama mapa aduda sokhanba asikhakta loide, angang louthokpa sina angang aduga mari leinariba meoi khuding achouba cheitheng pi. Angang gi mapa, mabok, mapu, angangsing amadi angang louthokliba mishak aduda fao akaiba pi. Macha mangkhraba mapa adu faoba PAS laiyong asi lei. Masigi cheitheng asi tongan tongan ba mawongda mi-mi adugi wakhalonga loinana nattaba akaiba thokhanli. Mapa amana hai “angang louthokpa asina eikhoida dakpham ama pii, amasung dakpham adu muthatnabagidak yamna tapna phajana laiyengba mathou tai masina eikhoida amuk hanna punsi pigadwribai... masibu yamna laina louba missing lei, makhoina cheina asi thengnaba pamdabagira ntrraga thengnadribagira amadi oi, maramdi masi yamna awaba thoudok amani”. Mi ayamba angang louthokpa asina maram oiraga awaba, akaiba pi - luhongba natraga nupa nupi unabada loinana masigi poloida wakhali potlum ama oihali.

THAWAIGI CHEITHENG SING

Angang yeithaba asina karisu khangdriba angang adu hatpakhak nattana masibu pangthokliba mising asina khangna khangna ishorgi yathang adu thugaire. Icham chamchaba angang amabu puknungdagi louthokpa haibasi – mi hatpani amadi masi yamna chaoba papni. Masida thawaigi lambida yamna sokpa lei. Karigumba leibak amagi court amana masibu yarabasu ishorgi mapham dadi mi hatpa asi sukya yade amadi aduga ishordagi phangpham thokpa dandi adudi keidoungedasu manglo.

Ishorna Noha amadi machasingda hairammi, kanagumbana mi hatpa tarabdi mahakpu dandi pigani, mi haibasi mapu ibungogi mitam louduna semkhrabani maramsina kanagumbana mibu hatpa tarabadi, hatliba mi adubusu soidana ee tanganani. (gen. 9:5-6). Ishorna Isaiah bu sijinnaduna dharmagi oiba luchingbasingda hairammi, nakhoigi nakhut tingthoktuna haijaba matamda eigi mitsina nakhoibu yengloi, nakhoina haijarabasu eina tabiroi, maramdi nkhoigi khut asi maral leitaba eena thalli, (Isaiah 1:15).

Papta leiriba amadi pap haidokchadaba misingda piba paojel:

husband- chanabagidamak ishorda haijaba adu leppo maramdi nahakki haijaba ishorna tabide.

Wife- Bible neinabagidamak prayer touba leppo maramdi nahakki haijaba ishorna tabiroi. Eikhoigi lamchat sajatna thawaigi lambida sokloi haina khanba yade. Eikhoigi hakchang gi punsi asi thawaigi oiba adudagi keidoungedasu lapna leite. Corinth da leiba thajabasingna masibu khaidoknaba hotnarammi. Makhoi lai murti lattuna amadi phattaba, ocktaba lambida chattuna leirammi. Asum touna matam khudingda phattaba toubagi heinabi adu leirammi. Makhoina khallammi masina thawaida karisu sokloi haina. Adubu Paul na hai, nakhoina touriba adu lalli, ishorgi yathang thugaibagi maheidi keidoungedasu dandi phangdana tokloi (mahakki papti kokpiba phanggani).

Ningthou Davidna nupi lannabagi thabak asi Bathsebaga chatthrammi, amadi Bathsebagi nupasu landa thaduna Hittide gi khutta sihallammi. Davidki papki mahei asi mahakna pukning honglaba phaobada adum mahakki punsida awaba cheina cheitheng piduna leirammi. Davidna chatthakhiba lannabagi thabak adu mi hatpagi thabak oikhi. Magi lamchat asina mahakpu lamchat phattaba israelgi luchingba ama

oihankhi. Magi phattaba lamchat asina imung manungda lamchat naidabagi achouba akaiba ama purakhi. Phattaba thabak asigi maheidi soidana mi khudingna phanggani.

Ishorna hai, maramdi asibada eihakna haraobada leite, maram aduna nakhoi leithoktuna lak-u amasung hing-ngu (Ezek. 18:32). Eikhoina touba ngamloidaba thabak adu ishorna toubire madudi lomba naidaba punsi adu pinabire. Ishorna hai, houjik hingbsa adu khallu, mara aduna nahak amasung nahakki nachasingna hingba phanggani (Deut. 30:19). Ishorgi waheina eikhoibu tambi madudi – ibungona eikhoibu awabada tahanba yai adubu mahakki nungsiba adudi lengdabani eikhoina awaba taba matamda mahakna nungaina leithokte (Lam 3: 31-33). Mahakki lengdaba thamba pandam adu eikhoida 2Peter 3:9 da uba phangi,- ibungona eikhoigidamak kuina khangbi aduga mahakna kanabusu manghanningde, adubu pumnamak pukning honglakpa pammi. Maram aduna ibungona mi pumnamakpu pukning honglakpa ngairi (Acts 17:30).

Ishorgi waheibu manghallaga angang amagi punsi manghalliba missing adu soidana sirap phanggani adubu pukning hongduna ishorda changjarakpa mising ngakpiba phanggani.

NUPASING AMADI ANGANG LOUTHOKPA

Mamangeidagi houna angang louthokpa asi nuoisinggi thabkni haina loui. Masigi wakhallon asi mayamna yanei. Adum oinamak angang yeithaba asi nupising khaktagi oiba samasya amadi natte. Angang louthokpa khudingda hakthengnana natraga nakoinana nupasingna saruk yai. Thijinba kanagumba mi amana hai, angang louthokhraba matungda hakchangda amasung wakhallonda nupisingbu shokhalli aduga masina nupasingdasu sokhalli:

- Pukning hanthaba, nungaitaba, asaoba, pendaba, amasung panggal thoktaba adu phaohalli.
- Angang louthokpa asi govt na yadabana nupadsu chamamnaba phaohalli.
- Touningbata touba, nisada luppa amadi nattaba lichat chatpa hen gathalli.
- Yumpandriba misingda abortion asina phaba mari purakte.
- Tunggi mari amadi mapa oibagi punsida houkhraba angang louthokpa asina akaiba yamna pi.

Angang louthokpada shokhougadaba mi ahum:

Eikhoi mayamna khangnaba wapham amadi chaorakna angang million 42 di chahi amada louthok i. Masina mi ahumda awaba cheitheng pi-

- Poktriba angang: angang louthokpa asina taibang phaodriba angang amagi punsi manghalli.
- Mama: angang louthokpa asina nupi ama oibagi hak adu manghalli haiba yai-haibadi angang amam pokkadaba adu pokhandre.
- Mapa: angang louthokpana mapa ama oigadabgi hak adu manghanduna mapa ama oiba ngamde.

Karamna nupa amadi nupina angang louthokpa asibu mayoknagani haibasi munna wakhal taba amasung khangba maru oi. Houjik macha louthokhraba mapa amadi mama pik thanna leire. Masi nahakki churchtasu oiramgani, nahakki khunggangdasu oiramgani, aduga nahakki citydasu oiramgani. Angang louthokpa asina mioi ahumda cheitheng pibakhak nattana makhoiga naknana leiriba mioisingdasu cheitheng pi.

ANGANG LOUTHOKHRABA MATUNGDA PHANBIBA

Asengba amasung matam kuina chakadaba ngakpiba amadi phahanbiba asi houjik oithokkani. Ishorna wsakpiri, Bible da asumna eikhoida tambi – ishorgi thammoida eikhoibu kokpinaba mapham lei. Jehovah di chanbiheiba amasung thoujalheiba, saobada tappa amasung lengdraba nungsibada marang kaibani. Mahakna matam pumnamakta eikhoiga yetnaroi, mahakki asaoba matam pumnamakta thambiroi. Eikhoigi papki matunginna mahakna eikhoibu toubude, mahakna eikhoigi ayol aran matunginna eikhoibu chei9rak pibide. (Ps. 103:8-10). Papna noihatlaba mapham khuding dagi eikhoibu kanbi amadi mapham hongdokpibsa ngammi. Eikhoina tougadabadi ibungoda mai onsinba amadi mahakki tengbang nijabani. Phahanbinabagi ahanba khongthang adudi ishorga aphaba mari thamba aduni. Ishor khaktana eikhoigi thammoigi awa anabu manung youna phahanbiba ngammi. Bible na sengna tambi madudi hairiba niyom asina nupisingda asha pi amasung pangbi.

Angang louthokhraba nupa nupising adubu ishorna khangi amasung makhoigi wakat tabi: Jisuna ipa ishor asi nanggisu napani amadi lonna touba thabak khuding uba ngammi haina tambi (Matt. 6:6). Adugumna Biblena hai, ishor asi eikhoigi thammoidagi henna chao i, aduga mahakna pumnamak khangbi 1John 3:20).

Mahakna chap chana eikhoina toukhiba thabak khudingmak khangbi. Ishorna khangi madudi karamna nupi amana angang louthokpa amadi nupanasu karamba thoudang louba, adubu masikhak natte mahakna khangliba. Ishorna khangba ngammi madudi kanana insillaga angang adu louthoklibano haibadusu. Angang adu louthokpagi maram adu ishor khaktana sengna khangba ngammi.

Thokhraba thoudok khuding ishorna loina uba ngammi, aduga nupigi thammoigi tengthakhol adusu mahakna taba ngammi. Mahakna nupi adugi awaba adusu khangba ngammi. Adubu ishorna thammoi kairaba missing gi manakta lei (Ps. 34:18). Nupiduna lotuna thambagi mathou tadre, khudingmak ishorgi mangda iphong phognle. Karigumba nupi aduna ibungoda changjarabadi, mahakpu ibungona soidana tabigani. Ishorgi khutsem amatta magi mangda arotpa leite-

He Jehovah, nahakna nollukpasinggi pamjaba adu tabire, Nahakna makhoigi thammoigi panggal adu happigani. Masi mapa leitaba amasung neihatpiraba mibu wayenpinaba, amadi taibangpangi mina amuk hanna ottanabani. (Ps.10:17-18).

Angang louthokhraba nupa amasung nupibu ishorna kokpiba amasung ngakpiba pammi:

Ishorna hai mahakti phahanbiba ishorni (Ex. 15:12), mahakti ngakpiba amasung eikhoigi laina phahanbiba mapuni (Ps.103:3). Ishorna eikhoigi punsina ningaina, marang kaina hingba adu pammi (John 10:10), masina takpadi nungaina, haraona amasung asa yaona hingba adubuni. Ishorda haidokchakhraba pap aduna eikhoibu manghannaba sakti amuk leitre. Ningthou David ki maramda wakhal touminnasi – magi papki maramna mahakki machanipadu asiba oihankhi, mana pukning hongba matamdadi mabu kokpikhi amasung lousingbikhi. Ishorna Davidki maphamda sakhiba washak amatta manghankhide. Davidki maphamda thamba pandam khudingmak magi papna maram oiduna thunghandaba toukhide. Angnang louthokpagi pap asi ishorna kokpigani, madu Jisu christagi crossta takhiba ee aduda panggal lei. Ishorgi apambadi nupi adugi pap adubu kokpibani aduga nupi adunasu atoppagi pap adubu kokpigadabani. Angang louthokhraba mi khuding ibungo ishorgi thammoigi warol taoamasung magi paotak matung inna chatpa ngamnaba hotnou.

Jehovah bu thagatlu, he eigi thawai; eigi nungda leiriba pumnamakna, magi asengba mingbu thagatlu. Jehovah bu thagatlu he eigi thawai, mahakki aphaba thabak

pumnamak kaothokkanu. Mahakna nahakki ayol aran pumnamak kokpi, nahakki laina pumnamak phahalli. Nahakki punsibu mang takkadabadagi handokpi, mahakki lengdraba nungsiba amasung nungsiheibana nahakki luhup uppi.

*Nongpokna nongchuptagi lappagumna,
mahakna eikhoigi langjaba eikhoidagi louthokpi.
Mapna machaasingbu nungsibagumna,
Johovahbu kiba makhoibu nungsibi,
maramdi mahakna eikhoigi hakchang khangi,
eikhoidi uphunni haiba m,ahakna ningsingi (Ps 103:2-5; 12-14).*

Kanagumba amana kanagumba amagi mathakta nungaitaba leirabadi, amaga amaga khangnou, aduga amana amagi pap koknou; Christiana nakhoigi pap kokpikhiba adugumna nakhoinasu tou (Col. 3:13).

Nakhoigi anaba phahanbinaba nakhoi amaga amaga pap hoidoknaduna amana amagidamak haijaminou. Dharmachenba migi haijabadipanggal kalli amasung thabak touba ngammi (Js. 5:16).

Ishorna louthokhraba angangsing adubu yamna nungsi

Bible na sengna pokhraba angangna sibada tungda kari thaokkani sengna haidrabasu, Bible sengna hai madudi ishor asi kanano amadi karamba wakhal angangsingga maphamda thambage haina, Jisugi seboksingna inthokpa angangsing adu Jisuna taramna lousinkhi (Matt. 19:13-14). Ishorna mahak asi mapa leitrasingga mapani haiona hai (Ps.68:5), amasung mapa leijadraba misingbu otpa makhoibu sirap pi(Deut. 27:19). Aduga mi ama sibada ishorgi apenba karisu leite(Eze. 18:32), ishorna mi khudingbu kanbiba pammi aduga achumba adu khanghanningi (1Tim 2:4). Ibungogi achumba amadi minungsi mapung phabani.

Angaang louthokhraba nupa amasung nupibu ishorna phahanpiba pammi. Ishorna mioibabu yamna thuna phahanbiba ngammi adubu misingna masi tapna tapna makhoigi punsida thengnei. Maramdi angang louthokpana mi adubu step mayam amada awaba cheitheng pikhre. Adubu ishorda naksinduna leiba mahak aduna soidana punsida harao nungaiba phanggani.

Angang louthokhraba nupa amasung nupi anida ishorna anouba thammoi ama piba pammi. Sibagi chang youna angang louthokpa aduna nupi aduda awaba cheina

pi. Adubu ishorna mahakki hinggatpagi panggal adu sijinnaduna awa ana khudignmak phahalli, ishorgi maphamda asa lei.

Maram aduna kanagumbana christada laklabadi mahak anouba khutsem ama oire (2Cor 5:17). Anouba thammoi ama nakhoida pibigani, anouba thawai ama nakhoida happigani, nunggumna kallaba nakhoigi thammoi adu louthokpiduna leigum thotlabu thammoi ama nakhoida happigani (Eze 26:26).

Matou karamna angang louthokhraba nupi amana mahakpu phahanbire amasung lousinbire haiba khanggani?

Awabagi masakni angang louthokpa amadi konna pendaba phaorakpa haibasi ! masih toina thokpa thoudok amani. Adubu thokhraba thoudok aduna nungaihandaba asi pumkok kokhanba yai. Pumnakmak ishor magi maphamda oithoktaba karisu leite, mahakna amuk hanna nupi adubu ishorgi inghaba amasung nungsibada purakpa ngammi. Angang louthokhraba migi aphaba wapao ama lei: ishorda ngakpinaba haijarakpa khudingda mahakna lemna mi khudingbu ngakpi. Romans 3:22 da asumna iduna lei – ishorgi dharmachenba adu Jisu christabu thajabagi mapanna thajakhraba pumnamakta oihanbire. Houjik asi pukning hongnabagidamak athengba matam oidri. Ishorna ngakpi amasung thammoida inghaba leihalli eikhoina Jisubu thajaba ngamlabadi. Biblena hai Jisuda thajabasinggidamak amangba leite (Rom 8:1), amasung eikhoina ngakpinaba haijaba matamda Jisuna eikhoibu lemna kokpi. Masi eikhoi phangpham thokpa natte adubu ishor magi nungsiheiba machat aduni.

Nupi amana angang louthokpa asi phatte haina khanglakpa mitkupta masa mathanta bu ngakpiba phaoba ngamde. Adubu ishorna mioiba asi manglamchatki awaba wakhalga loinana hingba pamde; ishorna eikhoi pumnamak asoiba adudagi achouba para tamdunaishor amasung eikhoi isagi aphaba oiraknaba sijinnaba pammi. Yamna haijaba mathou tai maramdi masih ishorga wari saba aduni. Masiga loinana bible neinaduna ishorbu henna khangnaba aduga ishorgi aningba karino haiba sengna khangnaba eikhoi pumnamakna hotnagadabani. Asumna nupi aduna ishorbu mapung phana thajraklaba matamda, nupi adugi thawaigi lambida henna chaokhatpa oirakkani.

CONCLUSION

Angang louthokhraba nupa nattraga nupi aduda ngakpiba amasung phahanbiba leikhrabadi mahakki achouba kannaba oiduna atoppabusu masigi maramda thougal touduna tengbangba ngamgani. Angang louthokhraba nupa nattraga nupisingbu kouduna bible neinaminou amadi masigi maramda mipum khudingda tambiyui. Angang louthokpana mi hatli aduga achuba dakpham ama leihalli. Eikhoigi tougadaba adudi nollukpa, prathana touba, ishorgi maithong thijaba amasung phattabadagi leithorakpa oigadabani, masida angang louthokpasu yaorabani. Madugi paokhum oina ishorna haijaba tabigani, ngakpigani amasung phahanbigani.

Maruoiba wahang khara

1. Angang louthokpadagi oirakpa awabasing adu kari karino?
2. Matou karamna angang yeithaba asina nupi amadi nupa gi aphaba mari thambada sok hanbage?
3. Angang louthokhraba nupi amada ishorna karamna yengbage?
4. Matou karamna ishorda amuk hanna nungaina punsi len gadage?

CHAPTER 12

NGAKPIBA, KOKPIBA AMASUNG PHAHANPIBA

Eigi ming puba eigi misingna, makhoi masabu nollukcharabadi amasung haijarabadi, aduga eigi maithong thijarabadi, amasung makhoigi phattaba lambidagi hallaklabadi, eina sargadagi tabigani amasung makhoigi pap kokpigani aduga makhoigi leibak phanghangani.

2 Chronicles 7:14

Maruoiba point khara:

- Nupa natraga nupigi khwaidagi chaoba darkar oiba adudi ngakpiba aduni.
- Masa mathantagi oiba wakhallon (pap) aduna thajabasingbu ishordagi lapna puthokhi aduga amangbada tahalli.
- Pukning hongba haibasi isagi lamchat, wakhal paptagi ishorgi mangda chumthokchaba aduni.
- Jisuna crossta toubikhiba thabak aduna pukning hongba misingda ngakpiba amasung kanbiba phanghalli.

Scripture References

2 Chronicles 7:14, 2 Samuel 11:1-27, Acts 13:22, Psalm 51:17, John 3:16, 1 John 3:4, Isaiah 59:2, 2 Corinthians 7:10, 1 John 1:8, Psalm 51, Hebrews 8:12, 1 John 1:9, Romans 3:24, Isaiah 53:5

Taipangpal mioi pumbagi oiba darkar leiba haiba taragadi ngakpiba asini. Masi thungnanaba ishorna machanupa Jisu Christa tharakle amadi Jisuna crossda eikhoigidamak sibiduna eikhoina pap kokpiba adu phangjare. Pap kokpiba haibasi ishorna nattana kananasu ngakpiba ngamde aduga ishorna ngakpiba asi matam pumbagini. Maram aduna ngakpiba asi mamal piduna leiba natte aduna eikhoinasu mamal loudana eikhoinasu mibu ngakpiba tabani. Eikhoina mibu ngakpiba ngamnaba Jisuna matam pumbada eikhoiga loinabiri, aduga tasengna mibu kokpiba adu ngamnaba thawai asengbana eikhoida panggal happiri.

PAPKI MAONG MATOU

Pap asi tongan tonganba maongda masak mayam ama thokna haidokpa yai, masida yaoribasing adudi:

- Touge khanna ishorgi yathanggi mayokta thabak touba (1John 8:4)
- Ishorbu usittaba (Ps.51:4)
- Pukning wakhal athembana ngamhanba (Rom. 7:7-8)
- Bible gi achumbabu yadaba (Rom. 14:23)
- Phattaba thabak toubada yamna luna loudaba (Lev.5:17-19)
- Ekhoigi papki oiba mahousagi punsi (Ps.51:5)

PAP TOURUBAGI MAHEISING

- Ishorga naknaba yadaba (Isa. 59:2)
- Siba (Rom.6:23)
- Papki minai oiba (Rom. 6:15-16)

Pap haibasi masa mathantabu khanjaba haiba yai; isagi oiba khakta khanba, isagi apambada chatpa, isagi kannaba khak touba aduni. Pap asina mioibagi punsida yamna chaona cheitheng pi, haibadi nupa amadi nupi anigi marakta hakchanggi apambada papna kanna chingsilli. Luchingba ama oina eikhoigi papki maramda wakhal touba yamna darkar oi, masina mi khudingda achumba adu takpiba ngamgani. Papna ishorgi thammoi machete tana thugai, papna eikhoi amasung ishor anigi marakta yamna chaoba pal ama semi aduga masina matam pumnamakta mi amabu amangba oihalli. Mi kharadi aronba pap haiba nupa nupi lannabagi pap asina amangbada tahalli. Ngasi taibangda mapung pharaba mioi kaya lannabagi pap asina awabada tahankhare, lannabagi thabak asina mioi kaya ama papki minai oihankhre.

Maming leiraba aphaoba pastor Jack Hayford na asumna hai, “eina chahi niphu henna pastor oiduna lakpa asida lannabagi (sex) pap asidagi henna saathiba pap leite. Pap asibu ishorna kokpiba ngammi adubu masina mi amabu natraga samaj amabu yamna chaona akaiba piri”. Masigi pap asina mi amabu karisu leng otpa ngamdraba, panggal thoktraba amagumna thammi, ningba kaiba, thajaba manghanba, lamjat sajatki , matangdasu yamna chaona amangba oihalli.

Nupa nupi lannabagi thabak asina angang yeithabagi phibamda lakhalli, lannabagi thabakta wakhal adum khanhalli, aduga yumpanbagi lambida mari chetpa ngamde. Masigi pap asigi mahei oina mioi kaya aruba phibamda leinakhre (physically&mentally). Nupi kayagi punsibusu manghanbikhre. Angang louthokpada awaba kaya thengnakhre. Masina nupi kayada awaba piduna, phattaba lambida chathankhrabasu, mioi kayagi punsi manghankhrabasu nungiba pao ama hairagadi - Jisuna eikhoigi papki phangpham thokpa dandi adu puduna crossda sibikhre loinana eikhoigi pap kokpinaba lambi mi khudingda houjik piduna lei.

PUKNING HONGBA

Maramdi ishorgi oiba pukning waba aduna kanbinaba pukning honghalli, ningamdaba thokhande (2Cor.7:10). Ishorna singlup semgtapagi thabaksingga manungda nupa nupi lannabagi thabak touriba mioi kayabu semgtapagi thabaksisu amani. Asigumba misinda pukning honglaknaba ishorgi achumba adu yamna mayek sengna tkapigadabani. Pukning hongba haibasi paptagi leithoraktuna aphaba machat semgattuna ishorda changjarakpa adubuni. Masigi ahongba asi mapanthonggi natte adubu wakhal amasung thammoidagi oigadabani. Pukning hongba haibasidi ningbakaiba, ningamdaba phaoba adudagi helli. Judas iscariotna Jisu pithokpagi pap aduna mahakpu ningamdaba phaohankhi adubu papta adum leikhi, ishorda hallakhide. Pukning hongba asidi matam khara papta natheiba du natte, adubu phattaba thabaktagi pumhong hongdorakpa adubuni. Pukning hongba hairaga eikhoigi pap khara lotsinduna thamba yade.

Pukning hongba asi asumna artha hanba yai, "mi amagi thabak, pukning pmnamak hongdorakpa haina". Dictionary na asumna hai, " pukning hongba haibasi mi amana ningamdaba phaorakpa, karigi? Mi aduna toukhiba phattaba nattraga touhoudaba aphaba adugidamak, loinana mi, thabak, wakhal honglakpa aduni". Pukning hongba asi eikhoina khalliba amadi thamliba taibang gi oiba wakhal adudagi sargagi oiba wakhal aduda honglakpa adubuni. Pukning hongbada step ahum change:

- Step 1 – nasagi naral adu yajagadabani. 1John 1:8 da asumna iduna lei madudi isada pap leite hairabadi isa ithantabu minamjabani amasung achumba adu eingonda leite. Aduna ahanbada isamak pap chelli haina yajabaga loinana nongmadi ishorgi mangda eikhoibu wayelgani haibasi isana yajagadabani.

- Step 2 – ishorna kokpigani haina thajagadabani. Ninghou Davidna Ps. 51 da iri, he ishor nanaibu nungsibiyu, ibungogi lengdraba nungsibaduna liching oibiduna nanaibu chingbiyu, ibungogi thoujalna mangoibiduna nanaigi aranba pumba chamthokpiyu. Pap hongba asi pap khangjabani aduga ishorna kokpigani haina thajaba leiba adubuni. Hebrews 8: 12 da ishorna wasakpiri madudi mahakna eikhoigi phattaba pap khuding kokpigani aduga amuk hanna papsingdubu ningsingpiraroi.
- Paptagi ishorda mai ollak-u. eikhoina pap chelle haina khangba mikup adudagi, eikhoi nongmadi ishorgi mangda lepkani haina khangba adudagi, amadi ishorna pap kokpinaba ngaiduna lei haina khanglakpa aduda eikhoina ishorda changjaduna pap haidokchagadabani aduga ngakpiba phangjagani. Jisu christagi mapanna eikhoina ipa ishorda youba ngamjei. Eikhoina eikhoigi pap haidokcharabadi, ishordi thajaba yabani aduga ishordi achumbani, soidana eikhoibu kokpigani. Christana eikhoibu lemna/ mamal tingdana chumhanbire aduna eikhoi houjik ishorgi mangda maral leitaba mi ama oire (1John 1:9; Rom. 3:24).

NGAKPIBA AMASUNG PHAHANBIBA

Nongma yeningthagi numidangwairam amada Israel gi lanmising lan chatnaba thourang tourammi, ninghtou Davidna yumthaktagi yenglakpa matamda ningthirabi nupi ama irujaduna leiba mahakna urammi. Davidna nupi adubu kouhallammi aduga nupi aduga loinana lannabagi thabak tourammi. Matam khara leiraga nupidu mirollaklammi. Davidana nupi Bethsebagi nupa Uraiah adubu kouraga makhoi ani haktinnanaba ningthouna hairammi, adum tourabadi Davidki pap adu kupsinkhiba yai khallammi. Adubu Uriah na icham chamna hairaklammi madudi mahakki marupsingna lan thengnaringeida nupiga loina nungaina leithokpa ngamloi haina.

Davidna lan chatpa matamda Uriah bu makok thanghallammi maramdi Davidna Uriahbu manghanba pamlammi. Masigi matungda Uriah du sire aduga Davidna Bethsebabu magi nupi oina lourammi. Aduga angang ama pokhi. Maichou Nathanna David ki manakta laktuna wari liduna Davidki pap adubu mayek sengna khanghallammi. Adudagi Davidna mahakki pap adu ishorda haidokchakhi, adudagi Nathanna David ki pap adu ishorna kokpire haina pao pkhi.

Masigi wari asida eikhoina uba phangbas adudi, Daviddu maral leirammi maramdi mahak mi atoppagi nupida lannabagi thabak toui aduga mibusu hatli. Adubu David asi ishorgi thammoigi matungda leibani hairibasi karigino? Ishorna pap asi tukkachei adubu khwaidagi maru oiribadi pap touraba matungda eikhoina kari toubage haiba asini. Davidna magi paptagi mai ollakhi aduga magi kairaba thammoi puduna ishorda pap haidokchakhi.

Psalms 51:1-7 asi pasi;

David na tounba thabak ahum uba phangi

1. Nupi lannaba
2. Mi hatpa
3. Pukning hongba

Tasengna Davidna migi nupiga lannabagi thabak toukhi aduga Uriah bu hatkhi. Adubu papta adum leibagi mahutta mahakna paptagi mai ollaktuna pukning hongjakhi.

Ps. 51 asida Davidna hai, ishor nahakki mangda ei pap toure. Davidna magi khanghanjaba amasung pukchel sengba aduda ishorna kokpikhi. Davidta ishorna toubagum eikhoidasu ishorna kokpige haiduna ngaiduna lei. Ishorna eikhoibu kokpiba adu mapung phare amasung madugi matam leite. Greek londa kokpiba haibasi “aphiemi” haibani aduga masigi artha makhal khara lei. Aphiemi haibadi thadokpiba haibani, masi eikhoina mingonda karigumba tonba adu kokpiba aduni. Aduga atoppa artha amana chat-hanpiba haibadi kanagumba amana pharaga leirambadagi khudakta thaduktuna chat hanpiba adubuni. Atoppa artha amana thadokpiba ni haibadi Biblena eikhoigi pap ishorna kokpire haibasi kanagumba amagi laman tollamba adu kokpibaga chap mannei. Papki pondi makhada leirambadu thadokpire aduga pap adu thadokhre.

Jisuna crossda toubikhiba thabak aduna eikhoibu ngakpiba khakta natte adubu anaba phahanpibasu yaokhrabani. Isaiah 53:5 da hai, “eikhoina tounba papki maramdagi mahakpu thina phukhi, eikhoigi maramgidamak mahak awaba khangkhi. Mahakna khangkhiba awaba adu eikhoigidamakti yaiphabani. Mahakna phangkhiba cheiphamsing aduna eikhoigi anaba phahanbi”. Houkhiba papna sokhallaba eikhoibu mahakki thabakta keidoungeidasu mahakna yadaba touroi. Jisugi sibana amasung hinggatpa aduna eikhoibu mapung phana kanbire.

Jisuna eikhoibu ngakpiba amasung anaba phahanpiba pammi. Jisubu crossta hatpa asina achouba thadokmal oiduna eikhoibu lousinbire amasung Jisuna pamba mapham aduda eikhoibu pubire. Nahakki punsida kari thokhi haiba adu karisu mathou tadre, nahakna amuktang pukning hongkhiba amasung kokpiba phangkhiba adudagidi nahakki punsi adukki matik marang kaiba asana thanba oirakle. Pukning hongba amasung ngakpiba asina nahakpu 100% Jisugi mahut sinba mania ama oina thambire. Eikhoigi houkhiba punsida toukhiba mthong chadaba thabaksing adubu karisu singthanabidre, eikhoibu ning tamhanbire amasung kokpire.

CONCLUSION

Christian ama oiba asi eikhoi matam amada pappi oiduna leirammi, papki thabak touduna adubu houjikti kanbiba phangjare haibani. Masi eikhoigi anouba saktam aduni. Eikhoi asi papna manghanluraba mi ama oiramba yai adubi houjikti mamal yamba mi amamam oire, ishorgi leibakki purohitsing oire. Aduk yaman ishorgi mayokta thabak touramlabusu ngasidi eikhoibu kokpiduna ungumana ngouhanbire. Masi khwaidagi chaoba ishorgi thabakni. Ishorgi maphamda oithoktaba karisu leite, ngamdaba karisu leite. Magi macha oikhraba eikhoida mahakki aphaba adu pibigani.

Maruoiba wahang khara

1. Thajaba amagi punsida papna karamba awaba pibage?
2. Sex gi pap asina karmna Christian amabu manghan bage?
3. Ishordagi ngakpiba phangnabagidamak eikhoina kari tougadage?
4. Ningthou Davidna pap touraba matungda ngakpiba phangnaba kari toukhibage?



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