

Restoring Abortion Wounded Hearts

Level 1 Workshop

Workshop Hours

In person - 24 hours of training time (usually divided over 3 or 4 days)

Prerequisite

This training is designed for both men and women who have previously attended a LIFE International *Journey of a Life-Giver* workshop and feel called to life-giving ministry. Participants may or may not have had past experience with abortion.

Workshop Description

Restoring Abortion Wounded Hearts workshop offers a life-changing experience that focuses on forgiveness, healing and freedom from past hurtful experiences, which may or may not include abortion. Through participatory discussions and activities, participants discover how their own personal experiences have impacted them and their relationships with God and others. They review biblical foundations for forgiveness and healing and gain useful insight into how to incorporate these truths into their lives. By working through their own personal healing in a confidential setting, a foundation is laid for the Lord to work further healing in their lives and prepare them to minister to post-abortive persons.

Workshop Objectives

- . The major objectives of the workshop are:
 - ✓ To experience personal, lasting and continual transformation,
 - ✓ To intentionally and competently minister to those who are abortion-wounded,
 - ✓ To gain confidence to engage in conversation about sensitive and difficult subjects, and
 - ✓ To be equipped and have the authority to replicate this same training in their communities.

Workshop Requirements

The characteristics of a participant should include:

- Aptitude for envisioning others through teaching
- Experience and reliability as a trainer of trainers
- Passion for the biblical sanctity of human life message
- Empathy, compassion and ability to help others toward spiritual and emotional healing
- A need for healing from past hurts, including participation in abortion



Attendance

- The size of the group should be limited to 12-20 participants for dialogue to be effective.
- Both men and women will be trained. The expectation is that 1/3 1/2 of the participants are men.
- Participants must be committed to attend the full training, which means they will attend every session (24 hours).

Venue

- There must be two rooms/space to separate men and women during some sessions.
- There must be space to divide into small groups during activities.
- An informal setting is best to encourage participant interaction.
- A venue similar to one the participants themselves would use is preferred.